

# Rhode Island Jewish HERALD

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## Time Line of Recent Events in Mid East

NEW YORK (JTA) — The following is a time line of key events in the recent and ongoing Middle East crisis.

- Sept. 28, 1995 — Israeli Prime Minister Yitzhak Rabin and Palestine Liberation Organization leader Yasser Arafat sign the Interim Agreement, which extends Palestinian self-rule in the West Bank and sets the stage for an Israeli withdrawal from six West Bank towns.

- Nov. 4, 1995 — Yitzhak Rabin is assassinated by Yigal Amir, a 25-year-old religious Jewish law student, after a Tel Aviv peace rally. Shimon Peres steps in as prime minister.

- Jan. 21, 1996 — Palestinians in the territories vote for the first time to elect an 88-member legislative body. Arafat is elected leader of the Palestinian Council with 90 percent of the vote.

- Feb. 25, 1996 — Twin Hamas suicide attacks rock Israel. A bus bombing in Jerusalem kills 26 innocent people. In Ashkelon, a soldier's hitchhiking post is blown up, killing one.

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more. Israel closes off the West Bank and Gaza Strip. A day after the suicide bombings, a car driven by an Arab American tourist plows into a group of people at a Jerusalem bus stop, killing one and injuring 22. The driver is subsequently shot by two bystanders waiting at the bus stop.

• March 3, 1996 — A week after the first attack, a second and nearly identical Hamas bus bombing in Jerusalem kills 19 innocent people. The Israeli Cabinet votes for a plan to separate the Israeli and Palestinian populations.

• March 4, 1996 — A suicide bomber kills 13 innocent people at Dizengoff Center in the heart of Tel Aviv on Purim eve.

Israel breaks off peace talks with Syria after Damascus refuses to condemn the suicide bombings.

• March 13, 1996 — Leaders of 29 nations, including the United States, Israel and 14 from the Muslim world, meet at an anti-terror summit in the Sinai resort of Sharm el-Sheikh.

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## Hadassah Special Gifts Event Scheduled

The R.I. Hadassah Special Gifts Event will take place on Oct. 24 at 7:30 p.m. at the home of Donna and Mark Ross.

The guest speaker will be Marjorie Housen, National Service Committee chairwoman.

The \$350 minimum donation, which includes the 1997 donor pledge, will benefit the Hadassah Mother & Child Center in Jerusalem. The fund will be used to furnish doctors' offices and

hospital and operating rooms with the latest equipment and diagnostic tools.

Planned medical purchases include fetal monitors, delivery beds, incubators, respirators for premature infants, X-ray and laser machines, heated bassinets, cribs, treatment beds, resuscitation carts, and ECG monitors.

Contact the R.I. Hadassah office at 463-3636 for information or to make reservations.



**COMMITTEE PREPARES FOR OCTOBER BLAST!** Hadassah Special Gifts Committee members discuss plans for the event. Standing, from the left, are Claudia Kerbel, Norma Friedman, Claire Bell and Fran Mendell. Seated, from the left, are Eunice Greenfield and Rosalind Bolusky. Other members include Jacob Cokin, Diane Ducoff, Rita Slom and Evy Rappoport.



### Big Four Meet Big Challenge

In an effort to defuse Middle East tensions, President Clinton (right) invited (from the left) Palestinian Leader Yasser Arafat, Israel's Prime Minister Benjamin Netanyahu and Jordan's King Hussein to the White House, where this picture was taken on Oct. 2. Photo by Marshall Cohen, photojournalist

## Illuminating a Timeless Text

New Releases Delve Into Torah

by Debra Nussbaum Cohen

NEW YORK (JTA) — In the beginning, G-d created the heavens and the earth, and all the creatures within them.

Before long, some of those inhabitants wrote down the way they understood their beginnings, and soon other people were explaining what the stories really meant.

Biblical interpretation was born, and it was good.

People have been analyzing the meanings of Torah for thousands of years; the most enduring Jewish commentaries date back some 1,500 years and are codified in the Talmud.

Yet for generations, the endeavor was the nearly exclusive province of clergy and scholars, and the students were mostly in synagogues and classrooms.

Now, a flood of commentaries on the book of Genesis, created expressly for popular consumption, has burst forth.

At least six new volumes have been published in the past few weeks alone, perfect timing for the holiday which celebrates the completion of the annual cycle of Torah readings, and inaugurates a new Torah cycle.

The holiday, which began Saturday night (Oct. 5), includes the recitation of the final verses of the last book of the Torah, Deuteronomy, and the first lines of Genesis.

Several of the new interpretations of the Bible's first book are by writers and scholars — Rabbi Burton Visotzky, Naomi Rosenblatt and Karen Armstrong — who are featured in Bill Moyers' upcoming public television series about Genesis, scheduled to be broadcast beginning in mid-October.

Other Genesis analyses pub-

"Genesis has so much pull because it's so human. It's immediately relevant, absolutely candid. There is no attempt to make it nice."

Rabbi Neil Gillman

lished in the last two years include a newly completed translation by Everett Fox of *The Five Books of Moses*; the final volume of a series of books of commentaries on the Torah published by the Jewish Publication Society; a volume of commentaries on the Haftorot, the writings attributed to the biblical prophets, which was published by the Reform movement earlier this year; and commentaries on other traditional texts, including the Book of Ruth.

"The fact that Jews and gentiles have been studying Bible is old news," said Visotzky, a professor of Midrash at the Jewish

Theological Seminary and the author of the new *The Genesis of Ethics: How the Tormented Family of Genesis Leads us to Moral Development*.

"The fact that it's burgeoning in the publishing industry, that it's made it out of the Jewish press into the general press, that's the news."

It had been nine years since Visotzky created the Genesis study group in Manhattan — initially with writers, more recently with business executives — which inspired Moyers to create the television series.

For 13 years, Rosenblatt, a psychologist by profession, has been conducting Bible study groups in Washington with U.S. senators — Jew, Christian and Mormon alike.

Fox, an associate professor of Judaica at Clark University, began translating the Bible in 1968, and first published his poetic, fluid interpretation of Genesis in 1972. Twenty-four years later, Schocken published his *The Five Books of Moses*.

"We are living in a very difficult time when people question their own values and bemoan the lost values of the past," Fox said in a recent telephone interview.

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Due to the observance of Columbus Day, next week's *Rhode Island Jewish Herald* will be delivered on Friday.

# INSIDE THE OCEAN STATE

## Volunteer Mentors Needed for Aging 2000

Aging 2000 is recruiting volunteers to assist older Rhode Islanders and their families who are having difficulties with social, emotional, or health care issues. An innovative new Peer Mentor program will be funded by United Way of Southeastern New England and The Rhode Island Foundation.

Mentors are retired health and social service professionals (and others who qualify through life experience) who will receive training and then be assigned to work with health or social service agencies in their own communities.

Mentors will be involved with clients of that agency on specific short-term goals such as setting up a social support network, helping with applications for housing and social services, encouraging people to change health behaviors, monitoring a diet or medication regimen, and assisting clients with issues such as grief, caregiver burnout, or stress.

In Providence, one of the agencies is Jewish Family Services. JFS will utilize mentors in their Lifeline, Kosher Meals on Wheels, and home care programs. Mentors are asked to volunteer between two and four hours each week.

Training is offered at two locations; volunteers may choose the location that is most convenient. In Wickford/Jamestown, training will be held on Oct. 21, 23, 28, and 30, from 9 a.m. to 1 p.m.

In Providence, training will be held on Oct. 22, 24, 29, and 31, from 9 a.m. to 1 p.m.

Training faculty will include staff from the University of

Rhode Island, the R.I. Department of Elderly Affairs, Aging 2000 and private practitioners. After the initial training, bi-monthly Peer Mentor support and education meetings will be offered.

Becoming a mentor is an opportunity to utilize professional skills to benefit other seniors and their families, and to obtain new training and experience which may be valuable to the mentors themselves, and their families.

Mentors will also be enrolled in one of seven regional Retired Senior Volunteer Programs. Through RSVP they will be invited to attend volunteer recognition events, and receive accident, excess automobile, and personal liability insurance, as well as information about volunteer opportunities and programs of interest to volunteers.

Aging 2000 is a non-profit consumer organization dedicated to making healthcare work better for Rhode Island seniors.

For more information, call Aging 2000 at 521-7930.

### New Slater Mill Hours

Slater Mill Historic Site, 67 Roosevelt Ave., Pawtucket, will be open for tours through Nov. 1 on Tuesday through Saturday at 10:30 a.m. and at 1 and 3 p.m.; and on Sunday at 1 and 3 p.m. Admission is adults, \$6; seniors, \$5; children (6 to 12), \$4; and under 6, free.

This education museum complex stresses early labor conditions, America's industrial heritage, and home life at the beginning of the 19th century.

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## Get Thee to Thy Canvasser

Election Day is getting closer, and some of us are not ready to elect anyone.

Of the state's 552,638 registered voters, just 361,377 actually cast votes in the 1994 elections... 67 percent. Even in the presidential election year of 1992, only 424,818 of the 554,664 registered voters, or 76 percent, actually cast votes.

It is estimated that there are approximately 750,000 Rhode Islanders who are eligible to register to vote, which underscores the need for greater awareness of voter registration issues.

To be eligible to vote for all candidates and issues in the Nov. 5 election, a person would have had to register by Oct. 5. But, even after that date, a person wishing to register to vote on Nov. 5 will be able to do so right up until Election Day, with the single restriction that they will be permitted to vote only in the presidential race on a special ballot which will be made available at their local board of canvassers. People who take advantage of this opportunity will also have to vote at their local board of canvassers.

### Meeting Street Honors Staff

Meeting Street Center/Easter Seal Society of Rhode Island, Inc., recently celebrated "Staff Appreciation Day" with the naming of "milestone" employees who have given five, 10 and 15 years of service, and the naming of the "Employee Of The Year."

In a surprise announcement for this year, agency president Dean E. Martins named the entire staff of Meeting Street Center as this year's "Employee Of The Year."

On Oct. 16, between 3 and 5 p.m., the Children's Museum will get corny, as children 5 and older cultivate their understanding of corn. Children will view a display of different kinds of corn and discover the science behind popping corn. After nibbling kernels of cooked, uncooked and popped corns, children can fashion take-home figures out of corn husks.

Same day registration required for the program. Call 726-2591, beginning at 9 a.m. to register. There is no additional fee beyond the \$3.50 price of admission.



### A Generous Gift

Richard Oster was the keynote speaker at the Providence Jeweler's Club Annual Fall Luncheon. The Club made a \$2,500 contribution to the Rhode Island Food Bank.

Photo courtesy of the Gorman Group

## Support the Green Report Card

### Environment Council Seeks Donations for Dinner Auction

The Environment Council of Rhode Island will host its 11th annual dinner auction, "Meet the Rhode Island Candidates," at the Roger Williams Park Casino, on Nov. 1. The Environment Council is honored to have Phil West as its honorary chairperson.

In keeping with the political theme, the organizers are looking for auction donations of political memorabilia, golf or tennis games with politicians, and other politically related items. Environmentally friendly products and services are also being sought and will be featured at

the auction. The evening will include an opportunity to mingle with national and state candidates, a raffle, and a gourmet dinner.

To donate auction items, purchase raffle tickets, or receive more information, call 272-2568 or 568-9370.

The Environment Council, a state affiliate of the National Wildlife Federation, is a coalition of concerned citizens and more than 45 environmental organizations. The proceeds from this event, the organization's primary fund-raiser, support publication of the Green Report Card assessing the voting records of Rhode Island's General Assembly.

## Foster Care Open House Scheduled

Family Service invites everyone in Rhode Island with an interest in foster parenting to an informational open house on Oct. 16 from 5 to 7 p.m.

The non-profit agency is located at 55 Hope St., Providence, near the corner of Wickenden Street.

Interested persons may stop by any time during those hours. The open house will be a casual, friendly setting, and will provide an opportunity to meet with current foster parents and learn more

about becoming a foster parent.

Foster parents receive stipends as high as \$13,500 annually, tax-free, and health and dental insurance for the child in their care. Family Service provides training and 24-hour professional support services to all its foster parents.

One does not have to be married to become a foster parent. Single people and married couples are encouraged to attend or to contact Family Service at 331-1350, ext. 137.

## Brown Presents Light Show

Brown University will present an outdoor sound and light show titled "Legacy of Generations: A Portrait of Brown University in Sound and Light."

The show will be presented at 9 and at 11 p.m. on Oct. 12, on the College Green.

Audience members will be seated on a raised platform to view the show, which will take place all around them, including on the sides of buildings and on two jumbo screens. Seating is limited. Free tickets are available at the Pizzitola Sports Center on Hope Street and at the Brown Student Activities Office, in Faunce House on Waterman Street.

For more information, call Special Events at 863-2474.

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# THE JEWISH COMMUNITY

## Inquiries About Swiss Nazi Gold Too Late For Many

by Emily Torgan  
Jewish Community Reporter

The massive story of the horrors of the Holocaust has yet another chapter, but for local Holocaust survivors, it is being written much too late.

During the last few weeks, tales of up to \$5.5 billion in stolen Nazi gold squirrelled away in Switzerland have swept the international media.

As reported by the *New York Times*, *The Jewish Chronicle* in London said Adolf Hitler might have stashed the royalties from *Mein Kampf* at the Union Bank of Switzerland. However, the country's legendary banking confidentiality laws permit the bank to leave the assertion unconfirmed because Swiss banks are not required to keep records of dormant accounts for more than 10 years.

Even more alarming was the British Foreign Office's report that the gold Nazi Germany looted from occupied nations, confiscated from Jews or melted down from the fillings of victims, had been sold in Switzerland to pay for the war. However, the report said, only one-tenth of those monies had been returned to the Allies at the end of the war. Also, said the *New York Times*, some of this looted gold had been melted down and sold by people who were not its owners. The main purchaser was the Swiss national bank.

As nations buzzed about recent revelations another piece of the story turned up. According to *The Jewish Week*, millions of dollars in Nazi gold are sitting in the Federal Reserve Bank of New York.

This fall, the World Jewish

Restitution Organization called on the United States, Britain and France to return the Nazi treasures to involved individuals and families.

But locally, Rhode Island Holocaust Survivor Association leader Hans Sandelowski said he was well aware of Switzerland's anti-Semitism and the world's indifference long before the spate of recent stories. Sandelowski survived the war by hiding in sewers of Germany.

"It's terrible that this is all coming out now, that people knew what was going on," Sandelowski said on Oct. 4. "In those days we used to talk about Switzerland, how we could get ourselves or our money in, but we knew they were anti-Semitic."

According to Sandelowski's wife, Amalie, also a German survivor, the discovery has come far too late.

"Whoever wants to believe the story already believes it," said Amalie.

Edward Adler, the survivor association's secretary, said the Nazis took most of his family's lives plus all of their property during the war. Adler survived by living in Budapest with false papers.

"I didn't have any money to hide, and neither did my parents," Adler said. "I don't know what the Swiss banks did or did not do. If I worry about the past, I don't sleep nights."

Adler says "The money should go to whomever can claim it, but what can't be used should be for public education. The Jews know what happened, and the rest of the world needs to."

## Community Offers Different Salutes to Simchat Torah

by Emily Torgan  
Jewish Community Reporter

As there is more than one way to practice Judaism, there is more than one way to observe Simchat Torah.

On Oct. 5, Jewish families, congregations and organizational groups across the state gathered to observe the festival, the most joyous day on the Jewish calendar. As Rhode Island's Jewish community is growing larger and more diverse, the state now has groups that offer different jubilees for different Jewish needs.

About 20 young adults gathered in a sukkah erected behind the Brown/URI Hillel House on Angell Street at an event sponsored by Perspectives, Rhode Island's Jewish young adult project.

"I've never observed Simchat Torah as an adult, except when I went to Perspective's party last year," said Jill Pollack, a co-chair of the organization as she shivered under the cool night sky in a sukkah. "I knew it existed, but I wouldn't have done anything if I hadn't come here tonight."

Marcia Lasner and Ben Pushner, a married couple in their early 30s who moved to Providence from Boston about one year ago, were also at the Simchat Torah ceremony.

"This is great for a couple like us," said Pushner, eating dinner under the glow of sukkah lights. "It's a little intimidating to go to a synagogue off the street. This is where we can come and feel comfortable and even welcome."

Marav Minkin, a young adult from an Orthodox background, said she saw the Perspectives event as something new.

"I'm usually with my family

on Sukkot," Minkin said. "This is a good opportunity to meet new people."

"We're creating community," said assistant Hillel director Alisa Kotler-Berkowitz. She explained the purpose of the second annual Perspectives Simchat Torah party.

"A lot of people here are not automatically connected to the community," said Kotler-Berkowitz. "College students are connected through Hillel, and young adults get involved with synagogue life when they have children. But there's a whole segment of the population that has difficulty getting access, and this is for them."

In nearby Warwick, members of a much older, larger, and more observant group invited all Jews to celebrate Simchat Torah.

About 80 people gathered inside a huge tent erected in Chabad Lubavitch Rabbi Eliezer Levy's backyard, where they talked, drank, ate and prayed.

The garb of young Hasidic men in from New York City to assist Levy contrasted with that of the local attendees, many of whom had just come out of synagogue.

"I come here because I like

very religious things, and because it reminds me of the old days," said a man who would only identify himself as Henry.

A Holocaust survivor, Henry grew up in an Orthodox family in Poland.

"My father dressed like that, and he sang like that too," Henry said.

"I was at my shul, Am David, and my wife and I came by to share in the festivities," said Bob Corinas. He watched people clapping and singing and dancing about Levy's house bearing Torahs. "They really know how to do it."

"Chabad has been in existence for more than 200 years, and we have been here in Warwick for four," Levy said. "We're here tonight to encourage as many Jews as possible to enjoy Simchat Torah, and all are welcome to come."

"We are open to the public," Levy said. "On Simchat Torah all over the world, Jews dance with the Torah, but the holiday does not include the study of Torah. The idea is that it makes no difference whether the person is a scholar or observant, because the Torah belongs to every Jew."

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## Mike Schein

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# EDITORIAL

## 'Nonviolence Is Not For Cowards'

### A Statement to the Media

by Sr. Ann Keefe, SSJ  
President, R.I. Committee for  
Non-Violence Initiatives

**N**onviolence. We must study it, practice it, and teach it as though the future of our society depends upon it. IT DOES.

My name is Sr. Ann Keefe. I represent the Rhode Island Committee for Non-Violence Initiatives, a community of people dedicated to practicing and promoting the non-violence philosophy taught by Mahatma Gandhi and Dr. Martin Luther King, Jr., as a means of reducing violence in our city and state. We are concerned about the overt physical violence taking place in the streets and many of our homes, as well as the less visible violence of poverty, racism, unemployment, alienation, and loneliness. The committee teaches non-violence as a means of resolving conflicts, as a strategy for achieving positive social change, and as a way of life.

We call ourselves a community, not simply an organization, because that is what we intend to be — a community which has a place for everyone who lives and works in the City of Providence and the State of Rhode Island. We must all work together, not against each other, if we are to solve the problems of violence which have gripped this nation, this state, and this city. We invite you to join us.

All of us — youth and adults alike — are weary of living in a society filled with violence and hatred. We know violence and adversarial approaches to conflict don't work. We are hungry

for alternatives. The Rhode Island Committee for Non-Violence Initiatives believes that the philosophy and techniques developed by Gandhi and King are the very best alternatives this century has to offer. As Richard Gregg wrote in 1968: "Gandhi was, in my estimation, the greatest man of our age. Violence is perhaps the most difficult problem of our time. It is fitting and fortunate that the greatest man should tackle the most difficult problem. That he did so was part of his greatness."

A number of citywide and statewide programs have emerged in the past several years to combat and prevent violence. These include: community policing; neighborhood crime watches; domestic violence and child abuse education; job development; diversity training; one-on-one mentoring; and the teaching of conflict resolution, peer mediation, and negotiation skills in the schools.

These programs are excellent and are critically needed; they need to be supported and expanded.

What is missing is an overarching vision, philosophy, and methodology which can 1) unite a diverse community of individuals and agencies around a common, positive vision; 2) challenge every individual, institution, and sector of society to play their unique role in solving the problems of violence; and 3) produce the paradigm shift in thinking necessary to transform our community from one in which street killings, poverty, and discrimina-

tion are "normal" to one in which we seek non-violent solutions to conflict and a better distribution of resources. The non-violence taught by Gandhi and King provides the vision, the philosophy, and the meth-

odology that are missing.

Our committee recently celebrated the achievements of the 32 young people who are enrolled in our yearlong Youth Leadership Academy in Non-violence. During the weeklong residential program on the University of Rhode Island campus in Kingston, these youth learned the Six Principles of Non-violence:

One... Non-violence is not for cowards.

Two... The Beloved Community is the framework for the future.

Three... Attack the forces of evil, not people doing evil.

Four... Accept suffering — don't inflict it upon others — for the sake of the cause.

Five... Avoid internal violence of the spirit, as well as external physical violence.

Six... The universe is on the side of justice.

These young people — Young Leaders they call themselves — learned how to create community out of chaos, how to build what King called The Beloved Community.

In future sessions, they will develop Individual and Group Community Action Plans for addressing problems in their families, schools, or neighborhoods. They will learn how to

teach non-violence to their peers and younger children.

We have launched a multi-faceted training program in non-violence which involves the Providence Police Department, the Providence School Department, the Rhode Island Training School for Youth, members of the Providence City Council, and a broad array of agencies and organizations working collaboratively through an anti-violence coalition.

The Providence Police Department is contracting with us for a program which will train 20 police officers as trainers in non-violence, giving the department the capacity to train the entire police force, new recruits, and at-risk youth in positive approaches to conflict.

The Rhode Island Training School held a weekend workshop in non-violence for 35 residents in April and has been teaching non-violence in weekly sessions ever since. The school hopes soon to offer a daily program of education in non-violence in collaboration with the committee.

The Providence School Department is prepared to work with the school board, teachers union, parent organizations, and students to develop a strategy for integrating non-violence education into the curriculum and staff development.

We want to encourage all of you who are elected officials, business leaders, and media representatives to participate in non-violence training — as a way of supporting our youth, as a statement of your personal openness to the transformation we ask of our youth, and as a means of learning how you can contribute to building The Beloved Community.

Training in non-violence logically serves as the foundation for efforts to reduce violence and build a community which can nurture and support non-violent individuals and institutions. Training a critical mass of people in any institution or community will produce the needed change.

We know these principles and techniques work. They worked to free India of colonial rule. They worked to abolish Jim Crow laws. They worked to bring down the Berlin Wall, when trillions of dollars in United States and NATO military spending failed. They also will work to end violence. But they will work ONLY if we study, practice, and teach them as though the very future of our society is at stake.

We know they will work; we have faith that they will work. We have faith, as King so eloquently said, that "we will be able to hew out of the mountain of despair a stone of hope."

## 'It is Beyond Belief!'

To the Editor:

It is beyond belief! Recent news accounts now reveal that the gold stolen from the Jews in Europe during the Holocaust has been found in the Bank of England and The Federal Reserve Corporation bank in New York City. How ironic, that in September 1935, the Jews in Germany had their citizenship revoked by Adolf Hitler, exactly

five months after Hitler passed a citizen disarmament law, for all of Germany. Disarmed and defenseless, no German could stand up against the armed police state agents. When extremist liberals in Congress call for citizen disarmament, say "Never Again!"

History is irrefutable and unforgiving!

Don Schwarz

### RHODE ISLAND JEWISH HERALD

(USPS 464-760)  
Published Every Week By The Jewish Press Publishing Company

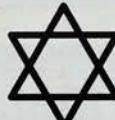
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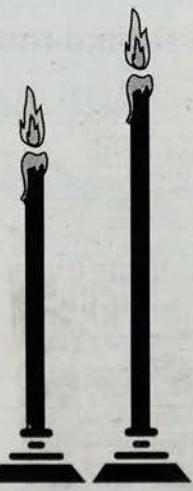
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The Herald is a member of the New England Press Association and a subscriber to the Jewish Telegraphic Agency.



Candlelighting  
October 11, 1996  
5:52 p.m.



Notice: The opinions presented on this page do not necessarily represent the opinions of this establishment.

## When Second Comes First

The Torah begins with the word "Bereishit" — In the beginning, the first letter of which is the letter bet.

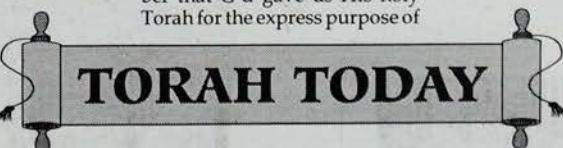
Bet is the second letter of the Hebrew alphabet, yet G-d chose to begin His Torah precisely with this letter. One would think that the Torah would start with the letter alef, as everything in the Torah is arranged in an orderly fashion.

Thus, at first glance it would seem more logical for the Torah to have opened with the word "Elokim" —

"G-d created in the beginning the heavens and the earth," rather than with "Bereishit."

What are we to learn from the fact that the Torah begins with the letter bet?

Nothing in the Torah is unintentional or accidental. Rather, the specific use of the second letter of the alphabet alludes to the fact that, for the Jew, the actual study of Torah



connecting ourselves to Him. Learning G-d's Torah is the means by which we do so.

If a person does not think about G-d before he studies, he is liable to look upon the Torah as a collection of narratives, a guide to our conduct, or perhaps merely a book which contains great wisdom.

Without the proper preparation, he may forget that the To-

rah is sacred, and that its main objective is to allow us to connect ourselves with the Giver of the Torah.

To remind himself, the Jew must recite a blessing over the Torah every morning before he commences learning. By saying "Blessed are You L-rd, Who gives the Torah," we place the One Who has given us the Torah foremost in our minds.

Only then do we arrive at the second stage, the stage of actual study, through which we attach ourselves to G-d. And the more Torah we learn, the more connected we are to Him.

Thus the letter bet serves to teach us that the Torah is G-d's Torah, and that the primary purpose of its study is to connect ourselves to Him.

Adapted for Ma'ayan Chai from Likutei Sichot, Volume 15. Submitted by Rabbi Yehoshua Laufer of Chabad House.

**FEATURE**

## Peter Pens Profiles

by Mike Fink  
Herald Contributing Reporter

Peter Duchin risks the *Ghost of a Chance* in his memoir of a life in the shadow of his famous father Eddy, the big bandleader of the golden years.

His book, published by Random House and co-written by Charles Michener, holds some strange dilemmas.

Peter was born both with a silver spoon and under a dark star. His mother, Marjorie Oelrichs, a wealthy heiress, died giving birth. His father passed away while he was a boy, from leukemia, at the age of 41. But Peter grew up in the great mansion of his godfather, Averell Harriman, and soared to stardom in his own right as a bandleader and pianist at the brink of adulthood.

### PETER DUCHIN



GHOST OF A CHANCE  
A. M. Work

Duchin had some superficial things in common with Fink. We were both depression babies. We both graduated from Yale in the '50s. We each spent a junior year at the Sorbonne, hanging out at the same cave nightclubs. The difference is, he was a Hotchkiss lad, with all the right contacts. Pages of his autobiography list his friendships with the famous and fabulous

figures of our time. He met them all, from Kim Novak, who played his mother in the film version of the Duchin story, to Sinatra, Ava Gardner, Danny Kaye, Alexander Korda, the Selznicks, Sam Spiegel: there's just no end to the celebrities. He sailed with Onassis and Jacqueline Kennedy aboard the Christina.

That's not what makes the book work. It's the Jewish dilemma: Is Peter Duchin Jewish? He boasts that a seder is a richer event than anything in the Christian calendar, and he deals with the melancholy outsider mood of his youth, but it glittered all the same, and sparkled and bubbled with champagne glasses. He is Jewish merely in the vague sense of loss.

The only rancor in the recitation rests upon the account of Averell Harriman's death. His last widow, Pamela, gave Peter no memento of his godfather, and our author is plenty sore. His resentment gives some sharp, bittersweet flavor to the volume. I can't help but compare the life of my contemporary in New York, New Haven and Paris to my own. We all wished for the privileges of the highborn.

When Peter Duchin haunted the left bank at St. Germain des Pres, he lived on a fancy river barge, met the great figures of the existential movement, and laid eyes on the fresh Audrey Hepburn. The rest of us only made believe. And yet, there is a weird balance in human affairs. The more you have, the less you own. The less you can grasp in your fist, the wider your realm. Duchin watches the scene, and plays a kind of klezmer role, but he is an orphan all the same.

And so, *Ghost of a Chance* ends up an apt and poetic name for this movie-star bio. I recommend it for those who can't get enough of the era, its costumes and ballads, its personalities and its sagas.

## Music Hath Charms

by Mike Fink

Herald Contributing Reporter  
It's difficult to imagine that Bach's music remained largely neglected for a century. His 'old-fashioned' conservative style was passed over."

I am citing the program notes of violinist Lois Finkel of the Ocean State Chamber Orchestra. She adds some poignant details about the fate of the Brandenburg Concertos. The compositions were dedicated to the Margrave of Brandenburg, an influential aristocrat.

"Sadly," Finkel informs us, "there is no evidence that the Margrave ever paid Bach, thanked him, or had the pieces performed."

Bach met Prince Leopold, who loved and understood music. The composer pens a prayer in his journal, "I intend to finish my lifetime with him."

And yet after the concertos, adds Finkel, the prince married a woman unsympathetic to music, and Bach was forced to leave and end the glorious spate of instrumental creativity.

I quote from the brochure of the series held at St. Martin's Church because it tells such a sad story of the destiny of artists, living as they must at the whims of highly placed patrons.

Among the violoncellos Sylvia Rosenthal and her son Perry performed as they often do together for the Rhode Island Philharmonic, where Ms. Rosenthal has played since the start of that organization nearly half a century ago. Her poise and skill stand out even though, without a raised stage, you can only hear but not see her energetic and lively dynamics.

The last time I came to this group it was in another church, and the bats flew down from the belfry. This evening a stray cat prowled the aisles and brought out a merry murmur before the strings tuned up. All creatures great and small are drawn by the magnet of melody.

I tried to speak to some company over coffee next morning of what chamber music means to me, to describe the flute, the harpsichord, the strings. "Classical music moves along like pure poetry," claims a guitarist

chum, "because you can decipher the thoughts of the composer."

I answer, "You can gather your own thoughts as well."

Since I like to follow my own quiet musings, I never used to put a radio in my car, to let a passenger or a newsflash cut through the perfection of a prelude. But my latest model came with the FM stations already installed. Now I can tune into concerts morning, noon or night, anything ranging from Mozart

ics. Within the columns of a place of worship you can settle in and listen long and deep.

Chamber music paces your mind, places your soul in contact with the spheres, and makes you sit up straight in the royal presence of beauty.

I know I have strayed like that alleycat from the lanes of logic, but I wanted to pitch some praise for the careers of devoted musicians like the Rosenthals, just for a focussed example, of the Ocean State Chamber en-



Sylvia Rosenthal, cellist  
Herald photo by Mike Fink

and Mendelssohn to Chopin and Ravel. Or even Yitzhak Perlman playing with klezmer. It makes it hard to stop, turn the key, and curb the flow of lovely harmon-

semble. They draw forth with vigor and value the sounds of the human spirit in a court of pride. I applaud their aplomb, their lifetime in music.

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# THE JEWISH COMMUNITY

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PICTURED AT THE ORTHODOX UNION'S ASK-OU conference are (from left), Rabbi Menachem Genack, OU rabbinic administrator; Rabbi Mitchell Levine of Congregation Beth Shalom in Providence; Rabbi Yosef Grossman, director of OU Kashruth Education and Training; and Rabbi Raphael B. Butler, executive vice president of the OU.

*Photo courtesy of OU*

## Rabbi Levine Attends OU's Kashruth Seminars

by Shevy Adler

For the first time ever, the Orthodox Union Kashruth Department opened shop and showed what it is all about and how the OU does it.

The Advanced Seminars in Kashruth program, which took place over the course of five days in August, was the brainchild of Rabbi Yosef Grossman, director of OU Kashruth Education and Training.

The purpose of the ASK-OU program was to teach out-of-town rabbis as well as smicha and kollel students how to set up a local *va'ad hakashruth* and the basics of supervising factories, bakeries, restaurants, butcher shops, etc.

Response to the courses, provided to the community at no cost to participants, was overwhelming. After limited advertising, applications from all over were received.

The rabbinical coordinators of the OU prepared high level lectures, audio video presentations and hands-on demonstrations. It became apparent that the goal of increasing awareness of kashruth details by bringing together world-class experts and talented OU rabbinical coordinators, was capturing a lot of interest.

Close to 60 participants, including Rabbi Mitchell Levine of Congregation Beth Shalom, Providence, gathered in New York City to learn firsthand from the experts the "how to's" of kashruth. Other participants hailed from throughout North America.

The week included video presentations and explanations of the inner workings of fish stores, bakeries, pizzerias, slaughterhouses and butcher shops.

Other shiur topics were How to Set up a Local *Va'ad Hakashruth*, Food-Service (setting up a kosher kitchen, the role of *mashgiach*, etc.), Little Known Facts on Ingredients, and General Laws of Kashruth.

Hands-on visits included various restaurants, pizza stores and catering establishments. The program included tours of the Alle Packing and International Glatt Center to learn the details of treiboring (de-veining), as well as trips to observe the production of kosher foods at Rokeach and Cartaret Packing.

Cassettes of the conference and a video presentation of the de-veining process are available by contacting the OU Kashruth Department. For more information, call (212) 613-8182.

## Jewish Singles Chai Productions HOLIDAY DANCE

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## Adult Classes Bring New Learning Opportunities

The fall semester of the Adult Education Program of Temple Shalom, the Conservative Congregation of Newport County, will commence on Oct. 16 and continue for the four succeeding Wednesdays, concluding on Nov. 13. Classes will begin at 7:30 p.m. and end at 8:15 p.m.

The following are offered:

- "Hebrew Literacy" with Rabbi Marc S. Jagolinzer. You can learn to read in the original. This class will teach you how to read Hebrew, and familiarize you with the prayers in the Siddur. Students learn the Hebrew alphabet and vowels and begin to read in five weeks. Meets from Oct. 16 through Nov. 13.

- "Digging Up the Bible, Book

by Book" with Rabbi Marc S. Jagolinzer. Begin to understand the Tanach... how it was organized, what its purpose was, and what its impact and meaning is for us today. Meets on Oct. 16 and 23.

• "G-d's Top Ten—An Analysis of the Ten Commandments" with Rabbi Marc S. Jagolinzer. It has been heard frequently that one is a good Jew because he/she observes the Ten Commandments. Are the Ten Commandments specifically Jewish? Are they universal? This course will try to make clear what the text itself suggests and says. We will also read between the lines and try to connect the text to our lives and to our personal situations.

Meets on Oct. 30.

• "Cliff Notes on Judaism" with Rabbi Marc S. Jagolinzer. For two weeks, this course will attempt to reach all levels of Jewish interest and knowledge. Among the topics to be discussed are: Who is a Jew? What does Judaism Teach Us to Believe: Theology and Ethics; Kedusha — The Way of Holiness; The Jewish People Today; Community and Policy; and Being Jewish Today. Meets on Nov. 6 and 13.

Registration for students is \$15 for temple members and \$20 for non-members.

For further information or to register, contact Rabbi Marc S. Jagolinzer at 846-9002.

## Majestic Seniors Plan Outings

The Majestic Senior Guild will meet on Oct. 15 at Temple Torat Yisrael, Park Avenue, Cranston, at 1 p.m. Entertainment and refreshments will be provided.

A day trip has been planned for Oct. 29 to White's in Westport. This is an opportunity to meet and be with your friends at White's Halloween party, and enjoy lunch, a band, dancing and a floor show.

The very popular annual day trip to HuKe Lau in Chicopee, Mass., has been planned for Nov. 14. There will be a special menu and entertainment — "Christmas Hawaiian Floor Show." Reserve early.

For further information about these day trips, contact president Si Chorney at 738-9614 or treasurer Doc Bernstein (Donald) at 421-8975.

## Hope High School Plans Reunion for Class of 1947

The Hope High School Class of June 1947 is planning a 50th reunion in September 1997. Graduates or those with information on graduates are asked to call Justin Benharris at 434-6284 or Leila Abrams Green at 739-6965.



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Senate; Dr. Richard Wild, Republican candidate for the U.S. House of Representatives, Second District, and his Democratic opponent, Lt. Gov. Robert Weygand.

Speaking at the Oct. 27 breakfast will be U.S. Rep. Jack Reed, Democratic candidate for the U.S. Senate, and State Rep. George Zainyeh, Democratic candidate for mayor of Warwick. Mayor Lincoln Chafee, Republican candidate for reelection, is unable to attend.

## Support For Interfaith Couples

For six Tuesdays beginning Oct. 15, 7:30 to 9 p.m., Lori Swartz, L.I.C.S.W., and Rabbi Maurice Weisenberg, of Congregation Agudath Achim in Taunton, will conduct a support group for couples coming from different religious backgrounds.

Participants will have an opportunity to explore the different religious traditions and cultures and help facilitate communication on issues such as holiday observance and child raising.

There is no fee for members of the congregation. For others the cost is \$18 per couple. To register or for more details, call Weisenberg at (508) 822-3230.

## B'nai B'rith Issues 'Vote '96'

B'nai B'rith has heard the reasons before but is not absolving anyone from not voting.

"We've heard all the excuses

— 'My vote does not count,' or 'I can't get to the polls,' but we're not buying them. We believe that Americans are privileged to live in a democracy where our voices are heard through our ballots," said Tommy P. Baer, international president of B'nai B'rith.

In one House of Representatives race in 1994, the victor won the election by just 21 votes. "In that race and in all political contests, every vote counts," said Baer.

Polls from the 1990s estimate that nearly 25 percent of all eligible Jewish voters did not vote.

A non-partisan organization,

B'nai B'rith has initiated a national "Vote '96" campaign to increase voter registration and citizen participation in elections. B'nai B'rith is encouraging its lodges and units to register eligible persons to vote, to educate voters and assist in getting registered voters to the polling places on election day.

The organization's "Vote '96" manual provides detailed information about conducting a voter registration campaign including where to get election information and how to register to vote by mail.

For a free copy of the guide contact: B'nai B'rith Center for Public Policy, 1640 Rhode Island Ave., N.W., Washington, D.C. 20036, phone (202) 857-6545 or e-mail lgoldman@bnaibrith.org.



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# THE JEWISH COMMUNITY

## Temple Am David Hosts Annual Auction

Temple Am David will host its annual auction in conjunction with the American Diabetes Association/Rhode Island Affiliate on Nov. 2. The auction will be held at the temple, 40 Gardiner St., Warwick at 8 p.m.

Admission is \$10 per person. Entertainment, wine and refreshments will be included.

The theme of the auction will be "Bid and Ballot" to highlight the election season. The Bid and Ball Auction will have three types of auctions happening simultaneously.

The live auction will be conducted by Robert Resnick. In keeping with the election spirit,

special items will be auctioned by an exciting array of Rhode Island's favorite political and television celebrities.

The silent auction will certainly be the place to find unique treasures and special bargains. The Ballot Box auction, most like a raffle, is a chance to win many other exciting gifts.

The 1996 collection of items will feature Caribbean cruises, resort hotel vacation packages, hotel packages from around the country, premiere passes to the Moscow Ballet's "Nutcracker," jewelry, golf packages and other popular sporting event packages, "days of beauty" packages

gift certificates from area restaurants, fitness club memberships, theater tickets and much more.

The collaborative effort among the temple, the Eunice Zeidman Elementary School and the American Diabetes Association/Rhode Island Affiliate is a powerful testament to the strength of community partnerships.

The auction committee has set a goal of raising \$10,000 to benefit the school and the ADA/RIA. Tickets and directions are available by calling Temple Am David at 463-7944. Tickets will be available at the door.



CANTOR ROBERT LIEBERMAN of Temple Torat Yisrael teaches the children at the Jewish Community Center of Rhode Island about Rosh Hashanah. Information about the Jewish holidays can be found on the Traditions on Wheels cart.

*Photo courtesy of the JCCRI*

## 'Creation is a Gift'

On Oct. 27, from 2 to 4 p.m., families from four local institutions will join together at Camp JORI in Narragansett to celebrate our world. (The four sponsoring groups which make up the Gesher V'Kesher team are Alperin Schechter Day School, Temple Emanu-El, Temple Shalom and Temple Torat Yisrael.)

Oct. 27 is just two weeks after Jews everywhere begin the Torah reading cycle anew by reading the portion of B'reisheet, which tells the story of the creation of the world.

At the Creation Celebration everyone will have a chance to explore each day of the biblical story of creation through one of the five senses. There will be music, story-telling, arts and crafts, learning, food and fun for everyone.

Creation is a gift, and our five senses are the means by which we experience and appreciate the world around us. When we receive a gift it is polite and customary to say, "thank you." Our rabbis wrote numerous b'rachot (blessings) to, "say thank you," and to express their appreciation for the wonders

around them. At the upcoming celebration, there will be an opportunity to practice familiar b'rachot to learn new ones, and to make up some original ones of your own.

Each of us experiences the world in a unique way, and we each have distinct interests and talents. In addition, each family is made up of individuals of various ages, interests and skills. At the celebration each family will have an opportunity to choose the activities it wishes to participate in, and to shape its experience according to its needs.

Gesher V'Kesher is a cooperative program that receives its funding from the Continuity Commission of the Jewish Federation of Rhode Island. It is designed to bring family programming to the members of the four participating institutions, and to create opportunities for families from each community to meet, interact with, and learn from each other. The celebration will kick off a year of fresh family programming in Rhode Island.

Call 861-8800, ext. 114 for registration details.

## 'Stepping Stones' to Begin on Oct. 27

"Stepping Stones," the community-funded program for interfaith families hosted by Temple Beth-El originally scheduled to begin on Oct. 6, will start on Oct. 27 instead.

The program gives children a warm and welcoming environment in which to explore and enjoy Jewish traditions and culture and will be held on two Sunday afternoons a month for 15 weeks between October and May. Workshops will be held from 4 to 6 p.m. at Temple Beth-El, 70 Orchard Ave. in Providence. There is no tuition fee for participation in "Stepping Stones."

Modeled after a similar program begun in Denver and implemented around the country, "Stepping Stones to a Jewish Me" is funded by the Continuity Commission of the Jewish Federation of Rhode Island. It is aimed at interfaith families who are not affiliated with any Jewish congregation.

For more information, call the Stepping Stones director at Temple Beth-El at 331-6070.

## Traditions on Wheels Cart makes Education Accessible

The Jewish Community Center of Rhode Island has added a Jewish educational experience to its lobby — the Traditions on Wheels cart.

This cart depicts some aspect of Shabbat or a specific Jewish holiday. Recently, Sukkot and Simchat Torah have been featured with take-home packets for children and adults.

In the future, the community can look forward to such activities as making latkes for Chanukah or making or picking up a

gragger for Purim.

The Tradition on Wheels cart needs sponsors. To celebrate a birthday or an anniversary, to send get-well wishes or in memory of a loved one, you can sponsor a particular Shabbat or a specific Jewish holiday.

When you sponsor a particular cart presentation for someone, an acknowledgment will be sent to that person.

For further information on sponsorships and costs, call Dana Zucker at 861-8800, ext. 108.

### JCCRI Hosts Clothing Sale

Are you interested in new fall and winter clothes for your child at 50 percent or more off retail?

The Jewish Community Center of Rhode Island will be featuring clothes sold in the finest stores and catalogues at its Children's Clothing Sale.

Come and outfit your child in the latest fashions by one-stop shopping at the JCCRI. All sizes are available including girls 12 months to preteen and boys 12 months to size 12.

This sale will be held in the art gallery on Oct. 10 from 9 a.m. to 1 p.m. and 4 to 5 p.m.; Oct. 11 from 9 a.m. to 1 p.m.; Oct. 15, 16 and 17 from 9 a.m. to 1 p.m. and 4 to 5 p.m., or by appointment.

For details, contact Debbie Blitz at 861-8800, ext. 116.

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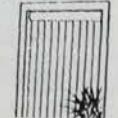
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## Social Seniors Head for Demetri's

The Social Seniors of Warwick are planning a trip to Demetri's Matinee Theatre in Foxboro, on Oct. 23. Corbett Monica will be the featured entertainer.

For more information, call Sally Goldman or Estelle Miller.

# THE JEWISH COMMUNITY

## Five Garden Clubs to Meet

Five communities will benefit from the proceeds of a joint meeting planned by garden clubs of the Rhode Island Federation of Garden Clubs.

Angle Tree, The Dirt Gardeners, Eden Garden Club, Pawtucket Garden Club and Rehoboth Garden Club will present "Fall, Fun and Fancy" on Oct. 17 at 1 p.m. at Temple Beth-El, 70 Orchard Ave. in Providence.

Tony Todesco, creative floral designer, flower show judge and lecturer will demonstrate.

Angle Tree Garden Club maintains the herb garden at Woodcock Garrison House, North Attleboro.

The Dirt Gardeners are involved with landscaping the areas surrounding the Constance

Witherby Memorial Statue on the center strip of Blackstone Boulevard.

Eden Garden Club maintains the biblical gardens at Temple Beth-El.

Pawtucket Garden Club maintains a wildflower garden at Slater Park.

The Rehoboth Garden Club maintains the herb garden and memorial garden at the Carpenter Museum.

The meeting is open to the public for a fee of \$5. There is no fee for the participating clubs. Dessert will be served.

For information and/or directions, call Eleanor Bohnen at 331-5616.

A tour of Temple Beth-El and/or the biblical garden will also be available at no extra cost.

## Fall River Temple Offers Jewish Literacy Course

Temple Beth El, 385 High St., Fall River, will present an Adult Jewish Literacy course beginning Oct. 21 at 7:30 p.m. in the temple vestry, and continuing on Nov. 4 and 18, Dec. 2 and 9, also at 7:30 p.m.

The topic of this program will be "Sources of Jewish Spirituality," a discussion of personal experiences on a spiritual journey. The study of such experiences is called mysticism. The lectures will be presented by Rabbi William E. Kaufman and two guest speakers, Sister Pat

Conlan, R.S.M., chaplain at St. Anne's Hospital, whose topic will be, "Spirituality in Practice," and Renee Lipson, H.C., whose topic will be "Abraham Abulafia, the Most Daring Jewish Medieval Mystic."

The course textbook, authored by Kaufman, will be *Journeys: An Introductory Guide to Jewish Mysticism*.

The entire community is encouraged to attend. Refreshments will be served. For registration information, call the temple office at (508) 674-3529.

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## BJE Bookmobile Makes Its Rounds

The Bureau of Jewish Education of Rhode Island Bookmobile, now in its third year, brings large print as well as regular print books, audiotapes and videotapes of Jewish interest to mealsites, assisted living apartments and other senior locations throughout the state.

Presenters offer brief book reviews. Facilitators for the bookmobile are Nancy Bassel and Eve Savitsky. In addition, programs appropriate to the Jewish calendar year are presented.

Call Ruth Page, BJE adult education coordinator, for a bookmobile schedule. See schedule below for starting dates at different locations. There is no fee.

### Tuesdays

- Greenwich Bay Manor, 945 Main St., East Greenwich. Begins Oct. 15 (every other week), 11 a.m. to noon. Contact Cathy McGovern, 885-3334.

## Temple Beth El Hosts Scholar-in-Residence

Temple Beth El in Fall River will host the Rabbi Samuel S. and Tillie G. Ruderman Memorial Shabbaton on Oct. 18 and 19.

The Scholar-in-Residence will be Judith Antonelli. The topic will be "The Torah as a Vehicle for Female Liberation."

On Oct. 18, the program will take place at 8 p.m. in the sanctuary. The Oneg Shabbat will be sponsored by the Sisterhood.

The program will continue on Oct. 19 at 9:30 a.m. in the sanctuary. A luncheon will follow.

The speaker has a varied

background in Judaism and feminism. She co-founded one of the first rape crisis centers in the country, and has been active in various aspects of the women's movement.

Formerly an associate editor for *The Jewish Advocate*, she left to write her book, *In the Image of G-d: A Feminist Commentary on the Torah*. She currently serves as managing editor of *Jewish Family and Life*, a national Jewish parenting magazine.

Call the temple office at (508) 674-3529 with reservations by Oct. 11.

covering a variety of topics. Participants will be offered choices in a series of workshops.

Among the areas to be explored are synagogue leadership, Jewish education, social action, youth activities, fundraising, and Israel affairs, also synagogue activity and the Internet, and building and strengthening relations between day schools and synagogue after-schools.

A number of distinguished lay and professional experts will present discussion sessions, and facilitate dialogue during the working lunch.

Alan Ades, international president of the United Synagogue of Conservative Judaism, will address the convention.

Call (617) 964-8210 for more details.

• Newport Seniors at Temple Shalom, Middletown. Begins Oct. 16 (third Wednesday of month), 12:45 to 1:30 p.m. Contact Rabbi Marc Jagolinzer, 846-9002/683-4547.

### Thursdays

- Meals at Jewish Community Center of Rhode Island, 401 Elmwood Ave., Providence. Begins Oct. 10 (every week), 11:30 to 12:15 p.m. Contact Sue Robbie, 861-8800.

- Shalom Apartments, 1 Shalom Drive, Warwick. Begins Oct. 17 (every other week), 2 to 3 p.m. Contact Bonnie Sekeres, 738-4414.

Additionally, the bookmobile librarians will make home deliveries to these locations by appointment only.

Woonsocket (every other week) — call BJE, 331-0956, or contact Rabbi Vicki Lieberman at Congregation B'nai Israel, 762-3651.

Kosher Meals on Wheels (every other week) — call BJE, 331-0956 or contact Sue Robbie at the JCCRI, 861-8800.

## Entrepreneurial Forum, Oct. 17

The American Society for Technion — Israel Institute of Technology, in cooperation with the Israeli Economic Office in New England, has announced that the sixth Israeli Entrepreneurial Forum will feature three Israeli companies involved in developing Internet and communications products.

The forums feature discussions on the challenges and strategies facing Israeli high technology companies as they expand into worldwide markets.

The forum will take place on Oct. 17, at the Sachar International Center, Brandeis University, Waltham. A panel of business experts will analyze the marketing strategies of CheckPoint Software Technologies, ImageNet and VDONet Corporation.

A dinner buffet reception will start the program at 5:30 p.m. and the speakers and panel will be from 7 to 9 p.m. The cost is \$30 for Technion members and \$35 for non-members.

For registration and information, call Relly Bunker, at the ATS office at (617) 964-0048.

## Cancellation

Due to the death of past president Harry Portney, The Men's Club of Temple Torat Yisrael has cancelled the breakfast scheduled for Oct. 12.

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# SCHOOLBEAT

## ASDS Students Study Grains

When sixth-grade students at the Ruth and Max Alperin Schechter Day School began their study of the ancient world with teacher Cindy Kaplan, they never thought that they would get to see samples of the foods that people of that era commonly ate.

Imagine their surprise when Kaplan introduced them to "Ancient Grains," a cereal which includes four "treasures of the past":

- Spelt, a grain which dates back to biblical times and can be used for baking, pasta and cereal;

- Millet, a hardy cereal grass with a pleasant nutty flavor, believed to have originated thousands of years ago in central Asia;

- Kamut, otherwise known as "King Tut's Wheat," a grain with a rich, buttery flavor, which originated in the Near

East and is believed to be the ancient relative of modern durum wheat;

- Quinoa, a staple of the Inca Empire, which is appreciated for its delicious taste and fluffy texture.

It was interesting to find that grains which were central to some of the most ancient of the world's civilizations can still be enjoyed and appreciated today.



## KOACH Asks Students to Join Learning Project

This month, KOACH, the College Outreach Department of The United Synagogue of Conservative Judaism, launches its first annual intercontinental Learning Project.

From October 1996 through May 1997, college students from across North America and Israel will study a common text (in English or Hebrew) with other students, teachers or mentors, in pairs, groups, or even via the Internet.

Described by KOACH director Richard S. Moline as "an encounter with Torah lishmah, or religious study for its own sake, the Learning Project is designed for both the experienced and inexperienced student."

The project will focus on the nine chapters of Mishnah

Brakhot, the opening section of the first volume of Mishnah and one of the primary sources of Jewish law.

KOACH will make texts available to participants at discounted rates and will also provide monthly study guides, a glossary of terms, discussion questions, and a bibliography of related reading materials.

According to Rabbi Jerome M. Epstein, executive vice president of United Synagogue, "The students will engage in a conversation with the voices of Jewish antiquity, using both traditional and modern methods."

Some students will attend chevruta-style small study groups with peers; others will take advantage of individual

personal consultations with KOACH staff; and some will access bi-weekly chats on the Internet, discussing and debating the material with students from Los Angeles to Jerusalem.

At the 1997 KOACH kallah (conference) in Boston, Feb. 6 to 9, a special session will be devoted to the study of Mishnah Brakhot and in May, a worldwide siyyum (celebration on the completion of study) taught by Epstein will be held.

Interested college students should contact Richard S. Moline at KOACH, 180 N. Michigan Ave., Suite 1710, Chicago, IL 60601, (312) 726-1802, fax (312) 726-1820, or e-mail [moline@boss.math.uic.edu](mailto:moline@boss.math.uic.edu) for further information and a registration form.

## Read a Good Book Lately?

Hannah Pitt, fourth-grade student at the Ruth and Max Alperin Schechter Day School, reads the Hebrew book which she wrote and illustrated, to second-graders Isaac Zussman and Rachel Isser. These books, written and read by the entire class, were created as part of the Hebrew language program, and combine all facets of language learning: reading, writing, speaking and listening.

*Photo courtesy of ASDS*

## Reduced Financial Support Forces Crusade to Cut Back

The Rhode Island Children's Crusade for Higher Education will limit enrollment for its 1996-97 class of third-graders to 500 children while at the same time doubling the number of Crusaders who receive support services to a total of 7,000.

Crusade chairman Robert Spink Davis said that "the board's highest priority is to honor its commitment to provide quality educational support services and scholarship assistance to our existing Crusaders. Given the scarcity of financial resources in both government and private sectors, limiting enrollment from an average of 3,300 a year to 500 for the upcoming class is the only responsible way to meet this dual mission."

Since 1991, the non-profit organization has offered open enrollment to five successive

classes of third-graders from every community in Rhode Island. Currently, there are more than 16,500 fourth- through eighth-grade Crusaders, 48 percent of whom are from low-income families.

Davis indicated that "the Crusade has done an exceptional job in adapting to economic and funding conditions."

In just more than two years, it has raised \$2.3 million in federal and private funds. He also noted that the value of the Crusade's scholarship fund has grown to \$6.4 million. The organization has also created a collaborative network of 55 institutions of higher education which have promised scholarship support for Crusaders who earn admission to their schools. The current value of these commitments exceeds \$38 million.

## Automotive Contest Planned

New England Institute of Technology will hold an Ocean State Automotive Contest at the Automotive Technology Center on Access Road in Warwick on Nov. 15.

The contest will go from 8 a.m. to noon and will be followed by an awards ceremony.

The contest is open to high school seniors in Rhode Island who are participating in an or-

ganized high school automotive program.

New England Institute of Technology will provide full one-year college scholarships to the winning team.

Winners of the contest will travel to New York City where they will participate in the Greater New York Automotive Contest. For more information, call Jack Perkins at 732-6870.



IT'S MAGIC — Ron Cerel made balloon animals for kids at the Providence Hebrew Day School magic show. *Photo courtesy of PHDS*

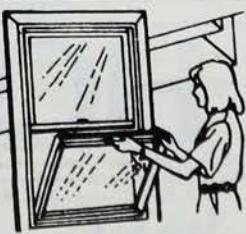
Hebrew school teachers are welcome to submit press releases or pictures of their students.

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# HEALTHWISE

## Jewish Spirituality

by Velvel 'Wally' Spiegler

At Sukkot, we rejoice in the harvest that we reaped from what we sowed at Pesach, and we fulfill the verse from the psalm "he who sows in tears reaps in joy (hazorim b'dimah b'rana yik'tzaru). We have put in much work in seven months from Pesach to Sukkot — from our prayers and preparation for redemption to the work of T'shuva and now we can reap and enjoy the harvest.

But what did we really reap? Certainly in this day and age, the harvest comes to us from the supermarket, but Judaism has a deeper meaning. All of the sowing, the cultivating, the harvesting and the celebrating are merely symbolic of what you accomplish spiritually. Jewish tradition expects us to grow a little each year, to become a better person in the sense of awakening from the slumber of our everyday experience to the clarity of spiritual existence. We live in some sort of trance or illusion characterized by struggling for material wealth, for status, for recognition, for power, yet this is all contrary for what we as Jews were destined.

Our dream is to reach the Land of Canaan, that dreamland where we can experience genuine peace, shalom, the purity of

Shabbat, the Garden of Eden.

Awakening is the process of becoming conscious of the contents of our consciousness — our bodies, our emotions, and our thoughts. This consciousness can be attained by prayer and meditation. The great adversary to awakening is our ego — that function of mind that keeps us focused on ourselves rather than on others and on what's real.

The spiritual harvest for which we rejoice on Sukkot is the awakening from our everyday slumber to a realization of the G-d-like nature within us. The great Shofar has sounded; were you stirred into awakening? Or will the year 5757 be the same as before?

Now is the chance to make the New Year different. With Simchat Torah upon us, we can utilize the beginning of the new Torah cycle to examine those areas that keep us numb to the realities of life.

Consider not becoming lured by commercial advertising with its promises of glamour and status.

Come to realize how shopping at the malls as a pastime may not really gratify your needs.

Find ways of spending more quality time with friends and

family, or engaging in good music or literature, particularly Jewish texts, as an alternative.

Consider the barriers that prevent you from behaving in an honest and loving way at all times. Is it fear of some kind that's holding you back.

Are you participating enough in Jewish ritual activities — holidays, prayer, etc.? Think about the time you spend in the synagogue. Is it meaningful or spiritually uplifting?

These are just a few suggestions; there are many more you'll think of. The question always to ask yourself is, is what you do real or is it driven by ego? What's real is usually nature, supports life and is selfless; what's egotistical is motivated by personal gain and selfishness.

The answers to these and many other issues that hinder you from awakening can be found right in Jewish tradition. You may be pleased to know that there is a Jewish spiritual group that meets every Wednesday evening from 6:30 to 8 p.m. that focuses on these matters. Awakening to the realities of life, spirituality, and healing of body and mind is a primary goal of these meetings. To learn more, call me at the number below.

For further information, comments or questions, you can reach Velvel "Wally" Spiegler by calling (508) 252-4302 or e-mail to DSpieg5411@aol.com

### Complications of Influenza are Serious

Most of us who get the flu will recover within a week or two.

Unfortunately, there are segments of the population who are at high risk of developing complications, according to specialists with the Visiting Nurse flu hotline.

Those considered at high risk include small children, heavy smokers, diabetics, the elderly, and individuals with chronic cardiac or respiratory problems.

The infection may spread from the upper respiratory tract downward into the lungs and cause bronchitis or pneumonia. If your fever persists for more than three to five days, you should get medical attention.

For more information on the flu, call the Visiting Nurse hotline toll-free at (888) 496-9406.



HADASSAH TACKLED OSTEOPOROSIS at a Sept. 30 meeting, when Cory Fink spoke on the subject. From the left are Fink, Susan Ginsberg, Rosalyn Guarnieri and Evy Rappoport.

## R.I. Hadassah Addresses Women's Health and Status

On Sept. 30, R.I. Hadassah Nurses Council held an "Act Against Osteoporosis" educational forum at the Jewish Community Center of R.I. in Providence.

Facilitator Cory Fink, BSN, RN, discussed how to prevent, detect, and treat this debilitating disease which affects one out of every two elderly women. Fink, a certified ambulatory women's health care nurse who recently participated in an educational osteoporosis seminar in Chicago, prepared her listeners to talk knowledgeably to their doctors and ask all the important questions.

On Nov. 4, Rhode Island Hadassah invites the public to hear Janice Greenwald, the national chairman of the Nurses Council. Greenwald was a member of the September 1995 Hadassah delegation to Beijing for the Fourth World Conference on the Status of Women and will speak about the conference and Hadassah's worldwide role. The event will be held at 7 p.m. at the Jewish Community Center of R.I. in Providence. Free refreshments and educational material will be provided. Call R.I. Hadassah for information or to arrange a ride at 463-3636.

## Drive Smart

The State of Rhode Island, in 1984, passed a law mandating an automobile insurance discount to those over age 55 who complete the course called 55/Alive.

To take a 55/Alive Mature Driving Course, sponsored by the Association of American Retired People, choose a program listed below.

On Oct. 17 from 2 to 6 p.m. at Cranston Senior Services, 1070 Cranston St. (ins. E.L. Poole), call 461-1000, ext. 6216 for details; on Oct. 14 and 15 from 10 a.m. to 3 p.m. at the Jewish Community Center of Rhode Island, 401

Elmwood Ave., (ins. George Kempler) call Sue Robbio at 861-8800; on Oct. 15 and 22 from 9 a.m. to 1 p.m. at Buttonwood Senior Services, 3027 West Shore Drive (ins. William Ducharme), call Theresa at 732-0140; on Oct. 22 and 24 from 1:30 to 5:30 p.m. at Lincoln Senior Center, 40 Chapel St. (ins. Marion E. Hall), call Pam at 723-3270.

You need not be a member of AARP to attend the course.

If the course is being held at a meal site, and overlaps the lunch hour, you may have lunch there if you reserve a meal two or three days in advance.

## 'Compassionate Friends' Meet

The next meeting of the Compassionate Friends (a self-help group for parents who have suffered the death of a child) will be held on Oct. 15 at 7:30 p.m. At Hasbro Children's Hospital, Dudley Street, Providence. The meeting is in room 151.

For directions or further information, call Carol Smith at 885-2900.

This will be a general sharing meeting. The public is invited.

## Memorial Hospital Offers Breast Cancer Forum

Breast cancer is the most common form of cancer among American women. To help women take charge of their own health and learn about prevention and early detection of breast cancer, Memorial Hospital of Rhode Island has planned a series of activities in recognition of Breast Cancer Awareness Month in October.

An educational forum is scheduled on Oct. 22 at 7 p.m.

in the hospital's Sayles Conference Center. A panel of professionals will discuss prevention and treatment of breast cancer, including radiologic techniques of breast cancer detection, breast biopsy, alternatives in the surgical therapy of breast cancer, and chemotherapy.

Advance registration is requested. Call 729-2459 to register.

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# HEALTHWISE

## Religious Leaders Examine Ethics of Health Care Reform

by Debra Nussbaum Cohen

NEW YORK (JTA) — What would the rabbis of the Talmudic era have said about Medicaid?

A group of rabbis, Christian ministers and priests, doctors, medical ethicists and public policy experts gathered recently in New York for a conference to explore what the Jewish and Christian religious traditions have to offer on the debate about health care reform.

The conference, titled "Health Care: Right or Privilege? Moral and Religious Values in Health Care Reform," was convened jointly by Columbia University's School of Public Health; the Protestant, non-denominational Union Theological Seminary; and the Conservative movement's Jewish Theological Seminary.

The goal of the conference was "to give voice to the liberal religious community on an issue of such transcendent importance as health care," said Rabbi Ismar Schorsch, JTSeccor.

The thread woven throughout most of the participants'

presentations was concern that the poor might be abandoned by the federal and state governments as they drastically cut back Medicaid and other forms of public assistance.

Several participants acknowledged the profound complexity of allocating scarce public revenue, the painful task of deciding whether more people should be provided with health insurance or fewer people should have access to the finest quality medical care.

But at the opening session — titled "How Did We Get Here?" — and the morning session of the second day — titled "Am I My Brother's Keeper?" — speakers did not dwell on the fine points of public policy. They instead focused on what their respective religious traditions have to say about society's responsibility to aid the needy.

Schorsch, in his presentation, spoke about what he termed "the communitarian ethos of Judaism."

"Judaism focuses on the welfare of the community rather than the rights of the individual," he said. The pre-modern European Jewish community applied the Torah and Talmud's ethical dictates and the result was Jewish communities where "the social contract was very inclusive," he added.

"Even visitors, students from abroad, were taken care of."

In the United States today, he said, "My deep concern is about the growing exclusionary climate."

"There are more and more outsiders who are not part of the social contract, who are deprived of the blessings of the body politic."

Rabbi Harlan Wechsler, a visiting assistant professor of Jewish philosophy at JTS, said the Jewish requirement to provide health care to the poor dates back to the Middle Ages, if not before.

He cited the Torah's commandment not to stand by while a neighbor's life is in danger.

"If he cannot breathe, if he cannot see, if he cannot hear, if his body is ailing, try to save him. Let us cry it from the mountaintop if it has not yet been heard!"

## Influenza Signs and Symptoms

Because symptoms can vary, it's quite common for someone to wonder whether or not they actually have the flu. According to VNA of Rhode Island occupational health and infection control specialist John Roies, common symptoms include chills, fever of 101 degrees to 104 degrees, sneezing, headache, sore throat, and muscular pains, particularly in the back and limbs. A dry hacking cough usually follows. Later, the cough produces mucus and a runny nose.

The fever generally lasts two to three days, and leaves you feeling weak for another few days. Small children tend to run slightly higher fevers than adults.

If there are no complications, you should be fully recovered within one or two weeks. Although the symptoms may subside in three to five days, the cough and weakness may persist. In some people, especially the elderly, weakness may persist for several weeks.

(Ed Note: Flu hits you like a baseball bat. One minute you're feeling pretty chipper, the next minute you wonder if you'll be able to make it home. That's the flu.)

## How to Escape the Flu

According to John Roies, occupational health and infection control specialist with VNA of Rhode Island, the most effective measure to prevent flu is immunization, or flu shots. There are certain high-risk individuals who should receive annual immunizations — those with respiratory or cardiac problems, people with chronic lung disease, and the elderly. In addition, healthcare personnel, because of their extensive contact with high-risk patients, should get flu shots.

Although the vaccine has not proven harmful to unborn children, pregnant women whose third trimester occurs during the winter months should consult their physicians before having a flu shot.

People who are allergic to eggs should NOT have a shot. Flu shots should be administered in late autumn through December. Vaccines, with each year's formulation based on the previous year's virus, are about 70 percent effective. Immunity develops in about 14 days. The

beginning of flu season is the best time to be immunized, but vaccinations can be given effectively throughout flu season. An annual vaccination is recommended for the best protection.

Misconceptions regarding flu shots are quite common. Many people consider a low-grade fever and weakness occurring 8 to 12 hours after vaccination to be the flu. This is a side effect of the vaccination occurring in only one to two percent of those vaccinated.

Another possible side effect includes a sore arm at the vaccination site. Most people would agree, however, that these mild side effects, which last no longer than a day, are much better than an actual case of the flu.



Check your dosage first before taking your medicine.

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## 10 Steps to Steady Weight Loss for Busy People

Busy schedules usually mean people eat more high fat foods and get less exercise. This can be a very difficult time to lose (or even maintain) one's weight. But, according to exercise physiologist and author, Greg Landry, there are 11 keys that will help readers to lose weight while maintaining a busy schedule.

**Eat earlier in the day.** The theory being that food eaten earlier in the day tends not to be stored as body fat. The evening meal should be the smallest meal of the day, with a snack such as fruit a couple of hours later.

**Always eat breakfast.** Because when you skip breakfast, your body must go 16 to 20 hours without food. It thinks you're "starving" and kicks-in its protective mechanisms... which causes your metabolism to slow down. Your body begins to use up your muscle for fuel.

**Plan your meals.** If you don't plan ahead, you will usually end up eating whatever's available and quick... typically, high fat, high calorie foods.

**Each weekend, prepare the meals for the following week.** If your family's schedule is busy,

chances are no one will take time, on weekdays, to prepare regular meals. Cook a couple of low-fat dishes in quantity on the weekend, freeze, and use as lunch and dinner meals later in the week.

**Take your lunch to work.** You will be getting a low fat meal you picked and fixed, and you won't have to spend your lunch hour fighting lines or traffic.

**Always have snacks on hand.** Try not to go more than three hours without eating something. The hungrier you are, the less control you have over what, and how much you eat.

**Eat less fat.** Simply put, eating fat makes you fat. Be aware of fat in your food (read labels) and eat less of it.

**Drink plenty of water.** Take a big bottle of it (60+ ounces) with you every day, and bring it home empty.

**Go to sleep earlier and rise earlier.** The later you stay up at night the more you tend to eat at night.

**Make exercise a part of your daily schedule.** Be consistent in making time for some form of activity on a daily basis.

## What To Do When You Have The Flu

Since there is no specific treatment for the flu, just about all you can do, if you get it, is focus on relieving the symptoms. These include muscle aches and pains (especially in the back and legs), fever, headache and sore throat. You might find some relief, however, by using the following tips from the Visiting Nurse flu hotline.

Go to bed as soon as the symptoms appear, and stay there until your temperature returns to normal, usually anywhere from 24 to 48 hours.

You should expect to feel weak, and possibly depressed, for about a week after your temperature drops.

Experts agree that bed rest is one of the most effective ways

to relieve flu symptoms. To relieve aches and pains, be sure to take aspirin or an aspirin substitute (children should take only aspirin substitutes such as Tylenol) approved by your physician, and drink as much water or fruit juice as you comfortably can.

Warm baths or heating pads may also help relieve aches and pains.

To prevent spreading the virus, dispose of facial tissues properly and wash your hands frequently.

Influenza must be allowed to run its course. The most important thing to remember is not to overexert yourself and to rest as much as possible until you are fully recovered.

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# WORLD AND NATIONAL NEWS

## Visiting Ramallah's Police Proves Risky

by Gil Sedan

RAMALLAH, West Bank (JTA) — I made the phone call a day after a bloody battle erupted between Israeli soldiers and Palestinian police, late in September, on the outskirts of this West Bank town.

The local police station was almost empty. Everyone was either attending the funeral of the six Palestinian police killed a day earlier, or out on the front lines, shooting at Israeli soldiers.

But Hussein a-Sheikh, the Ramallah police chief, sounded friendly on the phone.

"Come on over, by all means," he told me in Hebrew, adding in Arabic, "You are most welcome."

It was an invitation that I and some colleagues were not about to turn down.

We hoped we would have a chance to talk to the people who had turned overnight from partners in the joint Israeli-Palestinian security patrols to enemies firing at Israeli soldiers.

Ramallah had witnessed the worst scenes of fighting in September. There were pitched battles between Palestinian police, Israeli soldiers, armed Israeli settlers and stone-throwing Palestinians.

The fighting spread in subsequent days throughout the West Bank and Gaza Strip, claiming the lives of at least 14 Israelis and at least 55 Palestinians, before it subsided.

An hour after I got off the phone, we arrived at the northern outskirts of Ramallah.

The southern entrance to the

town was still popping with gunfire, but the northern end, just a few hundred yards from the Israeli military base at Beit El, was quite peaceful.

I stopped the car, and for a short while we considered our options. The total calm around us was unnerving.

There was still time to turn back, but we opted to take our chances — a decision we would soon regret.

As I drove on the main road toward downtown Ramallah, we were confronted by a Palestinian policeman who was aiming his Kalashnikov rifle at us.

There was still time to turn back, but we opted to take our chances — a decision we would soon regret.

Only the mention of his boss, Commander A-Sheikh, helped ease the tension.

"Do you carry any arms?" he said.

Of course not, we said, lying.

At this point we probably should have turned around and returned home. But a-Sheikh was expecting us, or so we thought.

It turned out that he was not.

After reaching the Ramallah police station, another group of suspicious police encircled us. There was no officer in sight. "Al-Sheikh is out at the front," we were told.

Can we wait for him? Yes, by all means.

But at that moment, my colleagues saw a procession approaching the police station.

It was the funeral for the six dead police.

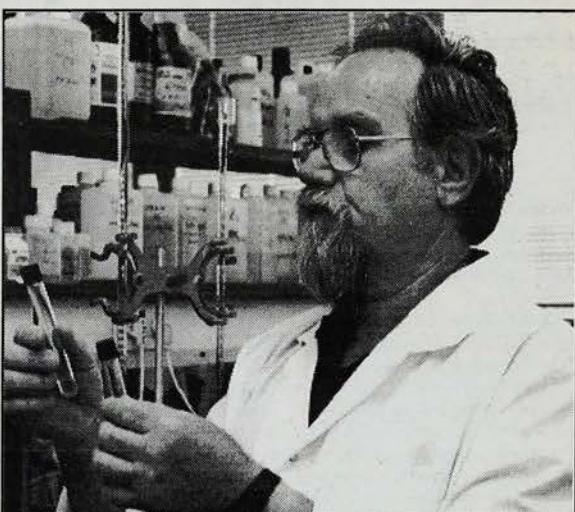
Without hesitation, we jumped in the car and sped out of town.

Half an hour later, we heard on the news that some of the mourners had grabbed rifles from the police guarding the station, and had rushed toward the front line, firing in the air.

Only then did we realize that we probably had narrowly escaped being in the center of a difficult confrontation.

This incident threw into sharp relief the sudden, dramatic collapse of new truisms.

After three years during which the Palestinians had been regarded by many Israelis as partners in the peace process, both sides had returned to their traditional role — bitter enemies.



PROF. SHMUEL YANNAI is the toxicologist at Technion responsible for developing a better way of disinfecting eggshells.

## Technion Will Make Your Omelet Safer

### Israel to Request Full Security Authority at Palestinian Airport

The operation of a Palestinian airport near Rafah was on the agenda of Israeli-Palestinian talks at the Erez Crossing on Oct. 6, *Ha'aretz* reported.

The Palestinian Authority would like to use the airport for domestic flights and flights to Arab countries, but Israel is refusing to allow its operation before reaching an agreement on security arrangements.

Israel presented the Palestinians with several security requirements including: exclusive Israeli security authority overriding all other authority; Israeli responsibility for checks at entries and exits to the airport; the ability to check all luggage and cargo; responsibility for assigning administrative positions; an Israeli director-general for the airport; Israeli capability of intervening in an event; responsibility for external security of the airport; and full control of airspace.

To prevent the possibility of exposure to salmonella infection, raw eggs are disinfected before being marketed to consumers in the United States.

A new device that uses air containing a low concentration of ozone gas has been shown to be more effective at disinfecting eggs in their shell than the conventional method of washing them with detergent and dipping them in a wax solution to seal eggshell pores.

The device was developed by Professor Shmuel Yannai at the Technion-Israel Institute of Technology, whose work will be presented at the International Egg Congress in Vienna on Oct. 16.

The danger of salmonella transmission via pathogens on the eggshell is much greater than from the inside of the egg, where only about one in 10,000 to 20,000 eggs is infected with salmonella. Much more frequently, bacteria found on the shell's surface infects the egg when it is cracked open, or when uncooked food is prepared on kitchen surfaces where eggs had been.

The current method of disinfecting eggs by dipping them in water dissolves the shell's cuticle, its external protective layer, and actually facilitates the bacteria's entry into the egg through the

porous eggshell. In addition, detergent doesn't eliminate all bacteria from the shell.

The new method, which is more economical and faster than using detergent and water, uses an "ozonator" developed at the Technion. The device generates large quantities of ozone and air mixture to oxidize bacterial membranes, thereby killing pathogens as well as bacterial and fungal spores which are immune to most other environmental factors.

Despite ozone's negative image, it is safer to use than detergent and water, Yannai stressed. The ozone treatment does not permeate into the edible parts of the egg, breaks down spontaneously within a matter of minutes to form ambient oxygen, and within 30 minutes has vanished, leaving no trace.

Eggs disinfected with ozone will reach Israeli markets in the near future.

Infection with salmonella causes stomach pain, diarrhea, fever and other symptoms in healthy people, but in babies, the immunocompromised and the elderly, it may cause severe illness and death.

The ozonator has sparked interest from egg marketing companies worldwide.

### Nationalist Threatens Jews Who Oppose Separatists

by Bram D. Eisenthal

MONTREAL (JTA) — The leader of a Quebec nationalist group has recently warned the province's Jews that they will face "confrontations" in an independent Quebec if they continue to campaign against separation.

"If there is trouble after Quebec becomes independent, nationalists will remember who was against them," said Raymond Villeneuve, leader of the National Liberation Movement of Quebec.

The comments come against the backdrop of a passionate debate among Quebecers about the Canadian province's future.

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Winners to be announced on Saturday, November 9, 1996 at 10 am. All entries must be submitted in person. Children must be accompanied by an adult. In the event of a tie, a random drawing will determine the winner.

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# ARTS AND ENTERTAINMENT

## Three Artists Explore Jewish Mysticism

Yeshiva University Museum will present the work of three contemporary Jewish artists — B.J. Goldberg, Harold Kahn and Arthur Yanoff — all of whom address the theme of Kabbalah or Jewish mysticism through distinctive styles and media.

Goldberg's portraits and Yanoff's expressionistic paintings are based on their extensive readings in Jewish mysticism. Kahn uses a minimalist approach in his sculptures of metal, wood, clay and wax, suggesting spirituality and mysti-

cism.

The exhibitions will be on view from Oct. 13 through February 1997.

Although the word Kabbalah literally means "tradition," it is a term used to refer to a secret body of mystical knowledge dating back to ancient times, mastered by a small group of scholars. Today, the visions and teachings of the great Jewish mystics are more accessible thanks to newly available English translations of many obscure Hebrew and Aramaic texts.



B.J. GOLDBERG'S "Everything Depends on Destiny" was influenced by Rabbi Elazar ben Rabbi Shimon. The medium is gouache on paper.

*Photo courtesy of Yeshiva University Museum, New York, N.Y.*

The Herald regrets the address error in the below ad that ran in the Wayland Square section of last week's Rhode Island Jewish Herald.

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And, because the esoteric writings of the Kabbalists are rich in symbolism and metaphor, they provide unlimited sources of inspiration for many Jewish artists.

Goldberg combines images and quotations to create portraits of the spiritual nature of the holy teachers of Jewish mysticism, presented as living, dynamic beings.

In particular, many of the scholars portrayed in Goldberg's works are masters of The Zohar, the central work of Kabbalah which was introduced to the Jewish world in the 13th century by Spanish Rabbi Moses De Leon.

Kahn is interested in natural processes, as well as the inherent qualities of simple materials. Because of his background in Jewish studies, he titles his works for Talmudic centers in Babylonia and Palestine, the Levites, Kings of Israel, Judah, and the Judges of Israel.

Yanoff's expressionistic paintings and watercolors are inspired by the writings of Rabbi Isaac Luria (known as "Ha-Ari," or "The Sacred Lion"), the great 16th-century Kabbalist from Safed, Israel, who was also a major influence on the Chassidic movement. Yanoff, whose work is based in direct observation of nature, visually links natural forms with Jewish ritual objects.

Yeshiva University Museum, a teaching museum whose purpose is to preserve, enrich and interpret Jewish life as it is reflected in the arts, history and sciences, is located at 2520 Amsterdam Ave. at West 185th St. in upper Manhattan. Yeshiva University Museum's exhibitions



ARTHUR YANOFF'S "The Teaching of Isaac Luria, No. 123" is made from acrylic, charcoal and pastel on canvas.

*Photo courtesy of Yeshiva University Museum, New York, N.Y.*

and programs are supported, in part, by the New York City Department of Cultural Affairs.

The museum is open year-round, except for some Jewish holidays, from Tuesday through Thursday, 10:30 a.m. to 5 p.m., and Sundays, noon to 6 p.m. Admission is \$3 for adults, and \$2 for senior citizens and children.

The museum is easily ac-

sible: by subway via #1, #9 or A train to West 181st Street Station; by bus via M101 or M101 Limited on Third and Lexington Avenues to West 185th Street; by car via all major parkways.

Parking is available on neighboring streets or in nearby commercial lots. Call (212) 960-5390 for more information.

## Video Detectives Track Wanted Titles

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Since the invention of the movie camera, 100 years ago, millions of films have been made. It is estimated that about half the movies made before 1950 have been lost. About 10 percent of those made after 1950 are active; those you can buy from many dealers. But World-Wide Videos specializes in the lost titles and the 90 percent, which are inactive and therefore hard-to-find.

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once a title becomes inactive it is rare to find it through regular dealers. World-Wide Videos circulates wanted notices to a worldwide network of 25,000 collectors from

whom they obtain most titles. If the source is in the United States, delivery takes about a month.

They also locate videos about your special interest: business, hobby, how-to, documentaries, etc. For a list of 435 topics, send \$3. All fees are applied to your next order.

Customers can reach the company 24 hours a day, 365 days a year. Call (800) 849-7309 or fax (800) 849-0873. By mail they can be reached at World-Wide Videos, Orchard Hill, Georgia, 30266-0349.

Before dialing, have your title, star or director's name, plus your credit card in hand.

## RIC Performing Arts Series Offers Sparkling Variety

Tibetan song and dance, Australian ballet, Flamenco dance, juggling as art, performances by the Muir String Quartet, and human animation, comprise a potpourri series at Rhode Island College this season.

All performances in this series are in Roberts Hall auditorium at 8 p.m., except for the Muir String performances in Gaige Hall auditorium, at 8 p.m.

Reserved seat tickets are \$18, with discounts for students and senior citizens.

The Tibetan National Song and Dance Ensemble from the snow fields of China will offer a taste of Tibet in its Oct. 17 ap-

pearance.

The Queensland Ballet, Australia's longest established professional dance company, will perform Nov. 25.

The high-energy improvisations of singer, guitarist and dancer are the hallmarks of Maria Benitez Teatro Flamenco in its Dec. 2 appearance.

International performance artist Michael Moschen brings his one-man-juggling-as-balletic-art show to the state March 1.

The theatre mask ensemble, Imago, will take the audience on a voyage to a world of live human animation where fantasy and ultra-realistic illusion are

featured in its March 11 performance.

Returning to RIC for the fourth consecutive season, the Muir String Quartet will perform the works of Bartok, Schubert, Ravel, Haydn and Brahms on three Mondays, Nov. 4, Feb. 10 and April 7.

Guest performer for the Feb. 10 show will be Hsin-Yun Huang, violist of the Borromeo String Quartet, and for the April 7 performance, Bayla Keyes, formerly of the Muir Strings, and Yeeseun Kim, cellist of the Borromeo Strings.

For additional information, call 456-8194.

# ARTS AND ENTERTAINMENT



## On Third Thursdays, We Tour

Mark your calendars — Oct. 17, Nov. 21 and Dec. 29. These will be "Gallery Nights" in Providence — evenings when you can tour the art hot spots at no expense to yourself.

The ArTrolley's (transportation for the evening) first stop is at Grace Church at 5 p.m. From there, it makes a continuous loop around the city, stopping at designated trolley points until 9 p.m. Free parking is available behind One Citizens Plaza. Watch for Gallery Prelude at M.S. United Methodist Church at 4:30 p.m., and Thomas Jefferson riding the ArTrolley.

Stops on the tour include:

Tilden-Thurber Co. at 292 Westminster St., featuring the Stanley Weiss Collection which comprises the largest offering of 18th- and 19th-century museum-quality furniture in New England, new and estate jewelry, paintings, silver and Chinese export porcelain.

The Waiting Room Gallery, 139 Mathewson St., offering contemporary American regional and Rhode Island artists, in two- and three-dimensional works, and installations.

The R.I. Black Heritage Society, Washington St. where "Slave Documents from Virginia to Vermont and Creative Survival: Black Life in 19th-Century Providence" are the current exhibits.

AS220, 115 Empire St., is an artist-owned facility which is an open, non-juried forum for local artists working in a variety of media.

Gallery Flux, 260 Weybosset St., is dedicated to contemporary works by Rhode Island artists, including paintings, prints, sculpture, jewelry, tabletop accessories and gifts.

Bert Gallery, 540 South Water St., exhibits artwork by late 19th- and early 20th-century American artists, and contemporary Rhode Island artists.

Benefit Street Gallery, 140 Wickenden St., features paintings, prints, and sculpture in a unique setting of American and European antiques.

### Betty Jean Does Gertrude Stein

A one-woman show based on the life of author Gertrude Stein has been created and will be performed by Betty Jean Steinshouer.

The program will come to four libraries in Rhode Island: Barrington Public Library on Oct. 20 at 2:30 p.m.; Westerly Public Library on Oct. 21 at 7:30 p.m.; Providence Atheneum on Oct. 22 at 7:30 p.m.; and the Redwood Library and Atheneum on Oct. 23 at 7 p.m.

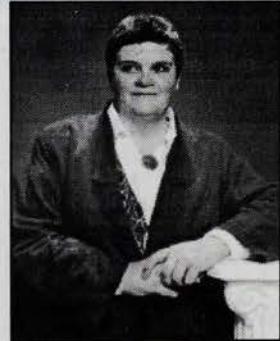
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## URI Textile Experts Conserving Ballet Costumes Painted by Matisse

Picture This Framing Center & Gallery, 158 Wickenden St., features original watercolors, pastels, prints and limited editions by Rhode Island artists, including the photography landscapes of Richard Benjamin.

JRS Fine Arts, 218 Wickenden St., offers a large selection of original art by national, regional and Rhode Island artists and Native American pottery of the Southwest.

Helianthus, 398 Wickenden St., offers a selection of pottery, paintings, glass, wood and stone, featuring the work of Loren Chen and other local and national artists.

The Peaceable Kingdom & Black Crow, 116 Ives St., displays a collection of folk art, kilims, tribal weavings, masks, musical instruments, ethnic clothing, jewelry and Native American crafts.

R.I. Historical Society, Aldrich House, 110 Benevolent St., features changing exhibitions that focus on the state's rich historical experiences. The current exhibit, "Whistles Echo on the Bay," tells the story of steamboats that were once a common sight on Narragansett Bay.

Sarah Doyle Gallery, 185 Meeting St., offers the work of area artists.

Provident Art Club, 11 Thomas St., operates two visual arts galleries — the Dodge House Gallery on street level and the Main Gallery within the 19th-century clubhouse ambiance.

CenterCity Artisans, The Arcade, 65 Weybosset St., is a showcase for Rhode Island artists offering one-of-a-kind and limited-edition fine arts and crafts, including jewelry, ceramics, art and stained glass, furniture, painting, clothing, sculpture, and more.

Picture This Gallery is in The Arcade, 65 Weybosset St.

Copacetic, The Arcade, 65 Weybosset St., offers limited edition, one-of-a-kind fine jewelry, handmade and designed by more than 130 artists, and a unique selection of handcrafted clocks and watches.

University of Rhode Island historic textile experts are restoring and conserving costumes, several of which were hand-painted with watercolors by Matisse. They are from performances directed by Russian Sergei Pavlovich Diaghilev, who is credited with forever changing ballet with his grand and colorful performances.

Margaret Ordonez, URI associate professor of textiles, fashion merchandising and design, and three graduate students, have been hired by Hartford's Wadsworth Atheneum to work on its collection of ballet costumes in preparation for an art exhibition set next year.

Ordonez said the Atheneum, the oldest continually operating art museum in the United States, chose the URI lab because of the lab's expertise in historic garment restoration, conservation and research.

Ordonez said the money from the contract pays stipends to the graduate students and allows

the department to buy equipment and supplies.

The costumes are from the Ballets Russes (or Russian Ballet), which Diaghilev founded in Paris in 1909. He enlisted artists like Matisse and Picasso to design sets and costumes.

Carol Dean Krute, curator of costume and textiles at the Wadsworth Atheneum, said that in 1933 the museum purchased 200 drawings and paintings depicting Diaghilev's Ballets Russes.

In 1968, the museum bought five Ballets Russes costumes during an auction at Sotheby's in London. In December of 1995, Krute went to London and bought 30 more costumes during a Sotheby's auction.

"The costumes were in abominable condition, they were used and abused like all theater costumes," Krute said.

She said URI will work on at least half the costumes.

The museum wants to exhibit two village maiden costumes

out of four from "The Sleeping Princess." Ordonez said one will be kept intact while two will be cleaned and stabilized. Pieces from the fourth costume will be used to repair the other two.

She said that when creditors pursued Diaghilev, the costumes were impounded and stored under a stage, where they were damaged by water.

"You have to be very cautious with the costumes, but it's a wonderful opportunity to see the garment construction and the technique used in the painting," said Dee Paskausky, a URI graduate student assistant from Groton, Conn.

Beth Eubanks, a graduate student from Marlboro, Md., said each of the graduate students have experience with historic costumes, and they work closely with Ordonez. "I am getting a chance to use all my skills," Eubanks said. "These are watercolors, and so they are soluble in water. Cleaning them will be a challenge."

## Bristol Museums Offer Free Admission

Six museums in the town of Bristol will offer free admission to Rhode Island state residents on Rhode Island Residents Day, to be held on Columbus Day, Oct. 14. Participating museums are:

• Blithewold Mansion & Gardens, 101 Ferry Road (Route 115). 253-2707.

This former summer home of a Pennsylvania coal baron features a stately 1908 mansion depicting a gracious turn-of-the-century lifestyle, and 33 acres of landscaped grounds overlooking Narragansett Bay. Mansion open 10 a.m. to 4 p.m. Grounds open 10 a.m. to 5 p.m.

• Coggeshall Farm Museum, Colt State Park (enter from Poppasquash Road). 253-9062. The museum portrays the work and lifestyles of a 1790s' coastal farm on 35 acres, displaying heirloom varieties of vegetables and herbs and rare breeds of livestock, similar to those found in the 1790s. Open 10 a.m. to 5 p.m.

• Linden Place, 500 Hope St. 253-0390. This 1.8-acre estate in downtown Bristol consists of an 1810 federal mansion and a collection of associated historic buildings. Open 10 a.m. to 4 p.m.

• Haffenreffer Museum of

Anthropology, Tower Street, Mt. Hope Grant. 253-8388. An integral part of Brown University's anthropology department, the museum contains archaeological and ethnographic materials of North America and traditional arts from around the world. Open 11 a.m. to 5 p.m.

• Herreshoff Marine Museum, 7 Burnside St. 253-5000. A collection of yachts, engines, fittings, photographs and memorabilia of the Herreshoff



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• Bristol Historical and Preservation Society, 48 Colt St. 253-7223. Artifacts and memorabilia covering 300 years of Bristol history, housed in an 1828 jail with dungeon cells. Open 1 to 4 p.m.

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Coffee or Tea/Ice Cream or Sherbet

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Choice of New York Sirloin • Prime Rib • Baked Scallops & Prime Rib  
Shrimp Scampi • Prime Rib • Baked Shrimp & Prime Rib  
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# MILESTONES

## Dr. Nicole Smith Marries Matthew Steckler

Dr. Nicole Lynn Smith and Matthew Sean Steckler were married on Sept. 7, at Twelve Acres, Smithfield, R.I. The bride is the daughter of Dr. and Mrs. Robert Smith of Barrington, R.I. The bridegroom is the son of Mr. and Mrs. Michael Steckler, of Hamilton, N.Y.

Rabbi Beverly Lerner officiated at the ceremony and Cantor Jacob Smith, grandfather of the bride, participated. A reception was held at Twelve Acres.

The bride was given in marriage by her father.

Dr. Michelle Smith, sister of the bride, was maid of honor. Bridesmaids were Sharon Smith and Danielle Smith, sisters of the bride, Sandra Steckler, sister of the bridegroom, Marci Rappoport, Rachel Rappoport and Dari Bookstein. Flower girl was Ali Weinberg, cousin of the bride, and ringbearer was Jay Weinberg, cousin of the bride.

Best men were Michael Steckler and Mark Steckler, brothers of the bridegroom. Ushers were Dalton Menhall II, Scott Whitney, William Winship, Jonathan Fox, Richard Clifford III, and Dalton Gustafson.

The bride is a graduate of the Lincoln School in Providence, and Union College in Schenectady, N.Y., and graduated magna cum laude from Tufts University School of Dental Medicine. She is presently associated with her father and sister in the practice of dentistry.

## Jewish Singles Plan to Nosh and Dance

On Nov. 10 from 7:30 to 10:30 p.m., "The Jewish 49ers" will host a dessert/social at Temple Reiyim, 1860 Washington St., Newton, Mass. The cost will be \$5, members; \$8 non-members. Dessert and beverages will be provided.

A variety of music will be played by a popular DJ for dancing. If you prefer, you may just mix and mingle.

To get to the temple, from Route 128 North or South, go to Exit 21, East (Washington St., Newton). There, follow Route 16 East (past Newton Wellesley Hospital) about 3/4 mile to Temple Reiyim.

For more information, call Roz (508) 872-1715, Susan (617) 969-5903, or Flo at (508) 877-0636.

## Fall Trunk Shows... Mark Your Calendar!

**Monday, October 14 thru Saturday, October 19**  
Christia Shearlings - finest Italian designs and finest quality-warm, lite feeling, beautiful colors- sporty and dressy styles. For men also.

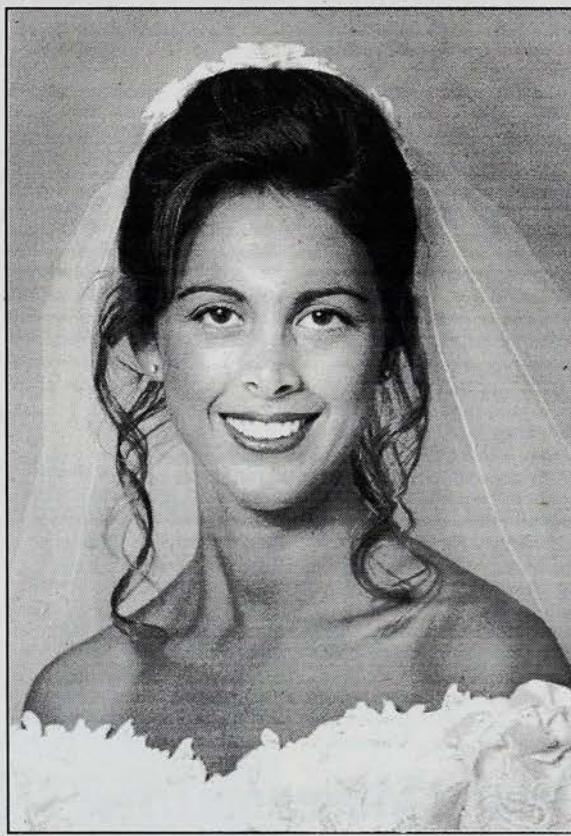
**Monday, October 21 thru Saturday, October 26**  
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Dr. Nicole Steckler

The bridegroom is a graduate of the Taft School in Waterbury, Conn., and Union College in Schenectady, N.Y. He is presently employed with the Eaton

Vance Mutual Fund Company in Boston, Mass.

The couple took a wedding trip to Aruba. They have made their home in Attleboro, Mass.

## Lecture on 'New Agenda' at Brandeis

Professor Daniel J. Elazar, president of the Jerusalem Center for Public Affairs and professor of intergovernmental relations at Bar Ilan University in Jerusalem, will outline a "New Agenda for American Jews" at the inaugural Marshall Sklare Memorial Lecture on Oct. 27 at 7:30 p.m.

The talk will be held in the Rapaport Treasure Hall at Brandeis University in Waltham, Mass. The event is free and open to the public. For more information, call (617) 736-2977.

## Moynihan to be Honored with Brandeis Medal

New York Sen. Daniel Patrick Moynihan, said to be the only person in American history to serve in four successive administrations, will be honored by Brandeis University at a special ceremony on Oct. 16 in New York's Waldorf-Astoria hotel.

Moynihan, the ranking minority member of the Senate Committee on Finance, will receive the Louis Dembitz Brandeis Medal for Distinguished Legal Service.

At the same event, Richard D. Katcher of New York, partner in Wachtell, Lipton, Rosen & Katz, will be presented with the Brandeis Distinguished Community Service Award.

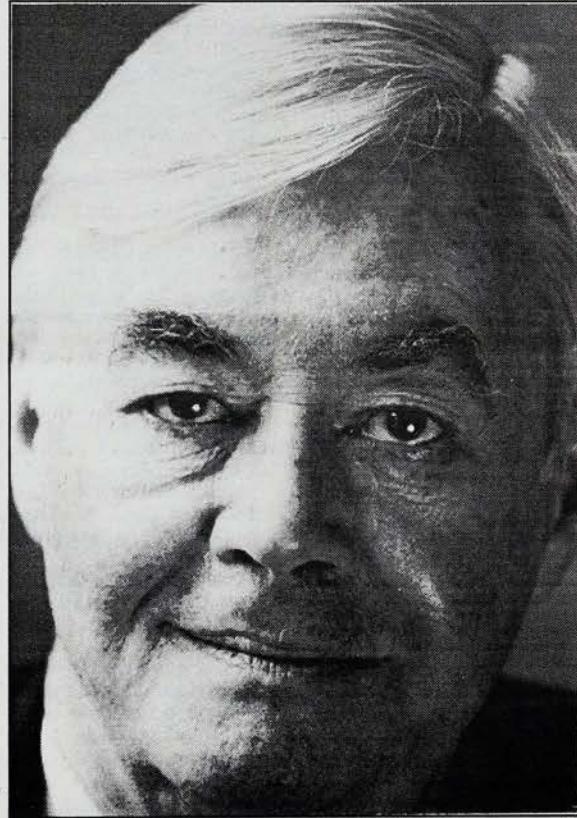
Moynihan was a member of the cabinet or sub-cabinet of Presidents Kennedy, Johnson, Nixon and Ford. His long and

distinguished public service career includes stints in the 1970s as U.S. ambassador to India and U.S. representative to the United Nations.

He was elected to the Senate in 1976, and re-elected in 1982, 1988 and 1994.

Moynihan, who was born in 1927, became director of the Joint Center for Urban Studies at MIT and Harvard in 1966. He earned his B.A. and Ph.D. at Tufts University and has taught government at Harvard.

The Brandeis Medal is presented to individuals whose public service has been exemplary. Past recipients include: Sen. Joseph Lieberman, Supreme Court justices Harry A. Blackmun and William J. Brennan; and former New York Gov. Mario Cuomo.



Sen. Daniel Patrick Moynihan

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**FEATURE**

# Mama, Mrs. Senora and Me Ridiculous Title, Nice Book

## An Autobiography

### Part One of Three Parts

by Florence Zinn Krantz

The time was the spring of 1916. My sister, Elsa, was 7 years old and in the second grade and I, Fanya, was three months away from my 5th birthday. I would be entering kindergarten in September and so I was home all day.

We lived on South Main Street in three small rooms in back of Mama's store, which had been converted by the landlord from the front parlor. It was a shabby street; the houses of six flats each seemed to lean precariously toward each other, separated only by a narrow alley lined with back doors. The flats rented for \$8 to \$10 a month; they were lighted by kerosene lamps and heated by coal.

The other preschool children and I wrote on the sidewalk with chalk, and played jacks, hopscotch and other street games. We found happiness and excitement there. There was no other life... not a blade of grass nor a tree.

Somewhere, in the distance, under the same sky but far away, there was a war on. There were posters on the lampposts and fences of a bearded man in red, white and blue wearing a high hat pointing his finger right at you. "Uncle Sam Needs You!" Elsa read.

Papa explained what the words meant and I presumed that Papa would go to fight the Germans who were bad. We were told that they killed people and dangled babies at the end of their bayonets.

I asked Papa if I could go with him to join the army.

"Don't be a dummy," Elsa said. "They don't take little girls." Elsa was so smart; she knew everything.

Papa worked in a mill, examining cloth. He coughed a lot. He was short and gentle, and saw good in everyone. Some times he couldn't work because he was sick. Once, for a few weeks, the mill was shut down and the men didn't get paid. I heard Papa tell Mama that they were changing over to make cloth for uniforms for the soldiers and then there would be plenty of work.

Mama responded tiredly "Your luck, you'll get sick and when other men are bringing home big pays, you'll have to borrow money from your sisters."

Papa wouldn't answer but just put on his jacket and go for a walk, and I would run after him and hold his hand.

Many years later I learned that Papa had been put to work

at the age of 9 in a bristle factory in Lithuania, where he was born, and there his lungs were irreparably damaged.

Mama's "gesheft" (business) was a small candy and grocery store where she sold on credit to families as poor as we were. It was Mama's third attempt to augment Papa's meager wages. The others were abject failures.

This location had been chosen by the matriarchal Tante Sarah, a property owner who assured Mama that this store on South Main Street would be a "gold mine." However, the goldene medina did not materialize for us.

Most of the day, trade was slack enabling Mama to do her sewing, housework and cooking, but twice a day she did a rushing business selling candy to the children who were going to or from school. There were many choices for the youngsters, all in a glass case on the counter. Mama had no patience waiting for the great decisions of her customers as to how they would spend their pennies. Sometimes two children in a family had to share one penny, which meant buying something that cost two for one cent. This usually resulted in an argument, i.e.: "You chose yesterday; it's my turn today."

Somewhere, in the distance, under the same sky but far away, there was a war on. There were posters on the lampposts and fences of a bearded man in red, white and blue wearing a high hat pointing his finger right at you. "Uncle Sam Needs You!"

From what I have been told, I was a pixieish, voluble, eager child, anxious to please, anxious to learn, with my little world spread before me in a colorful panorama of sight and sound. I was the particular pet of Millie and Helen, two pretty sisters ages 14 and 16 who lived on the second floor. They neither went to school nor worked.

Mama was delighted to get me out of the store until she learned that they were not nice girls, and then she forbade me to go on our daily walk, when they would buy me an ice cream cone.

"Why can't I go, Mama?"  
Their mother is a courvir (prostitute) responded Mama

"and the girls are no better."

Indeed, the two sisters would go down to the piers and come back with the young merchant seamen whom they would ply with cheap wine, and then empty their pockets of money.

The father's role in this nefarious trade would be to get the victims down to the street again and headed back to the waterfront. There were fist fights, blood and much screaming. I would stand trembling behind the shade pulled down on the door to the store, knowing something wrong was happening, and yet I was fascinated.

One day a drunken sailor heaved a rock through the window of our store. Mama called for the police; the wagon came — the Black Maria — and to Mama's mortification the whole street watched silently while the disheveled mother and her screaming daughters were dragged down the steps and taken away.

They returned during the night to remove their few belongings. Mama ran after them to demand payment for the window (Papa would have no part of it) but they only screamed epithets at her.

At the time of which I am writing, Mama was 35 years old. She had beautiful white, translucent skin, blond hair and blue eyes and a thin, aristocratic nose. She was slender, and always immaculate even in her house-dress.

In the melting pot of the Providence waterfront she was often mistaken for a Scandinavian.

I took after Mama with almost white hair and blue eyes and was called a "little Swede." Elsa, who took after Papa had dark curly hair that Mama combed into corkscrewcurls, to the accompaniment of Elsa's screams.

In describing her daughters, Mama tended to be factual; saying that Elsa was the pretty one, an indisputable fact.

"What if Fanya hears you say that?" Miss Gilbert, Elsa's teacher asked, but Mama was unaware of psychological traumas such as sibling rivalry, rejection, and all the other feelings that might damage a child's psyche. Mama replied, "Fanya is the smart one." Truthfully I would rather have been pretty than smart, but it didn't bother me much then. I was a happy child.

by Alison Smith  
Herald Editor

Books of poetry put out by small publishers, like Blue Mountain Press in Colorado, are sometimes so obscure and deep only the poet and the editor understand them—or, they maybe greeting-card simple. But not this one.

But *Too Wise To Want To Be Young Again*, by Natasha Josefowitz, Ph.D., is burdened with a Rebecca of Sunny Brook Farm title. Anyone over 50, when the night is dark and they are being honest, would assume that someone about 30 years old thought that one up. Actually, it's taken from the least authentic poem in the book.

The truth is, that every passing year, the average person over 50 loses a little ground and becomes a little more handicapped (excuse me — challenged).

I used to get out of cars without even thinking about it. One minute I'd be turning off the ignition, the next I'd be crossing the sidewalk to the store entrance.

Now I have to swing my legs around till my feet touch ground, grab hold of something solid with both hands, and yank myself to a standing position—and it hurts! So—tell me this is an improvement. Tell me this makes me a happier, wiser, sweeter person. Ha!

Also—what's with the baby blue or melon pink page coloring in this book? It makes you appreciate a good quality white page that puts the words out there for you, and falls away behind them, unobtrusively.

Once you get past the schmaltz, the poems (all except for *The Best Is Yet To Come*) have something going for them—honesty, humor, and the relief of talking with someone who can relate.

### Why Should I Worry?

The young people don't worry when they...

don't remember their best friend's name,  
lose their car keys twice a week,  
can't find their wallets, misplace their glasses,  
walk into a room and don't know what it was they were looking for,  
forget their own phone number,  
can't think of a common word they use every day,  
can't recall what they just read or what someone just said,  
lose the list they wrote of things to remember.  
The young people just shrug their shoulders, but people my age think they have Alzheimer's disease.

\*\*\*

### These Are The Years of Living Dangerously

I drank milk the day after its expiration date,  
I talked to the bus driver while the bus was in motion,  
I undid my safety belt before the plane came to a complete stop,  
I did not brush my teeth before going to bed,  
I went out without my umbrella even though they predicted rain,  
I took off the tag on my pillow that says "Do not remove",  
I walked where it said "Do not step on the grass",  
I took my dog out without a leash,  
I washed a garment that said "Dry clean only".

(Continued on Page 20)

## Lighthouse Promotions

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# OBITUARIES

## KELYA KRAVETS

PROVIDENCE — Kelya Kravets, 71, of 150 Dartmouth St., Pawtucket, died Sept. 30, at Rhode Island Hospital. She was the widow of Grigory Kravets.

Born in the Soviet Union, she was a daughter of the late Leib and Leah (Rabin) Vexler. She had lived in the Soviet Union until moving to Pawtucket six years ago.

She graduated from medical school and practiced medicine in Russia for 35 years.

She leaves a son, Leonid Kravets of Pawtucket; a daughter, Ludmila Mirochnik of Providence, and a grandson.

The funeral service was held Oct. 2 at Mount Sinai Memorial Chapel, 825 Hope St., Providence. Burial was in Lincoln Park Cemetery, Post Road, Warwick.

## MELVIN LEVITT

PROVIDENCE — Melvin Levitt, of 3671 Hudson Manor Terrace, Riverdale, N.Y., a lawyer practicing for 47 years, died Sept. 27 in Rhode Island Hospital. He was the husband of Vivian (Ash) Levitt.

A lifelong New York resident, he graduated from City College of New York, Brooklyn Law School and New York University Law School, where he received his LLM in labor law.

He was an Army Air Corps World War II veteran, serving as a staff sergeant and stationed in Alaska.

Besides his wife, he leaves a son, Russell Levitt of New York City; a daughter, Carla Spacone

of Providence, and two grandchildren.

The funeral was held Oct. 4 from Max Sugarman Memorial Chapel, 458 Hope St., Providence. Burial was in Sharon Garden Cemetery, Valhalla, N.Y.

## PHILIP SWARTZ

JUPITER, Fla. — Philip Swartz, husband of Marilyn (Botvin) Swartz, passed away suddenly on the morning of Sept. 30 at Jupiter Hospital in Jupiter, Fla.

Born in Providence, R.I., a son of the late Louis and Ethel (Trutt) Swartz, he lived in Providence and Pawtucket for most of his life.

He was associated with Colonial Motor Sales in Providence for 34 years before retiring to Florida in 1979. While living in Rhode Island, he was a member of Crestwood Country Club, Temple Beth-El, Redwood Lodge and The Touro Fraternal Association.

Prior to his move to Jupiter, Fla., he was a member of The Fountains Country Club in Lake Worth where he lived for 17 years. One of his proudest accomplishments was his pair of holes-in-one at The Fountains.

Besides his wife, he is survived by twin daughters, Ina Sandrew and Janice Lightman; a brother, Leo Swartz; a sister, Sylvia Berk; and grandchildren, Rachael, Stacey and Mark.

Memorial services were held at The Menorah Gardens Chapel in West Palm Beach, Fla., on Oct. 2.

## A Guide to Blessings

It is customary to put a few coins into a Tzedeka Pushka (Charity box) before lighting the candles.

### BLESSINGS FOR SHABBOS

BO-RUCH A-TOH ADO-NOI E-LO-HEI-NU ME-LECH HO-OLOM A-SHER KI-DE-SHA-NU BE-MITZ-VO-SOV VI-TZI-VO-NU LE-HAD-LIK-NER SHEL SHA-BOS KO-DESH  
Blessed are You, G-d our Lord King of the Universe who has hallowed us through His commandments, and has commanded us to kindle the lights of the holy Shabbos.

### BLESSINGS FOR HOLIDAYS

Select the proper ending for the appropriate Yom Tov:

Boruch Ato Ado-noy Elo-hay-hu Melech Ho-olam

A-sher Kid-shonu B'mitz-vo-soy Y-Tzi-vonu

L'had-lit Ner Shel

(on Friday add — Sha-bos v-shel)

Pesach, Shavuot, and Succos: Yom Tov

Rosh Hashanah: Yom Ha-zi-Koros

Yom Kippur: Yom Ha-Kippurim

Add this blessing following each of the above blessings:

except for the last Holidays of Pesach.

Boruch Ato Ado-noy Elo-hay-nu Melech Ho-olam

She-heh-Che-yunu V'keem-a-nu V'hee-gee-o-nu

Leez-man-Hazeh.

**Special Instructions for Holidays (But not on Shabbat).** It is forbidden to create a new fire by striking a match, lighter, etc. However, it is permissible to use a flame already burning since before the inception of the holiday, such as a pilot light, gas or candle flame.

### CAUTION FOR FRIDAYS:

**DO NOT** light candle after sunset so as not to desecrate the Shabbos. It is forbidden to light the candles after sunset.

\*Spaces marked by asterisk denote Holiday schedule. Candlelighting time for the second night of the Holiday is usually about one hour after the candlelighting time of the previous night.

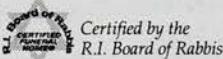
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## October is Lupus Awareness Month

Systemic lupus erythematosus (lupus) affects an estimated 131,000 Americans, and almost 90 percent of those affected are women, according to the Arthritis Foundation.

The month of October is Lupus Awareness Month, and the Arthritis Foundation is encouraging women to find out as much as possible about this disease.

Lupus is a form of arthritis that can damage joints, muscles, skin, kidneys, nervous system, lungs, heart and blood-forming organs. The cause of this disease is unknown, but doctors and scientists agree that lupus is an autoimmune disease, meaning that it is directed against one's own body tissue.

"There is no uniform pattern of symptoms at the onset of lupus," said Dr. Harold M. Horowitz, rheumatologist. "Fever, weakness, fatigue, or weight loss may be among the first signs of illness, and a skin rash may appear on the face, neck or arms. Another early sign of lupus may be joint pain in the hands, wrists, elbows, knees or ankles."

As lupus is sometimes difficult to diagnose, it is important to see your doctor as soon as you

think something is wrong. He will ask questions, do a complete physical exam and perform certain tests. For example, a blood count is done to see if you have too few red cells, white cells or platelets. Also, if your doctor thinks you have lupus, a blood test will be done to determine if you have a type of antibody that is found in the blood of almost all people with lupus.

The treatment program for lupus includes taking medications, getting rest when the disease is active, and being careful about sun exposure.

"Because lupus is an unpredictable disease, finding the right balance of treatment may take time, but it is very important," Horowitz said. "Once an effective treatment program has been started, continue its faithfully. If your symptoms change, let your doctor know so that you can work together to modify your program."

For a free brochure about lupus, contact the Arthritis Foundation at 434-5792, or write: The Arthritis Foundation, 37, North Blossom St., East Providence, or visit <http://www.arthritis.org> on the World Wide Web.

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**CLASSIFIED****Time Line**

(Continued from Page 1)

- April 11, 1996 — Israel launches "Operation Grapes of Wrath," a series of air assaults and raids on Hezbollah targets in Lebanon, in retaliation for the fundamentalist group's repeated Katyusha rocket attacks on northern Israel. Seven days later, Israel shells the Kana U.N. camp in southern Lebanon, killing at least 91 refugees. A cease fire goes into effect on April 27.

- April 24, 1996 — The Palestine National Council votes to amend those portions of the charter that call for the destruction of Israel.

- May 29, 1996 — Israelis narrowly elect Likud leader Benjamin Netanyahu as prime minister.

- June 22–23, 1996 — Egypt hosts the first Arab League summit in six years to develop a united front against the new Netanyahu government's approach to the peace process.

- July 23, 1996 — Israeli Foreign Minister David Levy meets with Arafat in what is the Palestinian Authority leader's first meeting with a senior official in the Netanyahu government.

- Sept. 4, 1996 — Netanyahu meets with Arafat. Both sides agree to discussions on redeployment from most of Hebron, the last West Bank town to be turned over to the Palestinians.

- Sept. 25, 1996 — Palestinian rioting erupts in response to the opening of a new entrance to an ancient tunnel alongside the Temple Mount in Jerusalem's Old City. In three days of violence, 15 Israelis and 57 Palestinians are killed, most of them during exchanges of gunfire between Israeli soldiers and Palestinian police. Hundreds of people are wounded.

- Oct. 1, 1996 — U.S. President Clinton convenes an emergency Middle East summit meeting in Washington to salvage the Middle East peace process. In attendance are Netanyahu, Arafat and Jordan's King Hussein. Egyptian President Hosni Mubarak declines to attend.

- Oct. 2, 1996 — Netanyahu and Arafat meet privately, in second day of talks at the White House, after chilly symbolic handshake on Oct. 1.

- Oct. 3, 1996 — Netanyahu expresses satisfaction after two-day meetings. Arafat expresses deep disappointment. Talks to resume on border on Oct. 6.

- Oct. 4, 1996 — Upon his return to Israel, Netanyahu begins reducing concentration of force on West Bank and Gaza Strip. Arafat meets with other Arab leaders, demands implementation of previous commitments.

- Oct. 6, 1996 — Talks resume at Erez checkpoint, Secretary of State Warren Christopher present. Netanyahu said recent gun battles change Hebron timetable. Palestinians "will not reopen signed agreements..." according to Saeb Erekat, lead Palestinian negotiator.

- Oct. 7, 1996 — West Bank curfew lifted.

- Oct. 8, 1996 — Netanyahu opens winter session of Parliament with accusation that Palestinians are destroying peace process.

**Timeless Tex**

(Continued from Page 1)

Another reason for the spate of new books is rooted in an attempt on the part of liberal religious intellectuals "to rescue something of the Judeo-Christian tradition from the religious right," said Peter Pitzele, author of *Our Fathers' Wells: A Personal Encounter With the Myths of Genesis*.

Most of the Jewish authors of these new mass-market interpretations are not Orthodox. Most are religious in the liberal sense, though some describe themselves as secular.

Yet they are interpreting the Torah not from a scientific-historical perspective, but from a place that views the Bible as a source of great truth and wisdom which belongs to them, as Jews, in a deep and intimate way.

Many of the authors of these new commentaries and translations grew into adulthood in the 1960s, an era that gave birth to an egalitarian ethic, a sensibility that questions every presupposition and strives to make accessible to individual people what once may have been remote or opaque, or obscure without rabbinical explanation.

The era also saw the development of contemporary feminism, which opened up religious tradition to the questions and interpretations of women.

These forces gave people permission to bring their knowledge of psychology, literature, linguistics, philosophy and anthropology to their reading of Torah.

As a result, the new Bible interpretations depart from those that preceded them, and are truly deconstructions and reconstructions of Torah.

"The deconstructionist movement has affected everyone," Pitzele said. Today, there is a new "willingness to look at the unfinished and shadowy sides of our culture, and the Bible is really rich for that."

In the preface to her book, *The Beginning of Desire: Reflections on Genesis*, Avivah Gottlieb Zornberg, a popular Jerusalem-based teacher of Torah, wrote, "To understand Isaac, Sarah and Rebecca through a Freudian reading of Rashi is, of course, to re-understand ourselves."

In her explanation of Genesis, Zornberg, who is observant, wove together Aristotle and Kafka, Shakespeare and Yeats. She cited the theologies of religious thinkers as diverse as Rabbi Yitzhak Hutner, Martin Buber and Paul Tillich.

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Genesis in particular is the focus of so much attention because its players and themes resonate deeply with readers today, say the authors of the new commentaries and other teachers of Torah.

The Bible's first book can be read as "an ugly little soap opera about a dysfunctional family," wrote Visotzky in his new book.

After all, the first book of the Bible contains plot lines that would make writers for "Melrose Place" blush.

A jealous woman orders her husband's mistress and her child to leave town. Two sisters sleep with their father. One brother cheats another out of his inheritance. And a father, believing he is hearing the voice of G-d, convinces his son to follow him up a mountain and then takes a knife to his throat.

The book also contains the kinds of quandaries people face more routinely: infertility, envy, greed and loneliness.

*See page 20 for new books on this subject.*

**CCRI Craft Show Planned**

The Community College of Rhode Island in Warwick will hold its second annual Holiday Arts and Crafts Expo on Nov. 23 and 24, from 10 a.m. to 5 p.m.

Admission for adults will be \$3, but children under 14 are free. Hundreds of unique items for the gift-giving season will be displayed, including jewelry, fine art, photography, woodworking, dolls, toys, furniture, clothing, gourmet foods, glassware, pottery, and more.

Take exit 11 (295) off Route 95 North, then exit 1 onto Route 113 West. Continue straight to the campus entrance.

Or, take exit 12 off Route 95 South bear left at fork to 113 West, then continue straight to campus entrance.

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## Get a Good Lawyer

This is another article in a series highlighting estate planning concepts.

**Q: Why is knowledge of the impact of divorce useful in estate planning?**

Divorce may invalidate all or a portion of a will executed prior to the divorce, and in many states it will void the beneficiary designation of the ex-spouse in any insurance contract.

Your estate may now be subject to significant estate taxes because your estate plan was based upon the unlimited marital deduction, split gifts, taking full advantage of your spouse's unified credit and \$1,000,000 generations skipping transfer tax exemption, and utilizing the low premium Survivor UL.

**Q: What estate planning steps should you take concerning a divorce?**

1. Make sure that you and your spouse each have an attorney who specializes in divorce law.

2. Acquire as much information as possible on the divorce law in your state and how it affects wills, insurance beneficiary designations, and contracts.

3. Increase the amount of insurance protection to cover the increased estate and GST taxes caused by the loss of the following: marital deduction, split gifts, and use of your spouse's unified credit and GST exemption.

4. Make appropriate adjustments in the beneficiary designations and ownership arrangements on all your insurance and disability contracts. Determine if your ex-spouse will need to be a beneficiary on your policy after the divorce.

If you are responsible for alimony or child support (including college funding) until the children reach a certain age, you can make the ex-spouse an irre-

vocable beneficiary of a steadily decreasing amount.

**Example:** Prior to your divorce, you are the insured/owner of a \$500,000 EXCEL 5 contract with your wife as the primary beneficiary and your two children (ages 6 and 8) as the contingent beneficiaries.

The divorce decree requires you to provide monthly child support of \$1,500 until your youngest child reaches age 21 and monthly alimony of \$750 for the same 15-year period.

To guarantee that these funds will continue to be paid in the event of your death, the decree requires that these obligations be covered by life insurance. You designate your ex-wife as the irrevocable beneficiary of \$405,000 (\$2,250 x 12 months x 15 years) decreasing by \$2,250 per month until her share is zero 15 years from now.

5. If you had the Policy Split Rider on your survivor UL, then you may want to exercise that option and split the contract into two individual policies.

If you don't have this rider or if you wish to still take advantage of the low cost of Survivor UL, you may continue the contract even after divorce.

6. Execute a new will and make appropriate changes to your revocable trust, property ownership, and contracts.

**Q: Who pays the life insurance premium?**

The trustee of your irrevocable life insurance trust should be the premium payor as well as the applicant, owner, and beneficiary. It is even more expedient to use an irrevocable trust after a divorce because of the loss of the marital deduction.

When executing a trust, make sure it gives the trustee discretion to purchase and pay for insurance, and exercise all the ownership provisions, so that the trustee is equipped to adjust

the insurance program if a divorce occurs.

**Q: What about prenuptial planning?**

During prenuptial planning, the fiancé may wish to have the added security of being the owner/beneficiary of your policy. You may be concerned that in the case of divorce you would never regain the ownership, and this could be a serious problem if you are rated or uninsurable.

As a compromise, you place the contract into an irrevocable trust which provides a life income to your spouse until divorce or separation, at which time the children become the primary beneficiaries.

If you don't want to lose control over the policy, you could transfer the insurance to a revocable trust, which provides that you can only revoke the trust if either your spouse consents or if there is marital disharmony.

To satisfy your fiance, you could make her the trustee with no power to terminate or modify the insurance.

**Submitted by Lawrence M. Halperin and Marvin William Lax of Halperin & Lax.** In their monthly column they will answer questions about life and disability insurance and investments. Mail questions to: 335 Centerville Road, Warwick, R.I. 02886-9990 or call 738-2350.

## New Sources of Light on Old Texts

*Genesis: Translation and Commentary*, by Robert Alter. Norton.  
*In the Beginning: A New Interpretation of Genesis*, by Karen Armstrong. Knopf.

*Self, Struggle & Change: Family Conflict Stories in Genesis and Their Healing Insights for Our Lives*, by Norman Cohen. Jewish Lights.

*The Five Books of Moses*, translated by Everett Fox. Schocken.

*Reading Ruth: Contemporary Women Reclaim a Sacred Story*, edited by Judith Kates and Gail Twersky Reimer. Ballantine.

*Our Fathers' Wells: A Personal Encounter With the Myths of Genesis*, by Peter Pitzele. HarperSanFrancisco.

*Genesis: As It Is Written*, (essays by novelists and poets), edited by David Rosenberg. HarperCollins.

*Wrestling With Angels: What Genesis Teaches us About Our Spiritual Identity, Sexuality and Personal Relationships*, by Naomi Rosenblatt and Joshua Horwitz. Delta.

*Exploring Exodus: The Origins of Biblical Israel*, by Nahum Sarna. Schocken.

*The JPS Torah Commentary Series*, general editors Nahum Sarna and Chaim Potok. Jewish Publication Society.

*The Genesis of Ethics*, by Burton Visotzky. Crown.

*The Beginning of Desire: Reflections on Desire*, by Avivah Gottlieb Zornberg. Doubleday.

## Mountain Climber to Speak at the Marine Museum

Mark Pfetzer, a 16-year-old resident of Middletown, whose recent second attempt to climb Mt. Everest was thwarted by a blizzard, will be at The Marine Museum at Fall River on Oct. 17 for a presentation on his worldwide mountain climbing adventures.

Pfetzer was the youngest person to scale Cotopaxi, a volcano in Ecuador, at age 15. He has also conquered Argentina's Aconcagua in the Andes, the highest peak in the Western Hemisphere, as well as two

peaks in Peru.

The cost of tickets for this event is \$10 which includes dinner that will be served at 6 p.m. Due to limited dining capacity, advanced reservations are required by Oct. 15.

Call the museum at (508) 674-3533. The slide narrative will start at 7 p.m. and admission for just that part of the program is \$5.50.

The Marine Museum is located at 70 Water St., Fall River, and has ample parking facilities in the immediate area.

## Stoppard's 'Arcadia' Staged at Brown

Tom Stoppard's comedy, "Arcadia," will be presented by Brown University Theatre for two weeks, Thursday through Sunday, Oct. 24 to Nov. 3, in Stuart Theatre each evening at 8 p.m., except for the Nov. 3 production which will be a 3 p.m. matinee.

Winner of the 1994 Olivier Award, "Arcadia" moves back and forth between centuries, exploring the nature of truth and time; the difference between classical and romantic temperament; and the disruptive influence of sex in our lives.

## Ridiculous Title

(Continued from Page 17)

I picked a flower  
in someone else's garden,  
I live dangerously.

\*\*\*

I was reminded of Janis Joplin's definition of freedom — "nothing left to lose."

The author is a remarkable woman who has written four non-fiction books, six books of humorous verse, and numerous magazine articles for professional or prestigious journals. She has appeared on "Late Night America," "The Dr. Ruth Show," "All Things Considered," and the "Larry King Show."

She has spoken before executives at General Motors, General Dynamics, IBM International, the New England Bar Association, the UCLA Graduate School of Management and the National Association of Women Judges.

She serves on the boards of the Scripps Institute of Cancer Research, the San Diego Symphony Orchestra, the National Training Laboratory Institute of Applied Behavioural Sciences, etc. and has received more awards and honors than we have room to list.

This is some powerful lady. The book is available from Blue Mountain Press, P.O. Box 4549, Boulder Colorado. 80306.

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