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Story Time

JCCRI campers listen quietly to a story at the end of a long day of activities.

Herald photo by Tara V. Liscianaro

Save the Bay Gets a Boost From Vermont's Finest

by Sara Wise
Herald Editor

With a lot more ties than tie-dyes in the audience, Ben Cohen and Jerry Greenfield (more commonly known as "Ben & Jerry," makers of "Vermont's Finest" ice cream) presided over a sold-out fund-raiser for the local environmental organization Save the Bay on Aug. 9. The event, which raised \$55,000 for environmental education programs, was hosted by Senator and Mrs. Claiborne Pell at their elegant home in Newport.

The two ice cream entrepreneurs who have perfected the art of "hippie chic" may have been underdressed for the Newport scene, but were nonetheless a big hit as they danced around, took photos with guests and passed out Peace Pops clad in their signature T-shirts, shorts and Texas.

Guests at the Octopus' Garden Party entered a magical underwater world of swaying eelgrass and floating fish. Decorative sea horses, sharks, sand dollars and mermaids hung from the top of the tent while musi-

mont-based partners are known for their progressive management style and philanthropic endeavors.

Ben and Jerry's Homemade Inc. gives away 7.5 percent of its pre-tax earnings through corporate grants, employee community action teams, and the Ben and Jerry's Foundation. They also sponsor cultural events, like the Newport Folk Festival, and annual Free Ice

"There are certainly Jewish undercurrents in the way we work in terms of values and social responsibility."

Jerry Greenfield

Cream days at their shops throughout the country.

In 1988, they received the Corporate Giving Award from the Council on Economic Priorities. Ben Cohen is a founding member of "Businesses for So-

Albright Talks Tough to Arafat

by Matthew Dorf

WASHINGTON (JTA) — The United States will back Israel's suspension of political talks with the Palestinians until they clamp down on terrorism.

This was the message U.S. Secretary of State Madeleine Albright delivered in her first speech on the Middle East as America's top diplomat.

"It is simply not possible to address political issues seriously in a climate of intimidation and terror," Albright said at the National Press Club.

At the same time, the policy does not signal smooth sailing for Israel.

Albright also hinted that if and when Israeli-Palestinian talks resume, the United States would back the Palestinian demand to halt Israeli building in eastern Jerusalem and the West Bank.

"The principle of refraining from unhelpful unilateral acts is central to maintaining mutual confidence," she said.

"It is fair to ask: How can you create a credible environment for negotiation when actions are being taken that seem to predetermine the outcome?"

But Albright directed the bulk of her hastily arranged policy address at Yasser Arafat and his Palestinian Authority, warning that a total crackdown on terrorists and renewed security cooperation with Israel must come before the United States would support reconven-

ing long-stalled peace talks.

"There is no place in the peace process for violence or terror, and there is no room for using security cooperation as leverage in a negotiation," said Albright, who because of the crisis in the Middle East changed the focus of her planned address from Asia.

The political situation has taken on a new urgency in the wake of the recent suicide bombing in a Jerusalem market that claimed 13 Israeli victims.

"There is no place in the peace process for violence or terror."

Madeleine Albright

Already tense relations between Israel and the Palestinians hit rock bottom as the two sides traded vehement rhetoric and cut off virtually all contact.

Albright, who stuck to a prepared text read from a Tele-Prompter, issued her challenge to Arafat in at least seven different ways during her half-hour speech.

Sporting a gold pin of what many thought looked like a soaring dove, Albright offered to travel to the Middle East to work at accelerated final-status talks if Arafat makes "a 100 percent effort" against terrorism.

In referring to final-status

talks, Albright suggested that it would be easier for the parties to overcome setbacks and avoid distraction if the Interim Agreement is "married" to accelerated final-status talks.

Israeli Prime Minister Benjamin Netanyahu has suggested moving right to final-status talks, which are supposed to address the issues of borders, settlements, refugees and Jerusalem.

To Israel, the Clinton administration is expected to indicate its concern over further construction in eastern Jerusalem and the West Bank.

But the administration's main message is to the Palestinians.

"There can be no winks, no double meanings and with respect to the imprisonment of terrorists, no revolving doors," Albright said.

"Nor can the level of security cooperation ebb and flow with the ups and downs of negotiations. The Palestinian commitment to fight terror must be constant and absolute.

Furthermore, she said, "there is no moral equivalency between suicide bombers and bulldozers, between killing innocent people and building houses."

Albright drew high marks from Jewish officials whom she had briefed during a conference call only hours before her speech.

(Continued on Page 15)



Ben Cohen (left) and Jerry Greenfield (right), co-founders of Ben & Jerry's Ice Cream. Photo courtesy of Ben & Jerry's Homemade Inc.

cians dressed in puppet costumes played jazzy music.

Jerry Greenfield, a Save the Bay trustee, said that he was glad to be able to help Save the Bay in their mission to protect and restore Narragansett Bay. "I think what they do is terrific," said Greenfield. "I'm happy to be able to support them."

Ben and Jerry were in Rhode Island for the Newport Folk Festival which they have sponsored for the past eight years. The Ver-

monetary Responsibility," an organization that works to promote socially responsible business practices. He is also active in "Business Leaders for Sensible Priorities," a group that mobilizes business leaders' expertise to redirect U.S. federal budget priorities away from Cold War military spending levels and towards meeting basic human needs.

"There isn't a direct religious connection to what we do, but

(Continued on Page 15)

HAPPENINGS

12th Annual Quilt Show

The 12th annual Quilt Show at the South County Museum will be held Aug. 15 to 17. Show hours are Friday 10 a.m. to 4 p.m. and 6 to 9 p.m., Saturday and Sunday 10 a.m. to 4 p.m.

More than 150 antique and contemporary quilts will be hung throughout the museum's main exhibit building and prizes will be awarded based on the attending public's votes.

According to Denise Brindamour, show chairperson,

this quilt show is regarded as the finest in southern Rhode Island. Experienced quilters will be on hand to answer questions and to enroll new quilters.

Admission to the show is \$3.50 adults, \$1.75 for children 6 to 16 years old. Children under 6 and members are free.

The South County Museum is located on scenic Route 1A, Narragansett. The entrance is opposite the Narragansett Town beach pavilion. The museum is handicap accessible.

Sisterhood Yard Sale

Congregation Agudus Achim's Sisterhood (Taunton, Mass.) is having its annual yard sale on Aug. 24 from 9 a.m. to 2 p.m. Volunteer some of your time for this fund-raising event.

You can come and help set up in the morning, or you can help during the day. You can also come at the end of the day and help clean up. The yard sale will take place at 133 High St., Taunton, at the Community House. Call Elaine Lacritz, (508) 822-4362, or Kathy Novick, (508) 822-2635, for more information.

'Run to the Rock' Road Race

Runners of all ages and abilities are invited to join in the third annual Plymouth Savings Bank "Run to the Rock" road race, held on Sept. 6 at 10 a.m. The race consists of a 5K run/walk, 10K race and 1/2 marathon.

Prizes and awards will be given during the racer's barbecue following the event. All proceeds benefit the North Plymouth Neighborhood Watch. Registration is \$10 prior to Aug. 29. For information, call (508) 747-1627.

Walk Along The Lock

Join with a National Parks Service Ranger on Aug. 17 for the Millville Lock Walking Tour. Hike along the old New York and New England trail to visit the Millville Lock on the historic Blackstone Canal. Continue along the Triad Bridge overlooking the Blackstone River.

This tour gives an interpretive look at the Blackstone Canal, which was the major transportation route between Worcester, Mass. and Providence, between 1828-1848 during the beginning of America's Industrial Revolution that began in the Blackstone River Valley over two centuries ago.

The tour starts at 3 p.m. from the parking lot across from St. John's Church, Hope Street, Millville, Mass. Be sure to wear sturdy walking shoes. For information, call 762-0440.

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Calendar Aug. 15 thru 24

15 Register for the trip to the National Yiddish Book Center, presented by Board of Jewish Education and Perspectives, by Aug. 28. The trip is scheduled for Sept. 7, 9 a.m. to 4 p.m. Call 331-0956 or 863-9357.

Annual Quilt Show, Aug. 15 to 17. More than 125 antique and contemporary handmade quilts at South County Museum, Narragansett. Call 783-5400.

East Greenwich Photo presents photography exhibit by Bo Kass through Aug. 31. Call 884-0220.

16 Tiverton Four Corners Antique Show, 65 dealers at the Soule Seabury House, antiques, furniture, quilts, fine art and more, 9 a.m. to 4 p.m.

Old-Fashioned Firemen's Muster and Parade, 10 a.m. Celebrate 200th anniversary of East Greenwich Fire District at Eldridge Field, East Greenwich.

17 New England Institute of Technology holds "open house," 1 to 4 p.m., Warwick. Call 739-5000.

Fourth annual East Greenwich Waterfront Canoe Race, 12:30 p.m. Teams of four required to participate in the various races. Call 884-6363.

Blueberry Social, 1 to 4 p.m. at Smith-Appleby House, Smithfield. Call 231-7363.

Summer Concert Series, noon to 5 p.m. Spring House, Block Island. Call 466-2982.

18 Jewish Community Center of Rhode Island registration for fall activities and classes, Aug. 18 for members only, Aug. 19 and 20, Providence. Call 861-8800.

Jam'n Art II with Perspectives Young Jewish Adult Group, 7:30 p.m. Come make candlesticks as part of a havdalah set or bring an instrument and music to share. Call to R.S.V.P. at 724-7196. Check out the Perspectives web page at <www.uri.edu/student_life/chaps/persp>.

19 Full moon kayaking, 6 p.m. Experience the setting sun and rising moon while paddling through historic Tiverton Basin, Sakonnet Boathouse. Call 624-1440.

20 Family Day on the Palmer River, 10 a.m. to 1 p.m. at Palmer River Base, Rehoboth, Mass. Enjoy guided canoe and kayak trip down the Palmer River, nature stories, games and craft. Call (508) 336-2274.

21 Court Tennis Pell Cup, doubles teams compete for the Clarence Pell Cup, Aug. 21 to 24, at the International Tennis Hall of Fame, Newport. Call 849-3990.

Semenya McCord Quintet concert, 8 p.m. at New Bedford Whaling Museum. Enjoy an evening of classical jazz. \$5 per person. Call (508) 997-0046, ext. 14.

22 Toshiba Unlimited Regatta, at Fort Adams State Park, Museum of Yachting, Newport. Call 847-1018.

23 Newport artists "Wet Paint," at Newport Art Museum, preview 5 to 6 p.m., auction at 6 p.m. Proceeds benefit museum.

K & S Ballroom Dance at Knights of Columbus Hall, Cranston. Dance lesson 7 to 8 p.m., dance 8 to midnight. Call 821-4108.

Mystic Seaport Antique Marine Engine Exposition, Aug. 23 and 24, Mystic, Conn. Collectors from across the United States and Canada gather at 6th annual exposition of pre-World War II marine engines and models. Call (860) 572-5315.

Bearmaking class. Learn the art of teddy-bear making by Salley Winey at Doubletree Islander Hotel, Goat Island, Newport.

24 Enjoy the bike path with Perspectives Young Jewish Adult Group. Come run, walk, bike or rollerblade and bring lunch, drinks or snacks, 11 a.m. Take 195 East to exit 4 toward Riverside, go 1/4 of a mile up the hill and turn right into parking lot. Meet at the ramp of the bike path. Call 863-9357.

Sail the Waters of Downtown Providence With Blackstone Valley Explorer

The 49-passenger Blackstone Valley Explorer, Rhode Island's only riverboat, offers scenic and historic tours of the Ocean State's capital city, Providence, with tours of Providence River and Waterplace Park in the newly revitalized downtown Providence.

Riverboat tours will operate from Aug. 14 through Sept. 9.

See Rhode Island's capital city like you've never experienced

before. Providence, one of America's oldest cities, dating back to 1636, has a unique blend of historic charm and renaissance atmosphere.

Discover for yourself all the heritage and beauty of a capital city that the rest of America and the world are talking about. Take an interpretive tour exploring the rich culture of the city, its architecture and the beautiful Venetian-style water-

ways and riverwalks.

Travel the same waters along the Providence River that canal boats traversed back in 1828.

The Blackstone Valley Explorer riverboat is owned and operated by the Blackstone Valley Tourism Council.

Tours depart from the dock at the end of the Narragansett Electric Company parking lot at the Point Street Bridge in Providence. Call 724-1500.

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The Little Place, Hope St.
East Side Prescription Center, Hope St.
Rhoda's Judaica, Burlington St.

THE JEWISH COMMUNITY

Jerusalem Bombing, Brooklyn Arrests Breed New Awareness of Terror in America

by Emily Torgan
Jewish Community Reporter

Even though the terrorist bombs didn't hit home this time, experts say the realization that they could have finally has.

After two Palestinian suicide bombers entered Jerusalem's Mahane Yehuda market to detonate the explosives that killed 13 Israelis and injured 170 more, the American public was attuned long after the gory footage flashed across their television screens.

The distant bombers blasted themselves into America's consciousness because of another occurrence—oneday later, Gazi Ibrahim Abu Mezer and Lafi Khalil were arrested for allegedly planning to bomb the Atlantic Avenue subway station in Brooklyn, New York.

The pair has been linked to Hamas, the Islamic terrorist organization that took responsibility for the Jerusalem bombing.

"It isn't just the Jewish people who care now," said Brookline Police Lieutenant William McDermott. "This thing in New York booted it up to another level. These Middle Eastern bombings appear to be coming in."

According to Northeastern University Professor Edith Flynn, who has taught criminology and studied terrorism for 20 years, the number of such attacks will rise in America.

"The reason for that is fairly plain," said Flynn. "The United States has been Israel's staunchest supporter for many years. A lot of terrorists do not differentiate between Israelis and Americans. Their thinking is that if they import terror to the U.S., the public will get its fill quickly and the government will put more political pressure on Israel."

Flynn believes that the Mahane Yehuda market bombing and the Brooklyn attempt were connected, but she said the plans also could have been assembled without Hamas support.

"One of the reasons that terrorism is so effective is because the participants do not leave calling cards," she explained. "It could be Hamas, and it could be a homegrown cell that had received nothing more than a nod of encouragement from a local leader."

The consecutive incidents served to reinforce the public's realization that terrorism is coming to America, said Flynn.

"For years, Americans thought terrorism was something that happened in Europe or in Israel," Flynn explained. "It was 'over there,' and they felt pretty smug. But in 1989, the U.S. was clearly targeted in the Pan Am flight 103 attack. Later, the World Trade Center brought things to a new threshold by showing it could take place in the middle of New York City."

According to Flynn, interna-

"We can always understand the militia types. We can see people hating for the sake of hate, but we can't see people hating for the sake of religion."

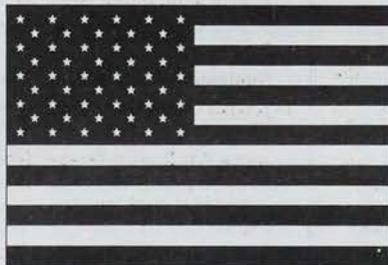
William McDermott

tional violence has combined with attacks by native perpetrators such as Timothy McVeigh and John Salvi to bring about a new awareness in the public and

law enforcement officials alike. "Concerns about the possibilities of terrorism within the U.S. have increased for the good of it," she said.

David Rodham, the undersecretary for public safety for Massachusetts, said his agency and others are actively working together to combat domestic terrorism of all sorts.

"Any time there is a bomb-



ing in Israel, the killings now work their way into the public's radar," he said. "Terrorism is the wave of the future."

Rodham said that after the Oklahoma City bombing, the Department of Emergency Services formed a Terrorism Committee.

"We've developed a program to respond to abductions, kidnappings, shootings and more," he said. "We have worked with local police departments, and we have trained over 4,000 people."

A number of local businesses have borrowed the department's terrorism training video to show to their employees, said Rodham.

In case of a major incident, Federal and state agencies are working together, he said.

"There is a new level of cooperation," Rodham explained. "Government agencies know they have to be ready to work together if there is a large-scale event."

Despite such preparations, some law enforcement officials believe terrorists from the Middle East present American security personnel with special challenges.

According to McDermott, the concept of *jihad*, or holy war, leaves many public safety officials bewildered.

"We can always understand the militia types," he explained. "We can see people hating for the sake of hate, but we can't see people hating for the sake of religion."

The media's extensive coverage of the terror may also present problems, McDermott said.

"It's good but it's bad," he said. "People need to know what's going on, but it also gives a lot of nuts ideas. It's scary—the footage was very graphic this time, and I do not think Americans are used to seeing gore in a fruit stand. There's a difference between realizing that it happens in Israel and understanding that it almost happened in Brooklyn."

The media reports contained alarming information about suspects Mezer and Khalil, said Alan Zuckerman, a professor of Judaic studies and political science at Brown University.

"According to the *New York Times*, these two did not exhibit the behaviors of Islamic religious extremists," said Zuckerman. "They chased women and took part in petty theft. Zealous suicide bombers

think they will go to heaven immediately afterwards. But until now, these guys acted in ways that would not involve them with religion."

This, said Zuckerman, points to the notion that terrorism is no longer for extremists alone.

"There is a perception amongst too many Palestinians

"The World Trade Center brought things to a new threshold by showing that it could happen in the middle of New York City."

Edith Flynn

that suicide bombing is a good thing to do," he said. "The potential for the spread of violence is tremendous."

According to Flynn, the situation is sobering.

"Britain and Ireland have shown the world that these things can go on for decades," she said. "Many West Bank terrorists grew up next to raw sewers and were fed a daily diet of hatred and martyrdom. Still, people who have something to live for are less likely to kill themselves."

Only the peace that the terrorists are dying and killing to prevent will bring relief, said Flynn.

"I'm a criminologist, not a politician," said Flynn. "But talking and peace making are better than dying."

CJP Boston 1995 Study Shows Record Participation in Jewish Life

by Emily Torgan
Jewish Community Reporter

A 1995 demographic report on Greater Boston's Jewish population has shown that Boston area Jews are alive, well and living in Greater Boston.

The 64-page report written by Brandeis Professor Sherry Israel and recently released by Combined Jewish Philanthropies also says that the Boston community has maintained its population size for a decade and is intermarrying at a rate of 34 percent, a figure significantly below the national average of 52 percent.

The survey, entitled "Community Report on the 1995 Demographic Study," is the CJP's fourth.

The data, collected by the Center for Survey Research of the University of Massachusetts at Boston, included a stratified random sample of households us-

ing random-digit-dialing and CJP lists. Using information from 1,200, the margin of sampling error is between 1 and 2 percent.

Portions of the study point to a thriving Jewish community.

According to the survey, participation in Jewish life has increased dramatically, for 82 percent of Jewish adults belong to and/or contribute to a Jewish cause or organization.

The frequency of synagogue attendance among all four branches of Judaism has risen.

The report also found that 92 percent of school-aged children in 1995 have been, are currently or plan to be enrolled in Jewish education. Approximately 26 percent of adults participated in an adult Jewish education program in the preceding year.

According to the survey, the numbers of Jewish adults age 18 or older who have completed

post-graduate programs has risen 29 percent in the last decade. In 1995, 14 percent had earned an advanced degree. Median household income rose from \$41,580 in 1985 to \$60,000 in 1995 (figures were adjusted to 1995 dollars).

The population size has remained steady over the last decade, for the survey says that 75 percent of married Jews in Boston are married to born Jews; 6 percent are married to Jews by choice; and 19 percent are married to non-Jews.

Boston's intermarriage rate for couples married within the last five years is 34 percent, a figure significantly lower than the national average of 52 percent.

Still, the study says the figure means that one-half of all newly formed households in the Boston Jewish community are intermarried households.



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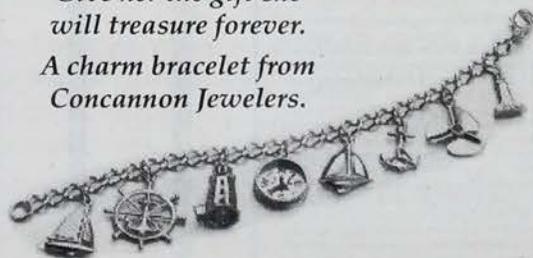
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OPINION

Pro-Choice Judaism

by Marlene E. Post

Judaism is like democracy — a system based on law that nevertheless allows for great diversity. And just as there are those within democracies who feel that pluralism threatens order, so are there people within the Jewish fold who feel threatened by the rich diversity of Jewish life, practice and belief. There is a lot of loose talk these days about Jewish unity, who is a Jew, the legitimacy of various kinds of Judaism and boycotting those with different opinions. Much of it arises from an effort in the Knesset to delegitimize non-Orthodox conversions and a resolution passed by a fringe rabbinical group in the United States declaring that the Conservative and Reform movements are "not Judaism."

Although I feel passionately about Jewish diversity, the drawing of battle lines troubles me. As an all-embracing Jewish movement, Hadassah strives for harmony, and it strikes me that some essential points are being passed over in the debate.

Unity is not uniformity. A healthy Jewish civilization requires people of different religious, cultural and political viewpoints who embrace a common principle and respect one another's right to express the principle in different ways. "True Jewish unity," writes Rabbi Shalom Paltiel, "is respecting each and every Jew for what he or she is." The wise rabbi, I should point out, made this observation in a newspaper that is neither secular or federation-oriented, Conservative or Reform. It appeared in the Hasidic *L'Chayim*, published by Chabad of Port Washington, New York.

The clash over legitimacy and unity is not a contest between Orthodox and non-Orthodox. Evidence ranging from the sea of cooperation among all branches of Judaism in America to the recent Orthodox-feminist conference held in New York indicates that there is diversity within Orthodox Judaism itself. The challenge comes from the fringes, from a small minority that wants to dictate a single way to be a Jew.

Like the United States Constitution, halakha is open to interpretation and amendment. Jewish law is a set of postbiblical rabbinical interpretations. Taken as a whole it is a great body of wisdom. But anyone who doubts that Judaism has a long tradition of pluralism in halakhic interpretation should open the Talmud to any page. There you will find commentators of different opinions and from different centuries in permanent debate.

Much of the debate over Jewish legitimacy today, however, does not even qualify as a struggle over Jewish law. Consider the insistence of the religious extremists in Israel — that only conversions performed according to halakha are acceptable and therefore Conservative and Reform conversions do not count. The Conservative movement has always followed halakha in conversions. In the Reform movement, conversions according to halakhic rules are now common if not universal. Clearly, what the extremists want is not conversion according to Jewish law, but conversion performed only by rabbis they see as belonging to their club.

Such views have nothing to

do with G-d. G-d is not in the business of delegitimizing Jews. The biggest internal threat to Judaism is one group trying to write another out of the Jewish people. What counts in Judaism is the Torah, the mitzvah, the prayer, the respect for one another.

The thing that counts least to me in my relations with other Jews is their denomination. Hadassah is not only all-inclusive as a matter of principle, but in practice embraces members who are Orthodox, Conservative, Reconstructionist, Reform and secular, Jews by birth and Jews by choice. And while the debate over legitimacy rages, within Hadassah mutual respect across denominational lines is so taken for granted that it rarely comes up in conversation.

I believe in rules on which all the branches of Judaism can agree, and I am certain that agreement is attainable between different sides of the family that recognize one another's legitimacy. If all of us can agree on the Jewishness of Ruth the Moabite and her grandson, King David, we should be able to reach agreement on the Jewishness of people who live in our own time.

Though each denomination contributes to the richness of the Jewish people, there is a special beauty and a special power in those of our institutions that include every color of the Jewish rainbow.

As a pillar of the Zionist movement, Hadassah stands for a Jewish civilization that is above sectarianism. We respect the views, and even the fears, of those who appreciate differences less than we do, but we reject all threats and intimidation. I have no doubt that the full diversity of Judaism will ultimately be accepted in Israel and America. I wish the struggle could be resolved quickly, but even as it unfolds I can express pride in the example set by Hadassah.

Marlene E. Post is the national president of Hadassah. This article was reprinted from Hadassah magazine.

The Jewish Healing Movement

by Velvel 'Wally' Spiegler

A short clipping appeared in the *Providence Journal* on Aug. 7 entitled *Therapeutic Religion*. It said, based on a 28-year study of more than 5,000 residents of Alameda County, Calif., that those who attend religious services regularly live longer than those who don't. The article went on to say that the annual death rate among those who shied away from religious services was 36 percent higher than those who attended consistently.

There has been much written on the efficacy of prayer in healing these days, including the book *Healing Word*, by Larry Dossey, a medical doctor in Texas who has extensively researched and reported the effects of prayer on healing. The trend that prayer promotes healing promises to be of great value to Jewish communities.

I've been involved for some time now with the Jewish Healing Movement and recently traveled to New York City to meet with Susie Kessler, the acting director of the National Jewish Healing Center to find out more about what's going on around the country. We met at the center located on East 69th Street, a quiet, tree-lined refuge, sheltered from the turmoil of the city streets. After our meeting, I received in the mail from her a listing of Jewish healing centers that have sprung up around the country. Each one seems to have a different per-

spective or slant on what constitutes Jewish healing, so I have attempted here to distill the current thinking on this subject.

Every culture that ever flourished throughout history had developed a system of healing which not only broadened and enriched the culture but was vital to its very survival. Judaism was no exception. What happened to the Jewish system is a matter of speculation today, but most educated guesses would say that it perished together with the priestly cult of the last Temple. Whatever may have happened, the disenchantment with current medical technology created a demand for alternative forms of healing.

Current data shows that more out-of-pocket money is spent annually for alternative health care than for medical

health care. Why should we be bound to seek alternative health care from other cultures — acupuncture from China, Ayurveda from India or Reiki from Japan, when within Judaism there lies a vast tradition of healing tools? There are several holistic practitioners in this country alone who are researching and practicing Jewish healing methods.

These include, in particular, the mitzvah of bikkur holim, visiting the sick; the study and recitation of Rabbi Nachman's Tikkun HaKlali, a series of 10 psalms known for its healing effects; and the misheberach for the ill and the prayer for healing

(Continued on Page 15)

The trend that prayer promotes healing promises to be of great value to Jewish communities.

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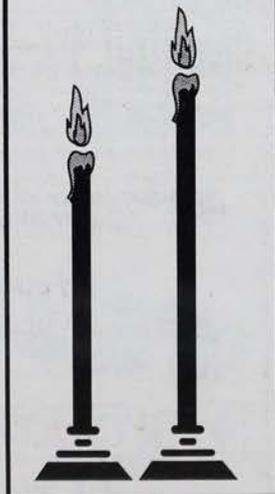
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Candlelighting

August 15, 1997

7:28 p.m.



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The Human Side of a Leader

by Lisa Langer

Have you ever wanted something so badly that you were willing to beg? Have you ever thought you deserved something so clearly that you were willing to plead? Have you ever been disappointed when your efforts failed to fulfill your dreams? If so, you can relate to Moses.

In this week's Torah portion, *Parashat Va'etchanan*, Moses tries to convince G-d to allow him to enter the Land of Israel, the land he has been wandering towards for 40 years. This encounter is significant in our understanding of Moses because it reveals some of his very human characteristics.

Moses is a leader of great proportions. His tireless leadership of the Israelites through unimaginable situations is extraordinary. His ability to bring about change and guide others

through transition is significant. Throughout the Torah we are reminded of Moses' greatness, his uniqueness, and his strength of character.

In *Parashat Va'etchanan* we finally see Moses turn his focus onto himself. After many examples of Moses' selflessness as a heroic leader, here is a moment of selfishness. It is now

that he is forced to plead for his own, personal future. His leadership position has already been transferred; this request, therefore, is for private closure to his life's adventure.

His fate has been decided by G-d and revealed to Moses. Yet G-d's decision not to let Moses into the Promised Land is not satisfactory to Moses. He believes that he has earned the

right to "cross over and see the good land." (Deut. 3:25) The commentaries indicate that Moses was willing to take great steps to fulfill this dream. In fact he employed a variety of tactics to influence G-d to change the decision. Yet despite his efforts, Moses' request was denied, and

he was forced to accept G-d's decision to view the Promised Land from afar. It is a fate that Moses finally accepts.

While his style, relationships, and perspectives change until his last days, Moses' development as a leader and as a human being is admired and emulated. As Moses advocates for his personal needs and accepts his limitations, we come to appreciate the human side of this leader.

Lisa Langer, RJE, is program coordinator for Congregation Beth Am, Los Altos Hills, Calif.

Torah Today

FEATURE



Stan's Spiritual Journey

by Mike Fink
Herald Contributing Reporter

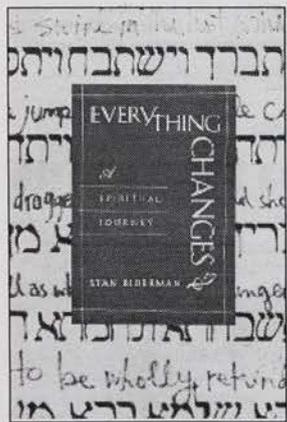
It's a good day and a fine thing when a book of poems comes your way. Stan Biderman, the Texan son of Holocaust survivors, has put out an attractive slim volume of his verse. Plain View Press in Austin published



Author Stan Biderman

and distributed it. Carolyn Manosevitz adds elegant black and white illustrations. Most moving are the direct words of parents Max and Helen. They set the tone and strike powerful chords. The raw facts they tell stop you in horror.

"We live like rats that run knowing people follow to kill us. We break a hole through a



door and dash deep into the woods. I fall asleep on the ground. I fear the snow, because your steps can easily be tracked. One day a companion sings a Jewish tune. Somebody hollers, we don't want G-d to know where we are! In spite of a high fever, I fast on Yom Kippur even while Germans are shooting nearby." I am running some sen-

tences together, to give the jist of the Biderman past.

"I am angry with G-d. I had to eat pork in the forest. But after the war I would not touch it. Others ate pork to show how the rules had failed...The trip to America, in 1949, takes two weeks, a terrible crossing. We became sick, every one of us. If there is a G-d, where is ours? There should be more, more G-d." That conclusion opens the ambiguities of poetry.

In an inward self-portrait, son-poet Stan pens a spiral of lines going down the page like a haiku or a Japanese page of calligraphy.

"I see a brow of determination

And delicate hands meant to write

There's something about me that I want to tell you
But I don't know how
Yet."

The poems are direct, plain view, and at the same time elusive, half hidden.

"Everything Changes" does not resemble the artistic effort of Art Spiegelman in the "Maus" comicbook format. These second-generation reflections are more sincere than ironic, rather sweet than sour, like a liqueur. The red and gold cover is designed to capture that mellow, even nostalgic tone.

But perhaps we should seek not the glittering success and fame promised by the major publishing houses, but rather the small audience meant for us, a few pages left by the way-side like wildflowers for those who also happen by.

Maybe we should follow the example of nature's creatures who set out to do what they must. For the second generation born here after the tragedy there, just to print words of pain and muted joy is a contribution to the parameters of poetry.

A lawyer for 15 years, a businessman and writer, Stan Biderman travels to readings, workshops, and art exhibits.

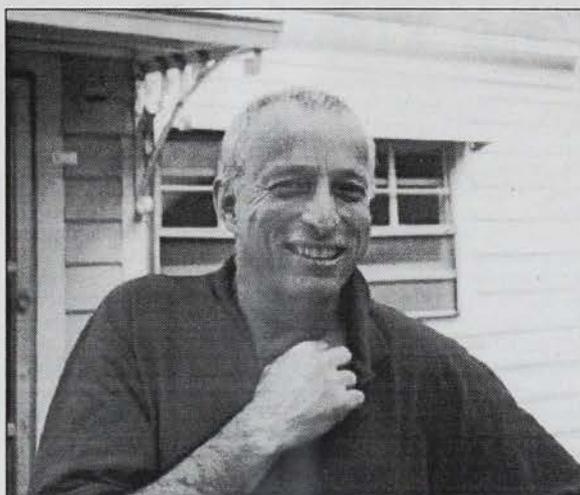
Some Distilled Delights

by Mike Fink
Herald Contributing Reporter
"Sometimes the image reaches out and grabs you. That's what happened with "Antique Judaica." It struck me like a poem. The staircase going up and down, the Hebrew-Yiddish letters, the New York address, it told me its story. My camera recorded it."

Joel Medwin appeared at Ravens Nest on Main Street in Wakefield for the opening of his show, which will stay up through August.

Jackie Colman, proprietor of this most elegant cafe, spells "Ravens" without the apostrophe. She writes of Joel Medwin, "He captures the essence of feeling. He offers striking counterpoint in today's society."

The artist adds, both on the brochure and on the walls of the cafe-bookstore salon, "Please permit me to share with you my awe of the beauty and innocence of the human form, and my interpretation of the places where we live."



Host Marc Leavitt
Herald photo by Mike Fink

ternoon, or to withdraw from the glare of the sun and the drought of the garden. It's the perfect oasis, and the black and white Medwin photographs also offer solace and respite. Combining social work and photography, Medwin mixes portraits of people among landscapes. Environment is his theme.

On the same August weekend, another photographer, Denny Moers, celebrated the 20th year of his Rhode Island sojourn, an anniversary he shares with South County storyteller Marc Leavitt. A potluck party was held in Leavitt's home, the right retreat for a spinner of yarns. A word about his house.

It is a narrow space decorated with tapestries gathered and collected from his journeys around the globe telling and hearing legends and myths. It has a trailer or Gypsy quality of being everywhere, anywhere you care to imagine. His guests from the rich artistic community of the region came in bearing the treasures of the season: fresh corn on the cob, fruits and vegetables from orchard and farm, also like figures from folklore. Guests sat in the garden yard, with its shade trees and its pools of light. Rhode Island has its local lore, and the poets and picture-makers who come to stay give and take. August is a month of ripening, of stillness and the search for golden moments. People drive down to the shore for their place in the sun. You can also find the distilled delights of the day in the realms of thought and design, here in the southwestern part of our state.



"Antique Judaica" by Joel Medwin at Ravens Nest
Herald photo by Mike Fink

The reception was presented in gracious high style, with wine both red and white, delightful summer salads, excellent whole grain breads, and a gathering of local artists and guests from far and wide. There is a high stucco fireplace, tables of fine books and crafted sculptures, a view of fountains and terrace tables with umbrellas. This superb setting, stunning, splendid, really merits a motor trip off the beaches and into the South County towns—on a rainy af-

Liz Sheldon
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THE JEWISH COMMUNITY

Don't Miss The Trip To The Yiddish Book Center

The Bureau of Jewish Education of Rhode Island, in conjunction with Perspectives, The Jewish Young Adult Project of Rhode Island, is planning a day trip to the National Yiddish Book Center in Amherst, Mass., on Sept. 27. An air-conditioned coach will transport participants to the center. Departure from the BJE/RI, 130 Sessions St., Providence, is at 9 a.m. sharp, and the return to the BJE will be at approximately 4 p.m. Participants are asked to bring dairy brown bag lunches for a picnic at Amherst, and cold drinks will be provided. Cost for the day is \$20 per person.

The concept for the center originated almost 20 years ago with a frantic nighttime call to Aaron Lansky, then a 23-year-old graduate student at McGill. One of his network of zamlers, amateur book collectors, crawled about a dumpster of Yiddish books he had found in Queens. Lansky began what he thought was to be a two-year

project to save the rapidly disappearing volumes of Yiddish literature "that were being tossed into the trash as the older immigrant generation died off, and their Yiddish-less children and grandchildren yearned for more garage space. It began as an effort to rescue books," Lansky said. "But somewhere along the line, it became apparent that what was in the books was a whole civilization, a whole world, and it was disappearing from memory too."

Currently the National Yiddish Book Center has a staff of 32 people, 30,000 members worldwide... and a brand new complex, located on the Hampshire College campus. Visitors to the center enter to a balcony where they can see the central collection where the receiving and cataloguing of books takes place. Three exhibitions/museum rooms are still being set up. At present, there are more than 25,000 volumes in the center's collection, a combination of

original works of Yiddish literature, and translation into Yiddish of other popular works including Shakespeare, Jack London, and 611 sets of *The Complete Works of Guy de Maupassant* which were part of a bank promotion in New York City. A docent will guide the group through the new facility and speak about the center and its important work. Then, ample time for browsing through the collection will be available. Books from the repository are available for purchase, as are items in two book/gift shops.

Anyone interested in signing up for the trip should send his/her name, address and phone number, along with a check for \$20/person, payable to the BJE/RI, by Aug. 28, to: National Yiddish Book Center Trip, c/o BJE/RI, 130 Sessions St., Providence, RI 02906; or call Ruth Page, director of adult education, at 331-0956, or Alison Link, Perspectives director, at 863-9357 for information.



A Playful Trio

Toddlers at the JCCRI enjoy a summer afternoon in the playground.

Herald photo by Tara V. Liscianaro

JCCRI Announces Fall 'Fun Run' Series

The Jewish Community Center of Rhode Island announces plans for a Fun Run series this fall. Bill Fagen, director of the health and fitness department of the JCCRI, describes the series as ideal for all runners, regardless of speed, stamina, or previous race experience.

The Fun Run operates with each runner registering an estimate for their own running time. The estimates are all recorded prior to the race. The runner whose final running time is closest to their recorded estimate wins the race — and no watches are allowed.

Fagen emphasizes that the purpose of the race is fun and fitness rather than competition. "Only in a Fun Run," he said, "can the slowest runner win the race!"

The series will begin on Sept. 8 at 6 p.m. and continue for seven consecutive weeks.

The race will consist of a 5K (3.1 mile) course that begins in front of the JCCRI at 401 Elm-grove Ave.

Registration is open to the public. Fees are \$1 for members and \$2 for non-members. For more information, call Fagen at 861-8800, ext. 149.

CJP Begins Women's Mentoring Program

Combined Jewish Philanthropies will implement a new mentoring program in October for Jewish women who have recently graduated from college or professional school. The program, designed and staffed in part by Jewish Vocational Service in Boston, will help newcomers to the job market enhance their networking opportunities as they look for professional employment.

Women up to 2 years out of college or professional school will be matched by field of interest with mid-career-level Jewish women mentors. Mentors will provide young women with

networking leads and professional advice on résumé and job search strategies. The program will also provide young women with discounts on various professional employment and career counseling services at Jewish Vocational Service. Services will be offered through the new professional career center at JVS, Career Moves, which opens Oct. 1.

An information session will be held on Aug. 21 at Combined Jewish Philanthropies, 126 High St., Boston, at 6 p.m. Call Leah Oko at 451-8147, ext. 104, for more details about the session and the program.

CHAI Series Discusses Anger

Does Jewish law sanction anger as a motivator for positive action? Does this overwhelming emotion have any place in Judaism? Is there an appropriate way to express anger? Get the answers to these and other questions at an upcoming series of discussion groups at Chabad of West Bay CHAI Center.

The topic of anger and controlling it will be viewed through the eyes of Jewish mysticism — Kabbala. "At these sessions we will discuss the nature of anger, coping strategies and meditative transformational exercises, all based on the ancient teachings of Kabbala which are still very relevant in contemporary times," said Rabbi Levy, director of Chabad of West Bay CHAI Center, who will be leading the groups.

The group will meet Monday evenings at 7:30 p.m., beginning Aug. 18, at the CHAI Center, 15 Centerville Road in Warwick. Pre-registration is required by calling 884-4071. Admission is free.

Women Join Ranks of Scholars Studying Dead Sea Scrolls Texts

by Eric J. Greenberg
New York Jewish Week

JERUSALEM (JTA) — Shani Goldsmith Berrin has been hooked on Jewish history of the Second Temple period since the early 1980s, when she studied the subject at the Yeshiva of Flatbush in Brooklyn, N.Y.

Since that class with teacher Raymond Harari, Berrin has sought to turn her interest into a career.

Last month the Borough Park native hit a watershed mark. The 30-year-old mother of three delivered a scholarly paper before an international conference at the Israel Museum marking the 50th anniversary of the discovery of the Dead Sea Scrolls.

"I was very nervous," she confided, sitting on a bench under a warm Jerusalem sky framed by the imposing white dome of the Shrine of the Book, the architectural wonder built to house eight invaluable ancient scrolls.

"I wondered what I was doing here. But I was reassured by my core group and I got good feedback."

Berrin is among a growing number of female scroll schol-

ars in a field traditionally dominated by men.

"Suddenly, there are a bunch of people [women] a little senior to me and around me, and I think it's great. I love having that community. It's a huge transformation. It's fantastic."

For Berrin, it's been a winding road from Borough Park's 13th Avenue to the Israel Museum and New York University, where she is now pursuing a doctorate in Dead Sea Scrolls scholarship under Professor Lawrence Schiffman.

Wearing a straw hat, as a married Orthodox woman, she spoke about her journey to becoming a Dead Sea Scrolls scholar.

While at the Yeshiva of Flatbush, she spent a semester at the Hebrew University.

Not being able to stay for college, she enrolled in a dual program at Columbia University and the Conservative movement's Jewish Theological Seminary, a move not particularly well received back home in the strictly Orthodox streets of Borough Park.

She soon transferred to Yeshiva University, where she took

(Continued on Page 15)

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JEWISH COMMUNITY

JCCRI Welcomes Renowned Expressionist to the Community

Last year, under less than happy circumstances, Trudy Raftery moved to Providence from District Heights, Md., where she had lived with her husband for 32 years while establishing for herself an international reputation as an expressionist artist. Born in Brazil and raised in various countries throughout Europe, Raftery studied painting in Germany and in America at the Corcoran School of Art and at Sweet Briar College. In 1950, while studying art in Cologne, she met and married Andrew Raftery, an American Air Force officer from Providence, who brought her to the United States in 1953.

After her husband's death last year, Raftery relocated to Providence to be closer to her three sons, one of whom, Andrew Raftery, is a painting professor at Rhode Island School of Design. On her second day in town, she wandered into the Jewish Community Center of Rhode Island to inquire about use of the pool. When a casual conversation led her to Dana Zucker, the cultural arts director at the JCCRI, a friendship was born.

Beginning this Sept. 14, as part of the JCCRI's annual open house, Gallery 401 will feature an exhibit entitled "Summer Garden," with a variety of Raftery's works that were inspired by her own personal garden in Maryland. The exhibit is

a very personal endeavor for the artist, because it is her first in Rhode Island and the paintings are of her family's long-time garden, which is now a part of her past. Painting, how-

ever, is very much a part of her future.

Raftery's work includes paintings, drawings, and collages that she creates from found materials. She prefers working

in acrylics because the results are "immediate." She explains that "as the idea occurs in my mind, I do not have to wait for the paint to dry; the paint dries under my hand." Influenced by Picasso, the German Expressionists, and the California artist Richard Diebenkorn, she also does figure painting and charcoal drawings.

Over the years she has completed hundreds of pieces, many of which have been sold to either individuals or collections. She recalls several occasions when she has entered a home and "been confronted with a painting that has left my memory." She describes the experience as "riveting." She describes her style of painting as "free," and adds that it "starts from a point of contact with nature."

Raftery's work is held in the permanent collections of the World Bank, the Federal Reserve Bank of Richmond, the U.S. Department of State's "Art in the Embassies" Program, and many private collections. Her work has been awarded a Prince George's County Visual Arts Grant; Virginia Center for Creative Arts Residency Fellowship; and is represented by DeMatteis Gallery of Annapolis and Washington D.C.'s Artemis, Inc. and Susan Conway Gallery. She has taught at Harmony Hall Regional Arts Center and lectured at the National



Trudy Raftery
Photo courtesy of JCCRI

Gallery of Art, Washington, D.C., and the Prince George's Art League.

Leaving Maryland meant many things to Raftery: leaving the home she shared with her husband, where she raised her three children; leaving Harmony Hall Regional Arts Center, which she helped to establish and where she taught for 15 years; and leaving her garden of nasturtiums, sun flowers, day lilies, tulips and zinnias, which she lovingly nurtured and painted for more than three decades.

What she has brought with her to Providence, however, is a rich family tradition rooted in the arts. Her ancestors, dating back to 16th century, made stained glass windows for churches. She continues to create as well as to show and sell her work. While the JCCRI is honored to feature her work, she embraces her new friends with equal gratitude for providing her with a new and much-needed sense of community. She is also determined to start a new garden here in Providence.

Local Athletes Compete in Maccabi Games

Two JCCRI Tennis Players Seeded First and Second

Michael Furman (seeded #1) and Mathew Dorfman (seeded #2) will play in the upper division tennis tournament of the Northeast Regional Maccabi Youth Games sponsored by the Jewish Community Centers Association of North America. The games will be held Aug. 17 to 22 in Hartford, Conn. Competitors from New York, New Jersey, Eastern Canada, and New England are among the tennis players in this division.

Furman is a 10th-grader at Classical High School and is the son of Dr. Michael and Robyn Furman. Dorfman is an 11th-grader at Classical and is the son of Amy and Jerry Dorfman. Both are longtime members of the Jewish Community Center of Rhode Island.

"Our board and staff are thrilled with the caliber of youth leadership which will represent Rhode Island in the games," said Vivian Weisman, executive director of the JCCRI. "We will also compete in upper division track and field — Sarah Brown from Jamestown, Avi Rosenstein from Providence, and Rosie Woodford from Peacedale; younger division swimming — Jamie Finkelman from Warwick, Elana Riffle from Providence and Marilyn Woodford from Peacedale. Matt's brother, Adam Dorfman, from Providence will also play in younger division tennis."

The JCC Maccabi Youth

Games are the only major youth sporting event that combines volunteerism with athletic and social events. The 15th annual Jewish Community Center's Maccabi Youth Games, the largest program for Jewish teenagers in the world, will combine its weeklong Olympic-style competition with community service through its "A Day of Caring: A Day of Sharing" program. Thousands of host families and community volunteers will welcome more than 4,500 Jewish teens and 1,000 coaches from 100 Jewish communities in the United States, Canada, Mexico, and Israel who are participating in the Games. The Games will take place in Kansas City, Milwaukee, and Sarasota from Aug. 10 through Aug. 15 and in Hartford, Pittsburgh, and Seattle from Aug. 17 through Aug. 22.

JCC Maccabi Youth Games enrich Jewish identity and develop democratic values and leadership skills in Jewish youth. Participants experience a sense of camaraderie as they trade pins and uniforms from their Jewish Community Centers. They also gain a community spirit by being housed with Jewish families in each city.

The Games will kick off with festive opening ceremonies at each location that include the Parade of Athletes, ethnic food and performances by popular bands and dancers. The traditional passing of the torch will highlight the closing ceremonies.

Temple Am David School Registration Begins

Temple Am David, Warwick will conduct its formal school registration Sept. 7, during the temple's open house and first day of school. Registration begins at 9:30 a.m. You may pre-register by mail, phone or in person.

This year promises to be an exciting one. It will include monthly Family Education programs. The topics discussed will enrich your family's Jewish life, enhance your children's Jewish education, and hopefully, bring together the varied aspects of your family life under the umbrella of the temple and its family.

The objective is to get parents more involved in the education of the children.

In addition to the religious school, the temple has a unique program for pre-school children from age 4 known as The EZ School. The children of The EZ School learn the basics of Judaism through arts and crafts and other techniques appropriate for pre-school children.

Cantor Stanley Rosenfeld, the school director, will be present to answer any questions as will members of the school committee.

The open house, to begin at 10 a.m., will feature tours of the facility, including classrooms, sanctuaries, and the social hall. In addition to the cantor and school committee members, Carmine Olivieri, the president of Temple Am David, Bayla Sklaroff, the membership chairperson, and other temple members will greet prospective members. Refreshments will be served. There will also be a drawing for a gift.

This year Temple Am David will be accepting Mastercard™ and Visa™ as method of payment, making it easy to pre-register by phone.

Temple Am David is located at 40 Gardiner St., near Hoxie Four Corners. For more information, call the temple at 463-7944.

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HEALTHWISE

Reducing Aches and Pains at Work

by Dr. Amy Westrick
Adjusting your work site to fit you is vital to reducing or eliminating pain and injury. Our bodies are creatures of habit. They conform to the positions we put them in. For example, if you are bent over a desk 40 hours a week for 20 years, your body will, over time, conform to that position.

There are a number of factors that can be altered in order to make your work station a more pleasant environment. Two major factors that can be altered to make you more comfortable are work space and office environment.

Your work space may consist of a chair, a desk, a computer, books, pens, pencils, and paper all organized in a particular manner. The positioning of these items should be custom fit for the individual using the equipment.

Work Space

• **Chair Height** — Adjust so thighs and knees are bent at approximately 100 to 110 degrees, not at right angles to one another.

If you are working on a computer terminal, tilt seat backward up to 5 degrees.

• **Desk Height** — Adjust desk height so that forearms are angled at 75 to 90 degrees to your upper arms. General Rule: the closer in distance the hands and eyes work, the higher the desk height should be.

• **Foot Rest** — If after you have made the above changes, your feet are not firmly planted on the floor, you will need a foot rest.

• **Back Rest** — Should fit to support the arch of the lower back and the spot where the forward curve of the lower back changes to the backward curve of the middle back. Support in this area helps keep the shoulders upright and reduce weight and pressure on the lower back.

• **Avoid extreme twisting and leaning**; if you have a swivel chair keep shoulders and hips evenly aligned with each other.

• **Computer Screen** — Eye to computer screen distance: The general rule is 14 to 30 inches. This should keep you from leaning so far forward or backward. Position the screen so that the center is at about the same level as your chin, tilt video screen slightly toward eyes.



Office Environment

• **Lighting** — If you are working with a computer terminal, you don't need much light which will cause a glare.

• **Room Temperature and Drafts** — Avoid hot or cold drafts. Reduce noise as much as possible.

If you have adjusted your work station and altered your office environment and your injury persists, you should seek professional help.

Dr. Amy Westrick is a chiropractic physician at Eastside Chiropractic Center in Providence.

Look Before Leaping Into Summertime Fun

The American Heart Association urges Rhode Island residents to take a few precautions before jumping into summertime activities.

Experts say that whether you are swimming, biking, jogging or just taking a leisurely stroll, summer's sweltering heat can leave you dehydrated, increasing the risk of heat exhaustion or heatstroke. But it's easy to prevent heat-related illness.

"When engaging in sports or other physical activity in hot, humid weather, wear light, comfortable clothing," said Carol Garber, Ph.D., president of the American Heart Association's Rhode Island Affiliate.

"If possible, work out in the early morning or late evening when it's cooler. If you're exercising in the heat and begin to feel dizzy, nauseated, thirsty, or if you develop a headache during exercise, stop and find a cooler place to sit down and drink some water."

Garber suggests drinking a cup of water before going out in the heat. If you're very active for periods longer than 30 minutes, drink 6 to 8 ounces of water (about a cup) every 10 to 15 minutes.

During hot weather, a good way to monitor your body fluid level is to weigh yourself every morning. If your body weight is 2 pounds lower in the morning, you are probably dehydrated and need to drink more water before doing any vigorous physical activity.

The risks of dehydration increase when the humidity is above 70 percent and the tem-

perature is greater than 70 degrees Fahrenheit.

According to the American Heart Association, heat and humidity interfere with the body's natural cooling process. The heart is trying to deliver blood and oxygen to your working muscles at the same time your body is trying to cool off by sweating. If you sweat too much, you lose fluid.

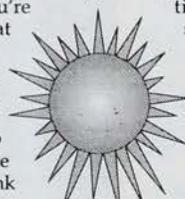
"That means your heart has to pump even harder to get the smaller volume of blood distributed to your working muscles, skin and the other body parts. Extreme fluid loss can lead to brain and heart damage," Garber said.

"It's important to recognize the symptoms of heat exhaustion. They are heavy sweating; cold, clammy skin; dizziness, a rapid pulse; throbbing pressure in your head, chills; flushed appearance and nausea."

Symptoms of heat stroke are warm, dry skin with no sweating or heavy sweating; and cold, clammy skin; low blood pressure; confusion; and/or unconsciousness. High fever, a slow pulse and ashen or gray skin are other telltale signs.

"Seek medical help if symptoms continue. Heat exhaustion can progress quickly to heat stroke, a potentially fatal condition," warns Garber.

For more information about year-round, heart-healthy activities or other ways to reduce the risks of heart disease and stroke, call (800) AHA-USA1 (242-8721) or visit the American Heart Association's website at <www.americanheart.org>.



Dress Up Simple Sauces With Fresh Garlic

When cooking sauces, especially those that will be used on pasta, people usually add a pinch of salt, a drop of pepper and perhaps a dash of sugar into the pot to get the desired taste. Another ingredient that almost all cooks — amateurs as well as professionals — have by their sides is garlic. Fresh garlic adds a pungent, delicious taste to most dishes.

Any way you cook it, pasta tastes wonderful, whether it's served with a pat of butter, tossed with oil and red pepper, or topped with an old favorite, tomato sauce.

2 Heads Are Better Than 1 Garlic Sauce

Makes about 1 cup, enough for 16 ounces of pasta
2 large heads of garlic (or as

many as your heart desires)
1 1/2 cups chicken or vegetable broth
1/4 cup minced fresh parsley
1 tsp. extra-virgin olive oil
1/8 tsp. crushed red pepper flakes, or to taste
salt and freshly ground black pepper, to taste

1. Separate garlic cloves from head. Pull off excess papery skin, leaving cloves covered with a thin layer of peel. Heat cloves and broth in a 2-quart saucepan over high heat until boiling, then lower heat and simmer, partially covered, until cloves are soft, about 20 minutes.

2. Turn off heat and remove any paper garlic skins floating in broth. Stir in parsley, olive oil, crushed red pepper and salt and pepper to taste. Use immediately, store in refrigerator for up to 3 days, or freeze up to 3 months. (To serve, toss with hot pasta.)



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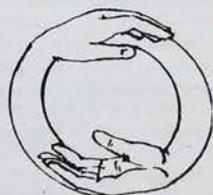
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Your training in the medical field could start as soon as Sept. 13 with Newbury College in Attleboro. The fall semester offers courses such as medical terminology, dictation and transcription, medical office management II, medical law and ethics and anatomy and physiology I.

Call Newbury College at (508) 761-9390 for more information.

Newbury College's classes are held at the Robert J. Coelho Middle School in S. Attleboro on Tuesday and/or Thursday evenings. Registration is now in progress.

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HEALTHWISE

URI Program Provides a Boost for Getting Into Shape

Are you ready to learn to manage your weight and determined to get off the dieting roller coaster and learn how to stay on more level ground?

Then the University of Rhode Island President's Health Promotion Partnership may have just the right program for you.

The partnership's weight management team has designed a special program for moderately overweight individuals that focuses on healthy lifestyle changes in diet and exercise, with nutrition education, and proven behavior change techniques that will help ensure long-term success.

The fee for the six-month program is \$200 per person. Limited to 30 participants, the program will be held Tuesday and Thursday evenings (5:30 to 7:30 p.m.), starting in September, at the partnership's new clinical facility on the Kingston Campus. To participate, individuals must meet several criteria to insure that the program is safe and appropriate for them.

The weight management program is conducted by nutrition

Professor Marjorie Caldwell, Exercise science Assistant Professor Deborah Riebe, psychology Associate Professor Laurie Ruggiero, nutrition Associate Professor Geoff Greene, and Kira Stillwell, clinical director for the President's Health Promotion Partnership.

"This is a program designed to help teach real people how to develop a healthier lifestyle that can be maintained for a lifetime," said Stillwell. "We had an overwhelming response to the program held earlier this year, and are looking forward to providing the same tools for success to the new group of participants" with lessons that will last a lifetime.

The nutritional component of the program focuses on reducing dietary fat to reduce risk of cancer and heart disease, as well as cutting calories.

Those enrolled will find out such things as: how much fat is in their favorite foods, how to use low fat cooking methods, and ways to make healthy snacks.

The exercise portion of the

program will be introduced gradually to participants. Individuals may choose walking, stationary cycling, stair stepping, or group aerobics classes. Every exercise session will be supervised and monitored by trained exercise leaders.

The behavior change portion of the program will provide individuals with the tools they need to identify and make lasting changes in eating and activity patterns.

After completing the first 12-week (24-visit) program, participants are asked to return for a 12-week (8-visit) maintenance program. Fitness and nutritional evaluations are conducted periodically throughout the program. Results of all evaluations are provided to participants and their physicians. This information is also used for research purposes to enhance the overall program.

If you are moderately overweight, and interested in being a part of this exciting health promotion program, call 874-4914. Applications are now being accepted.

Dream of Completing a Marathon

The Rhode Island Chapter of the Leukemia Society of America is recruiting both novice and experienced marathon runners and walkers as well as cyclists for "Team In Training," the largest marathon running, walking and cycling program in the country. Participants will be gearing up to walk or run the Ocean State Marathon in Rhode Island, the Dublin Marathon in Ireland, the Marine Corps Marathon in Washington, D.C., and the Chicago Marathon all in the fall of 1997. They will also be taking a group of cyclists to the Tri-State Seacoast Century Ride in New Hampshire.

Organized by the Leukemia Society, "Team in Training" is a unique program with Win/Win philosophy for walkers, runners, cyclists, and leukemia patients. The participants are trained by experienced coaches and receive the support needed

to successfully complete a marathon or century ride; including personalized training; free fitness seminars, walking, running and cycling partners; and regularly scheduled group walks, runs and rides to keep everyone motivated. As each participant trains, they raise money for the Leukemia Society in honor of an individual leukemia patient.

A fund-raising commitment for each participant is established based on the location of the marathon or century ride. The Leukemia Society utilizes travel discounts to keep all costs low.

Last year, the Rhode Island Chapter's 70 "Team In Training" members raised more than \$200,000. The national goal for 1997 is 10,000 team members raising \$22 million.

For more information on the Rhode Island Chapter's "Team in Training" program, call 943-8888 or (800) 528-4730.

Walking Wisdom

Surprisingly, an exercise known for improving physical health may also contribute much to women's emotional health.

A study to gain insights into the benefits of walking asked women, 25 to 54 years, what they gained from walking. Many women who walked said they got "in shape" in more ways than one.

"We learned women yearn to walk in order to escape the seemingly insurmountable stresses of daily life: family to care for, a household to run, a career to squeeze in, and personal relationships to sort through," said Pat Williams, director of marketing at NaturalSPORT, the company which funded the study and supports the sport of walking.

A previous study, conducted by the Cooper Institute for Aerobics Research, found that a regular program of walking had important fitness benefits.

Although walking faster delivers better results in terms of cardiorespiratory fitness and weight loss, walking at any speed is good for you.

Even strolling can increase HDL blood cholesterol (the so-called "good" cholesterol) by up to 6 percent. For every one per-

cent improvement in HDL, the risk of coronary disease drops by as much as 3 percent.

Women who walk at a brisk, steady pace of can increase their cardiorespiratory fitness by an average of 16 percent, a rate comparable to that achieved through other vigorous activities, such as



running, cycling and swimming, but with far less risk of orthopedic injury.

While getting all this great exercise women use walks to plan their day and with longer walks, their life. Some days the

women surveyed just day-dreamed, thought about nothing and enjoyed nature as a means of relieving stress.

Survey respondents found that having this time to think and/or daydream made them more productive during the day.

"Walking is about the only exercise routine that fits her active life. Unlike other sports, it doesn't require special equipment or waste time driving to the gym. The allure is how natural walking is, the simplicity of it. All it takes is a great pair of walking shoes," said Williams.

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FEATURE

Jews in Yugoslavia Fear New Wave of Nationalism

by Ruth E. Gruber

ROME (JTA) — Jewish community leaders in Belgrade fear a wave of mounting intolerance fueled by Serbian nationalism and political, social and economic insecurity.

"Lately in our society, with increasing frequency and severity, declarations are being made which instigate national, religious and racial hatred and xenophobia," the Federation of Jewish Communities in Yugoslavia said in a recent statement.

"This resulted in several acts directed against persons and property not belonging to the majority nation or religion," it said, expressing "regret and concern" at the situation.

The acts include the desecration of tombstones in a Jewish cemetery in Zemun, a town outside the Serbian capital of Belgrade, as well as the persecution of Croatian Catholics in the same town.

They come at a time of mounting frustration at the slow pace of reconstruction nearly two years after the signing of the Dayton peace accords.

The Jewish community's statement indicates a rare outspokenness on the part of the Yugoslav Jewish community, which has generally maintained a low profile since the break-up of the country and the bloody ethnic wars in neighboring Croatia and Bosnia.

Yugoslavia today is made up

of the republics of Serbia and Montenegro.

About 3,000 Jews live in Yugoslavia, most of them in Belgrade.

The Jewish community's statement — which was widely publicized in the media and received support from political and religious figures — did not mention anti-Semitism specifically.

But it was issued five days after the desecration last month of the Jewish cemetery in Zemun, a town that is ruled by the Serbian ultranationalist Radical Party, and said it ex-

The attack on the cemetery was just the latest in a series of suspicious incidents involving Jewish property.

pected the perpetrators to be found and punished.

Nine tombstones were toppled or damaged in the attack against the cemetery July 24, which took place in broad daylight. The tombs of the ancestors of Theodor Herzl are buried there, but none of the historical tombs were damaged.

The attack on the cemetery was just the latest in a series of suspicious incidents involving Jewish property.

In February, a window in the Belgrade synagogue was broken, but community leaders said they did not believe it to be a deliberate anti-Semitic act and did not report it to the police.

In the spring, however, a crude fire bomb was thrown into the synagogue's fenced-in yard at about midnight. The fire caused only limited damage.

Police said they could not find the perpetrators but promised to increase surveillance of the synagogue and community center buildings.

Community members say the climate in Zemun began to deteriorate after the Radical Party's Vojislav Seselj, one of the most notorious Serbian nationalists, was elected mayor late last year.

In order to obtain funds, the Zemun municipality rented out property — including the former synagogue building, which the Jewish community had sold to the city for a nominal sum several years ago.

Seselj's administration rented it out for use as a "kafana," or downscale coffee house and restaurant, which some Jews saw as a deliberate affront.

Brane Popovic, president of the Belgrade Jewish community, said the current conditions have fanned the flames of anti-Semitism.

"It is easy to spread that feeling because of the poverty and insecurity," he said.

Italy Hands Over Meager Effects Taken From Jews During the War

by Ruth E. Gruber

ROME (JTA) — Italy has handed over to the Italian Jewish community valuables plundered by the Nazis during World War II.

"The bags don't contain treasures, but behind them there are destroyed families, deportations and human suffering," Treasury Minister Carlo Azeglio Ciampi said during the ceremony marking the return of the items.

He called the bags "a treasure of memory and a warning

to never forget."

The return of the property was triggered by a law passed by Parliament last month.

Italy's action represents an unusually quick response to the issue of Nazi-looted property, which has flared up across Europe in the past year.

The five sacks of valuables, which were discovered in a treasury vault earlier this year, contain jewelry, precious stones, watches, coins, silver cutlery and other objects, personal items, gold and even gold teeth that were looted from Jews at the Nazi death camp of San Saba near Trieste.

"These are poor little personal effects, torn from people on their way to a horrible fate," Tullia Zevi, president of the Union of Italian Jewish Communities, said after formally accepting the sacks from Ciampi.

The Union will hand the property over to the Jewish community of Trieste, on the Adriatic coast of northern Italy.

The Nazis occupied Trieste in September 1943, and many local Jews were murdered in San Saba, the only Nazi death camp on Italian soil.

Claims for Holocaust compensation by the Trieste Jewish community, backed by a campaign last January in the local Trieste newspaper, prompted a government official in the city to open an investigation into what had happened to the possessions of Trieste-area Jews

who had been sent to San Saba.

A treasury ministry commission established that the goods had belonged to Jews killed or interned in San Saba.

The investigation revealed that the plundered treasure was taken by the retreating Germans to Austria at the end of the war. After the war, it was brought back to Trieste by the Allies, but only a small fraction was claimed by surviving Jews.

The rest was deposited in a Trieste bank vault and was sent to the treasury in Rome for safekeeping in 1962.

Davka Creates New Judaic Software

by Sid Singer
JUF News

CHICAGO (JTA) — Question: When it comes to Judaic computer software, where is Silicon Valley?

Answer: The West Rogers Park neighborhood of Chicago, thanks to the Davka Corporation. Inside its plain brown building Davka quietly pounds out programs for all ages, teaching aids, graphics and clip art, games, and more, all on Jewish topics.

The company's programs are "representative of the secular market, but on the scale of the Jewish market," said Susan Schwartz, Davka's vice president of operations.

Davka grew out of the Institute for Computers and Jewish Life, according to Davka's president and founder, Irving Rosenbaum, who also headed the institute.

Founded in 1980, the Institute's goal was to bring computer technology to Jewish education. Rosenbaum founded Davka in 1982 to distribute the institute's programs; Davka has since become an independent company, developing and marketing its own programs.

Those programs have netted more than \$1 million in annual sales and a customer base, estimated at more than 30,000, that stretches across the United States and to countries around the world.

Davka products make up 90 percent of the software programs on the shelves of the Hamakor Gallery in Skokie, Ill., according to Adrienne Bauman, Hamakor's assistant manager.

Sales, however, are not the company's only motivation, said Rosenbaum, who provides content input and oversees international merchandising.

The entire staff at Davka shares the goal of bringing the benefits of computer technology to Jewish life, and to Jewish education, in particular, he said.

The majority of customers are

private individuals, but Davka also markets to schools and synagogues. "Davka was already on the cutting edge before the PC market got big. It found needs and filled them."

To do that, Davka recognized the makeup of its customer base and what consumers would find attractive.

"When a family buys a computer, they look for things to do with it," said Schwartz. So Davka developed, for example, "Ready for Rashi," which teaches beginners of all ages how to read Rashi script, complete with instructional drills.

It put the entire Talmud on CD-ROM, giving it search capabilities which immediately access a source.

It designed a graphics program with 500 pieces of Judaica clip art, which someone designing a synagogue bulletin or a youth group flier might find useful.

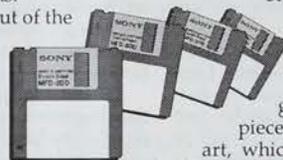
Most of the programs are designed by committee, with ideas based on general market trends, previously popular products and customers' requests.

The ideas are then divided based on which can be completed for each of Davka's three seasons — Passover, summer and Chanukah. Once the idea is finalized, the programming begins, followed by testing and then marketing.

The average program takes anywhere from three to six months to move from idea to finished product, according to Schwartz.

The corporation also maintains an office in Israel that helps facilitate distribution of the small minority of programs that Davka does not design on its own, many of which come from Israel.

"It's difficult to tell, but I think we'll retain our primacy in the market. We're still advanced and cutting-edge," said Schwartz, pointing, as an example, to Davka's being the first to develop CD-ROMs with classical Jewish textual references.



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Summer Camp Helps Russian Teens Connect With Judaism

Seventeen new immigrants from the former Soviet Union got a crash course in Judaism at summer camp recently during the first New Americans/Russian Integration program organized by the B'nai B'rith Youth Organization. The New Americans from Boston, Detroit and Springfield, Mass., interacted with Jewish teens and varied Jewish backgrounds from very secular to day school attendees. Now that the session is completed, many of the teens are interested in further expanding their Judaic knowledge and BBYO hopes to expand the program to reach even more teens next summer.

"Sometimes it seems as if nobody in the Jewish commu-

nity cares what happens to New American kids," said Steve Alexander, creator of the BBYO new program and BBYO's director of non-formal Jewish education. "Helping Russians is past its peak; it's low priority."

Held at the B'nai B'rith Perlman Camp in Starlight, Pa., the program took place simultaneously during BBYO's Kallah program, an intensive Jewish camp for 125 high school students. At camp, these youngsters — ranging in age from 12 to 16 — attended programs on Jewish rituals, holidays, Bible stories, immigration issues, anti-Semitism, the Holocaust and Israel. There were scavenger hunts to find ritual objects, role plays and group discussions to

learn about anti-Semitism and prejudice.

These activities made the New Americans more comfortable with participating in the larger Kallah activities like reciting prayers before and after meals, dancing to Israeli songs, and getting involved with the campwide dramatization of Jewish lifecycle events like the *Brit Milah* and wedding ceremonies. Julia Rubenchic, 14, of Newton, Mass., said that she and several others want to return for Kallah when they are old enough. Yuri Pishchak, 14, of Needham, Mass., said, "It was nice to see kids say prayers. Now I've met many people who've had a bar mitzvah and I want to have one."

MILESTONES

Keep Your Milestones Memorable

Do you have a collection of old family photos? Are some of them showing their age?

Fortunately, you can bring old photos back to life. If you have old pictures that are torn, cracked, stained or discolored, you can have them restored. And today's digital imaging technology makes many restorations faster and less expensive than ever before.

Many things can damage photographs. Improper storage is one. Attics are often too hot for photos. The heat can make them crack or curl.

Basements are often too damp. Humidity can hurt photos. Photos stored in basements can also get moldy.

Some older photographs become discolored because they weren't processed properly. When photography was new, people didn't always know how to process prints correctly. Prints that weren't processed correctly may show stains or discoloration.

And finally, photographs are sometimes torn or water damaged. Or the materials the photos are mounted in might be damaged. This is often seen in old daguerreotypes, tintypes and ambrotypes. These "cased photographs" were often sealed behind glass. If the seal is broken,

the print is exposed to moisture and air and might be damaged.

Never try to repair cased photographs without professional help. The images on these photographs can be very delicate. Even touching them lightly might wipe them away. Ask your photo retailer for help finding a photographic conservator to repair cased photographs.

How Much Damage?

Sometimes, damaged photographs can be restored easily, often by your local photo retailer.

A photograph requires simple restoration if:

- Only unimportant parts of the photograph are damaged (for example, the background, not someone's face).

- Nothing on the photograph will need to be "redrawn" to restore it.

- All parts of the photograph can still be seen with the naked eye.

A photograph requires major restoration if:

- Important parts of the photograph are damaged.

- Parts of the photograph will have to be redrawn. For example, a very dark stain has covered part of someone's face.

- Parts of the photograph are too faint to be seen with the naked eye.

Most image restoration today is done digitally. The image is scanned, and a digital copy is made. The restorer then works with the digital copy to repair any damage.

Today, many photo retailers have digital imaging workstations right in their stores. Retailers use this equipment to repair cracks and tears. They can remove stains and can restore contrast and density. They can bring colors back to make prints look brand new.

This technology offers many advantages. Simple restoration work is faster and less expensive than ever before. Plus, you don't need to send your precious original prints away. After the retailer has scanned them in, you can take them home. All the restoration work is done on the digital copy, stored in the workstation.

Family photos help bring our ancestors alive. Now today's digital imaging technology gives new life to old photographs.



Berman Earns Eagle Scout Rank

Marc A. Berman of Warwick recently attained the rank of Eagle Scout. He is a member of Boy Scout Troop 49 of Warwick. His Eagle Service Project was to lead a team in cleaning and painting at Temple Sinai in Cranston.

Berman is a recent graduate of Pilgrim High School and will be attending Rhode Island College this fall. He is the son of Ronald and Jane Berman of Warwick and the grandson of Martin and Blanche Berman of Warwick and Matthew and Mary Gershkoff of Cranston.

Local ADA Board Re-elects Gladstone

Jeffrey H. Gladstone, a partner with the law firm of Partridge, Snow & Hahn in Providence and Boston, was recently re-elected to the position of chairman of the board for the Rhode Island Affiliate of the America Diabetes Association.

A resident of East Greenwich, Gladstone has been very active on the board of the Rhode Island ADA as chairman of the board, chairman of the executive committee, as a national delegate, and on the corporate fund-raising committee.

Zachary Howard Grossack



Richard (Rocky) Grossack and Jori Ceder Grossack, of Newton, Mass., announce the birth of their third son, Zachary Howard, on May 20. Zach was welcomed home by brothers Samuel and Adam.

The proud grandparents are Faye and Harold Ceder of Chestnut Hill and Martin and Judith Grossack of Hull. Zachary was named in memory of his late great-grandmother, Sophie Trachtenberg, of Hyde Park.

Zachary is the great-grandson of the late Samuel and Pearl Berkowitz of Providence.

Spraragen Enters Law Practice

Joseph Spraragen, a member of the Harry Elkin Midrasha Class of 1988, has been admitted to the practice of law in the state of New York.

After Midrasha, Spraragen attended Brandeis University, from which he received a B.A., magna cum laude, in politics and Near East and Judaic studies. Prior to law school at New York University, he spent a year studying in Israel.

Spraragen currently practices international trade law with the United States Customs Service in New York. He is the son of Dr. Sanford and Barbara Spraragen, of Cindy Ann Drive, East Greenwich.

Phyllis Joseph to Wed Steven Magner

Marjorie and Bob Joseph of Jamesburg, N.J., announce the engagement of their daughter, Phyllis Joseph of Manhattan, to Steven Magner of Manhattan, son of Frances and Jerome Magner of Providence.

The bride-to-be is currently employed as vice president-associate media director for McCann Erickson in Manhattan. Her fiancé is currently independently employed with Nynex Science and Technology in White Plains, N.Y. The couple plans to marry in September at Temple Emanuel of Great Neck, N.Y.



Scholarships Honor Local Students

As part of the continuing community service project, the R.I. section of the National Council of Jewish Women has selected eight recipients of scholarships for higher education. The generous support of friends and families makes it possible for NCJW to increase the number of students honored. From left: Jennifer Rakitt, the Stephanie Zaidman Scholar; Sarah Jagolinzer and Irina Khaykin, the Barbara Long Scholar; Jonathon Hodgson, the Maurice Shore Scholar; Dory Elman, NCJW Scholar; and Kakia Johnson, the Anna and Harry Lipsey Scholar. (Not present: Cheryl D'Itri, NCJW Scholar and Lina Zaslavsky, the Sylvia Rossman Galkin Scholar.)

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ARTS & ENTERTAINMENT

Light Opera Company Performs 'Princess Ida'

Cast Includes Performers With Ties to Jewish Music

The Ocean State Light Opera presents "Princess Ida," by Gilbert and Sullivan at the Wheeler School in Providence from Aug. 21 to Sept. 7. "Princess Ida" is a lesser-known work by the famed British musical duo who wrote "The Pirates of Penzance" and "The Mikado." The satire pokes fun at the "ivory tower" and provides clever social commentary in a witty battle of the sexes.

In the cast are two performers with a background in Jewish music. Joanne Mouradjian, double cast in the lead role of Princess Ida, is a lyric soprano

been performing at Temple Beth-El since 1984.

"I find Jewish music to be beautiful and especially enjoy the minor modes," said Mouradjian, who teaches singing lessons and is on the voice faculty at both Wheaton College and Rhode Island College. Mouradjian will open the show on Aug. 21, and will also perform Aug. 23, 29, 31, and Sept. 6.

Patricia Peterson, who plays the role of Lady Blanche and is also a devotee of Jewish music, has sung at synagogues throughout the Chicago area. She sang solos in the concert choir of Jewish composer Max Jañowski who helped her find singing positions in various synagogues.



Patricia Peterson

because it has a great big range and gives you a lot of opportunity for expression," said Peterson who now lives in Duxbury, Mass. She will be performing at a new Duxbury synagogue during the High Holidays.

Peterson says she loves the florid singing, and, like Mouradjian, says that she is partial to the minor modes. "It's a richer mode and is more common in Jewish music." Both of the singers learn the music through transliterations since they do not know Hebrew.

In its eighth season, Ocean State Light Opera is Rhode Island's only professional opera company. Under the artistic direction of Marilyn K. Levine since 1993, OSLO provides imaginative interpretations of classic works of light opera.

"Princess Ida" runs every weekend from Aug. 21 to Sept. 7, with a matinee on Aug. 24. Call 331-6060 for times and reservations. Tickets are \$16 for regular seating, \$13 for students and seniors.



STEPHEN DeCESARE as Prince Hilarion tries to convince Norma Caiazza as Princess Ida to "give Man a chance" in Ocean State Light Opera's "Princess Ida." Photo by Amy Thompson

with ties to Temple Beth-El in Providence where she sings every Friday night in a quartet. Mouradjian sings in Hebrew, Yiddish and English and has

According to Peterson, Jewish music draws in many non-Jewish musicians because of its great beauty and style. "It's quite operatic, you can really emote

'Art of the Ocean State' Opens in Wickford

Wickford Art Association's second annual Art of the Ocean State open juried show begins Aug. 15 and runs through Aug. 28. The show includes work in all mediums, and all work fea-

tures a Rhode Island scene or theme.

The judge, Diana Johnson, one of Rhode Island's leading advocates of the arts, will award cash prizes to the winners.

The opening reception for the show is Aug. 15 from 7 to 9 p.m. The public is invited to attend and meet the artists.

Fall Art Classes

Classes in pastels, watercolors, and drawing are among the highlights of the many classes being offered at Wickford Art Association Gallery this fall. A new children's fine art program is also scheduled for Saturday mornings.

Pre-registration is required. Call 294-6840 to register.

The Wickford Art Association Gallery is located at 36 Beach St., Wickford. Gallery hours are 11 a.m. to 3 p.m. Tuesday through Saturday and noon to 3 p.m. Sunday (closed on Mondays). The gallery is wheelchair accessible and air-conditioned. Shows are free and open to the public.

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Third Annual Jubilé Franco-Américain

Governor's Tourism Award Winner Presents More than 75 Different Events Throughout the City of Woonsocket

The third annual Jubilé Franco-Américain, presented by Citizens Bank and winner of the Governor's Tourism Award, will take place throughout Woonsocket, Aug. 20 to 25. The five-day community-based performing arts and cultural spectacular is focused on the rich French-Canadian heritage of the Blackstone Valley.

The theme this year is "Notre Heritage — Notre Futur" (our heritage — our future). Music, dance, theater, film, lectures/forums, visual arts, culinary arts and innovative children's programs are offered in a variety of settings to present audiences with new opportunities of discovery. More than 75 events are planned, including the prototype of an international film festival, "Le Cinéma Français" featuring premiere films from the

Province of Québec, "Le Spectacle" (gala concert), "Le Marché Français" (French marketplace) with strolling musicians, "Jazz sur la rive," (French-Canadian jazz on the Blackstone), calèches (horse and buggy rides), juried outdoor art festival and contest, "Fête Champêtre au Vignoble" (French garden party at the vineyard), guided trolley tours, a llama walkabout, "Cirque pour enfants" (children's circus) and quadrille workshops, "Mets du Québec" (taste of Québec), "Musique de l'après-midi" (music in the afternoon), "Matinée de Musique Classique" (matinee of classical music), a "Jamboree" and a "French Fiddler Jam."

Noted French-Canadian fine and performing artists from throughout New England will be in attendance.

For more information about the Jubilé, or advance ticket sales, contact the Blackstone Valley Tourism Council at 724-2200 or the Union Saint Jean-Baptiste at (800) 225-USJB.

RISD Museum Explores Egyptian Culture

The RISD Museum announces the opening and venues of its upcoming international loan exhibition entitled "Gifts of the Nile: Ancient Egyptian Faience." This show marks the first in-depth interpretive study of faience nationwide.

Faience is a non-clay ceramic material made of powdered quartz, glazed in a variety of hues, and called by the ancients "tjehenet," meaning "what is brilliant" or "glistening" like the sun, moon, and stars. The RISD Museum will investigate Egyptian culture through the examination and interpretation of these objects.

of the ancient Egyptians."

Friedman said, "this exhibition will yield important results with regard to illuminating aspects of an ancient civilization through the interpretation of numerous faience objects." She added, "previous interpretations of ancient Egyptian culture have focused more often on large monuments, with only recent attention to what smaller objects can tell us."

By examining and interpreting a class of objects in the so-called minor arts, the museum hopes to provide a more detailed understanding of these objects that were made of one of Egypt's most popular media.

Among one of the highlights of RISD's exhibition is a brilliant blue faience pectoral that features the Egyptian goddess Isis with delicately articulated wings that once spread protectively across the chest of a mummy. With its elegant proportions and crisp detail, it is arguably the finest of its type. Dating to the Late Period, the winged Isis pectoral measures 8 1/2 inches across and was purchased through the museum's Helen M. Danforth Fund.

A color-illustrated, multi-author catalogue will accompany "Gifts of the Nile: Ancient Egyptian Faience." In addition to organizing the exhibition, The RISD Museum will host a variety of activities, including gallery talks; a four-part lecture series; workshops; a full-day symposium; and a family day featuring programs that focus on the connection between ancient faience and work in contemporary life.

Gifts of the Nile was made possible by major support from the National Endowment for the Humanities with additional funding from the National Endowment for the Arts and the Joukowski Family Foundation.

"This exhibition will yield important results with regard to illuminating aspects of an ancient civilization."

Dr. Florence Friedman

Gifts of the Nile features more than 150 faience small-scale masterpieces drawn from North American and European public and private collections. The exhibition will cover works that span 3,000 years from pre- and early dynastic times through the pharaonic period and into the Roman era.

Organized by Dr. Florence Friedman, RISD Museum's curator of antiquities, Gifts of the Nile will be on view at RISD from Aug. 24, 1998 through Jan. 3, 1999.

Doreen Bolger, RISD Museum director, said "Florence Friedman has brought a tremendous sense of curiosity and adventure to this project. She has recreated the wonder and excitement that has long drawn public interest in the life and art

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ARTS & ENTERTAINMENT



Jackie Mason Lives it Up at the Palladium

by Sara Wise
Herald Editor

Arguably one of the best-known Jewish comedians today, Jackie Mason has not slowed down one bit. His latest release, "Jackie Mason: Live at the Palladium in London" was recorded before a standing-room-only audience in the world famous Palladium The-

at reflecting on Jewish skepticism, lightly jesting about gentiles, or teasing about overbearing Jewish wives, Mason is always in top form.

In his latest release, he takes aim at American Jews for their assimilationist tendencies and jabs Reform temples for serving watered-down Judaism. ("I know one temple so Reform that

stantly of my Great-aunt Shirley on her cellular phone. ("The whole thing is a hearing test, I'm in the car! I'm in the car! Can you hear me? Can you hear me?") If the phone in your house worked that way you'd throw it out in a second!")

The shtik incorporates a lot of Yiddish, which seems to make the audience roar, and though I didn't catch all of the references, I did hear him use "putz" and "shmuck" at least ten times each. The sight gags of course don't work when you listen to the album, but since his humor is very verbal, you really only miss a few jokes by not being there.

I found the show to be not as self-deprecating as some Jewish comedians, in fact despite the mockery, a strong element of pride in being Jewish shines through beneath the laughter. Mason has some surprisingly serious moments, such as when he explains how Jews have traditionally been excluded from mainstream institutions.

Born in Sheboygan, Wis. in 1934, Mason was really raised on the lower east side of Manhattan surrounded by rabbis. His three brothers are rabbis, his father was a rabbi, as was his grandfather, his great-grandfather and his great-great grandfather! Mason himself was a cantor until the age of 25 when he was ordained as a rabbi, but he quit three years later to become a comedian because, as he says, "Someone in this family had to make a living."

Mason is highly regarded worldwide and has been honored in Israel and England. His most recent Broadway show, "Jackie Mason: Politically Incorrect," played in Los Angeles, Chicago, Florida, Germany, and all of Great Britain, including England, Ireland, and Scotland.



Jackie Mason

Photo courtesy of Angel Records

ater in 1996 and is available on Angel Records on both cassette and CD.

In the live performance, Mason takes simple topics like vacations, doctors, the silliness of status symbols, and the emptiness of weather forecasts and infuses them with a distinctly Jewish flavor. Whether he's re-

the rabbi is a gentile and they're closed on Jewish Holidays!")

Overall, the jokes are rather tame and Mason relies heavily on sarcasm and mockery. His accent and tone of voice sound like a kvetching uncle we're probably all familiar with, and his hilarious bit about Jews on cars phones reminded me in-

Winslow Homer Exhibit Opens in Newport

The Newport Art Museum announces a major gift to its collection of work by Winslow Homer. The gift is showcased in its current exhibition "Winslow Homer: Picturing the American Dream." The exhibition continues through Nov. 2. Works in the exhibition are the gift of David S. Hendrick III, of South Dartmouth, Mass.

In 1996 and 1997 Hendrick presented the museum with his collection of Winslow Homer wood engravings, a collection that includes almost every wood engraving designed by this popular artist.

From 1858 until 1874, Homer, today one of America's most widely admired artists, used his keen eye and masterly drawing style to chronicle the ways Americans just before and after the Civil War used their leisure time. As an artist for illustrated and widely read journals like *Harper's Weekly*, Homer drew city and country scenes of games, courtship, picnics, dances, holiday celebrations, and beach resorts (including Newport). These pencil drawings were then transformed by craftsmen and women into wood engravings, the vehicle by which they were printed at the same time as the type in the journals. Thus, in the days before photography, each of Homer's wood engravings could have been seen by millions of people all over America.

"Today these images are considered to be among Homer's most important accomplishments, not only because of the information they contain about how Americans lived and played, but also because they are supreme examples of the evolution of the artist's style — from one that was merely descriptive to one with a mature capacity to create majestic compositions and subtle tonal val-

ues from just black lines. Anyone who admires Homer's watercolors and oils will be astonished by the artistic accomplishment of these wood engravings," said museum director Judith Sobol.

Also on view this summer is a selection of paintings and drawings done between 1850 and 1890 from the museum's permanent collection of American art, giving visitors a chance to see how Homer's work fits with other artistic achievements of the time. The Cushing Gallery exhibition includes work by William Trost Richards, John LaFarge, Benjamin Porter, George Inness, and others.

As part of these special exhibitions a series of lectures and demonstrations will be held at the museum. On Aug. 19, Earl A. Powell, director of the National Gallery of Art, will speak on "Winslow Homer: The Early Years." On Sept. 23, Thomas Leavitt, former director of the Cornell University Art Museum and interim director of both the Rhode Island School of Design Museum and the Newport Art Museum, will speak on Richards. Leonard Panaggio, Newport historian, will speak on "Resort Life in Newport" on Oct. 9. The lecture series will conclude with a lecture by Professor John Wilmerding of Princeton University who will speak about "Homer and Modern Culture."

Exhibition admission is free to members, for non-members admission prices are: adults \$4, seniors \$3, students \$2 and children 5 and under are free. On Saturdays from 10 a.m. to noon admission is by donation. Summer docent tours are on Saturdays, Sundays, and Mondays at 2:30 p.m. and are free with museum admission. Call the museum at 848-8200 for further information.

Smith Hill Community Jam Promises Summer Fun and Celebration

Be part of the Smith Hill Community Jam — a day of celebration and sharing! On Aug. 23 (rain date Aug. 24) visit one of Providence's most diverse neighborhoods and sample music, dance, food, crafts, games and explore the many things that make up our community.

From noon to 6 p.m., Smith Street will be closed to traffic and open for summer fun at the annual Smith Hill Community Jam.

Festivalgoers can enter the basketball tournament, take a salsa lesson from street performers, learn about the environment and waterways of Providence, and visit the farmers' market for fresh local produce.

Visitors will also have a chance to get a health check at the wellness center, investigate the flea market for treasures new and old, climb aboard a fire truck or police cruiser, and meet local artisans and share in their craft. Children of all ages can explore the wild and wacky kid's area with all kinds of neat stuff to do!

Join the Smith Hill commu-

nity as they celebrate all the things that make up the neighborhood. Share in the fun and community spirit when Smith Street is closed down for the annual summer jam!

Smith Hill Center, a dynamic community center that has served the Smith Hill neighborhood of Providence for more than 50 years, organizes the

Smith Hill Community Jam. Smith Hill Center seeks to improve the quality of life in Smith Hill and to create positive social change in the community. The center offers a number of quality programs and support services for children, families, adults, and senior citizens of Smith Hill and surrounding neighborhoods.

Feast and Fest

It's "back to the waterfront" Aug. 23 and 24 for the 17th annual East Greenwich Feast and Fest, sponsored by the Chamber of Commerce. Norton's Marina on Greenwich Cove turned out to be the perfect location when Feast and Fest shifted back to the waterfront last year. The hours will again be from 11 a.m. to 9 p.m. on Aug. 23 and from noon to 5:30 p.m. on Aug. 24.

This annual summer event is a weekend filled with food and fun. A group of the area's top restaurants and food stores offer samples of their menu from booths circling a dining area of umbrella-covered tables on the waterfront. Live entertainment adds to the picturesque setting on beautiful Greenwich Cove.

A variety of bands will be offering everything from country and western to jazz to rhythm and blues. The performer's stage is set up on the waterfront, which lets festivalgoers enjoy

the music with a waterfront backdrop including docked and moored boats and craft of all types and sizes coming and going in the cove. For those who would like to get out on the water, boat rides will be offered by Norton's marina and Nor'East Gypsy.

On the 23rd the day begins with the Stanley Bostitch/Lions Club Hill and Harbour Classic 5K Road Race on Main Street, followed at 10:30 a.m. by the Cox Communications and Fit TV Total Fitness Network Little Tykes Fun Run on Main Street.

At 11 a.m. the food court and arts and crafts area opens, with entertainment beginning at noon. There is also entertainment just for children, including strolling performers and face painting.

A free trolley ride to the site will again be part of the fun. Free parking is available at designated lots on Main Street and Post Road.

Whaling Museum Hosts Classic Jazz

On Aug. 21, the Semanya McCord Quintet will perform in the Museum Theater of the New Bedford Whaling Museum at 8 p.m.

It will be an evening of jazz appropriate for the whole family, featuring an American Songbook of Irving Berlin, John Coltrane, Duke Ellington, George Gershwin, Billie Holiday and Theolonius Monk, with highlights from McCord's recent CD release, "Good For Me!"

McCord is a vocalist who has warmed audiences with classic jazz sensibilities. Her performances are punctuated by snappy snippets of blues and R&B and a hefty dose of innovation. McCord has been performing throughout New England since 1975, developing programs and residencies featuring spirituals, blues, traditional, and contemporary jazz for audiences of all ages.

OBITUARIES

IDA FORMAN

SO. DARTMOUTH, Mass. — Ida Forman, 89, of Brandon Woods Nursing Home, So. Dartmouth, died Aug. 9 at the home. She was the wife of the late Barnatt Forman.

Born in New Bedford, she was a daughter of the late Haskell and Minnie (Tiech) Horenstein.

She was the owner/operator of the former Best Cleaners in New Bedford for many years. She was a clerk at the former Star Department Store for four years before retiring 25 years ago.

She leaves a son-in-law, Robert Bernard of West Roxbury; a nephew, Robert Kaufman of Burlington; and a grandson.

A graveside service was held Aug. 11 at Plainville Cemetery. The family was assisted with the arrangements by the Max Sugarman Memorial Chapel, 458 Hope St., Providence.

ADELE GOLDFARB

LAKE WORTH, Fla. — Adele Goldfarb, 84, of Lake Worth, Fla., died July 25. She was the wife of Irving C. Goldfarb.

She was an active member and past president of Women's American ORT. She was also a life member of National Council of Jewish Women and also a past president of that organization. She was a member of Crestwood Country Club since its founding. She was a member of Temple Emanu-El until she moved to Florida.

Besides her husband, she is survived by a son, Jeffrey Stuart, and a daughter-in-law, Vi Leja, of Studio City, Calif.; a sister, Lillian Jasner of Willow Grove, Pa., and brother-in-law, Albert Goldfarb, of Dresher, Pa.

HERMAN W. LAZARUS

HOLLYWOOD, Fla. — Herman W. Lazarus, 84, of 4400 Hillcrest Drive, Hollywood, formerly of Providence, owner and founder of Woodrow's Furniture in Providence, and a developer of commercial real estate, died Aug. 9 at Memorial Regional Hospital in Hollywood. He was the husband of Anita (Golden) Lazarus.

Born in Providence, a son of the late Henry and Sophie Lazarus, he moved to Florida 20 years ago.

He attended the University of Vienna where he studied opera. He performed throughout Europe. He was a member of Redwood Lodge, F&AM, the Ledgemont Country Club and Temple Emanu-El. He was an avid golfer and coin collector.

Besides his wife, he leaves a son, Howard Lazarus of Cranston; a daughter, Pauline Lazarus of New Hampshire; three grandchildren and a great-grandchild.

The funeral was held Aug. 12 at the Max Sugarman Memorial Chapel, 458 Hope St., Providence. Burial was in Lincoln Park Cemetery, Post Road, Warwick.

SOPHIE LEWIS

COVENTRY — Sophie Lewis, 82, of Laurel Healthcare Center, died Aug. 3 at the center.

Born in Central Falls, a daughter of the late Joseph and Rose (Erankrantz) Lewis, she lived in Coventry for 20 years, previously living in Pawtucket. She was the sister of the late Benjamin and Louis B. Lewis.

She leaves several nieces and nephews.

A graveside service was held Aug. 5 at Lincoln Park Cemetery, Post Road, Warwick. The family was assisted with the arrangements by the Max Sugarman Memorial Chapel, 458 Hope St., Providence.

ROBERT MARKS

ATTLEBORO, Mass. — Robert Marks, 85, of 149 North Main St., Attleboro, formerly of Providence, proprietor of the former Robert Marks Co., a Providence machine shop, for more than 40 years before retiring in 1988, died Aug. 3 at Life Care Center. He was the husband of Rose (Franklin) Marks.

Born in Providence, a son of the late Joseph and Annie (Goldstein) Marks, he moved to Attleboro in 1960.

He was an Army veteran of World War II. He was a botanist known for having compiled a complete listing of wild flowers on Block Island. He was a member of Congregation Agudas Achim and of B'nai B'rith.

Beside his wife, he is survived by two nieces, Mary Marks and Barbara Gray. He was the brother of the late Lester and Herbert Marks. The funeral service was held Aug. 5 at Congre-

gation Agudas Achim, North Main Street. Burial was in the Hebrew Cemetery in Attleboro. The arrangements were by Mount Sinai Memorial Chapel, 825 Hope St., Providence.

Herbert Katzki Dies at 89

by Faygie Levy

NEW YORK (JTA) — Herbert Katzki, a man who devoted his life to helping Jews around the world, has died. He was 89.

A former associate executive vice president at the American Jewish Joint Distribution Committee, Katzki began working at the JDC in 1936 after a brief career in banking. He immediately decided the JDC was not for him and wanted to leave.

But the JDC convinced him to commit to the organization for one year. He stayed for the rest of his life.

Katzki was "a quiet, modest, highly rational man, who at 89 remembered everything," said Marshall Weinberg, a member of the JDC board and executive committee.

"He brought to work a wisdom that comes from experience," said Ralph Goldman, honorary vice president of the JDC.

When World War II began, Katzki volunteered to work in Europe. He was dispatched to the JDC's Paris office. Three days before the Nazis entered the city, Katzki shut down the office and fled to Lisbon.

In Lisbon, he helped Jewish

refugees get food and shelter — some he helped immigrate to Palestine. He also arranged to get food to Jews held in internment camps in Vichy, France.

Katzki served in the U.S. army in 1944. While in the army he served as a representative of the U.S. War Refugee Board and as a special attache to the U.S. embassies in Turkey and Switzerland.

After the war, Katzki served as the JDC director in Germany where he helped survivors.

While working overseas, Katzki met and married fellow JDC employee Kate Schiffmann in 1950.

Katzki retired from the JDC in December 1979 after 43 years of service. At his retirement, then-JDC Honorary President Edward M.M. Warburg said Katzki "is the epitome of a Jewish public servant who, with modesty and selflessness has served the Jewish people in war and peace."

But retirement did not stop Katzki from doing what he loved. He continued to report to work every day as a volunteer. He was at work as recently as the Monday before his death.

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Lewis J. Bosler

Senators Introduce Legislation to Accommodate Religious Needs

by Daniel Kurtzman

WASHINGTON (JTA) — Two senators have introduced legislation intended to prevent religious discrimination in the workplace by forcing employers to accommodate their employees' religious needs.

The bill, known as the Workplace Religious Freedom Act, has strong backing from just about every leading Jewish group.

Its proponents, including sponsors Sens. Dan Coats (R-Ind.) and John Kerry (D-Mass.), hope to convene hearings and make a concerted push for the measure after Congress returns from its August recess.

Supporters are taking pains to distinguish it from the Religious Freedom Restoration Act, 1993 legislation that was recently struck down by the Supreme Court as unconstitutional.

The Workplace Religious Freedom Act is more narrowly focused on religious freedom on the job.

"For many religiously observant Americans, the greatest peril to their ability to carry out their religious faiths on a day-to-day basis may come from employers," said Richard Foltin, chairman of a broad coalition of religious and civil liberties groups supporting the legislation.

Current law requires employers to "reasonably accommodate" the needs of religious em-

ployees unless it causes the employer "undue hardship." The law, however, does not define undue hardship.

The courts have interpreted undue hardship broadly, resulting in several rulings giving employers a high degree of latitude in deciding whether to accommodate the religious practices of their employees.

The proposed new standard, based on similar language in the federal law protecting the handicapped against job discrimination, would require employers to prove a "significant difficulty or expense" if they decided not to accommodate a worker's religious needs.

"Though we know that only a minority of employers refuse to make reasonable accommodations for employees to observe the Sabbath or other holy days, the fact of the matter is that no worker in America should be forced to choose between a job and violating deeply held religious beliefs," Coats said in a statement.

The new bill is a modified version of similar legislation Kerry introduced at the beginning of the current 105th Congress. Other workplace discrimination bills were introduced in the previous two Congresses, but no action was taken, mostly because of time constraints.

A companion bill, introduced in January by Rep. Jerrold Nadler (D-N.Y.) in the House, is still pending.

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Dead Sea Scrolls

(Continued from Page 6)

a class with Dead Sea Scrolls scholar Moshe Bernstein.

The encounter excited her interest enough to pursue studies in Jewish history during the Second Temple period, a fascinating time of conquests, war, kings and spreading messianism that nevertheless remains fuzzy to historians today because of the dearth of sources.

After graduating from YU in 1986, Berrin sought a graduate program. Bernstein recommended her to Schiffman at NYU. By this time Berrin was set to marry her longtime boyfriend and chose to stay in New York.

"She's an example of the next generation of Dead Sea Scroll students, who because of recent interest entered the field," Schiffman said.

Berrin is working to analyze the Nachum Peshier, a dreamy biblical commentary on the minor prophet Nachum that was found in Qumran.

"It's not easy," she admits. "It's such pressure. It can cause problems. The only way I did this at all is I had a full-time babysitter this year."

But Berrin is determined not only to complete her task but to spend the rest of her life enlightening the world about the enigmatic ancient texts.

"The real fun part is the analysis," she said, explaining it is the next step in scroll research after all the scrolls are published sometime in 2002. "In a way I have a jump on the others."

She says there is a great lesson in tolerance and diversity to be learned from the scrolls.

"Scholarship still hasn't cited who the Pharisees are, but one traditional model is that they were much more open, much more lenient," and perhaps the progenitors of rabbinic Judaism.

"If we're going to look at the scrolls at all to make a new myth, let's say, well let's look at the ones who survived," Berrin said.

"If Orthodox Judaism is a straight line from those Pharisees, the lesson to everybody all around is that the way to survive is to be more inclusive and receptive to other people."

Court Orders Ex-Nazi Officer To Serve time in Rome Hospital

by Ruth E. Gruber

ROME (JTA)—A Rome military court has ordered former Nazi SS Capt. Erich Priebke to serve the remainder of his sentence in a Rome military hospital.

Priebke vowed to fight the ruling, saying in an interview published recent in the newspaper *Il Giornale*, "The decision is abnormal, an abuse of power, an attempt to clean consciences."

Priebke's lawyers had tried to have him serve out the remaining term of his sentence at the private home of right-wing activist Paolo Giachini.

Priebke, 84, was sentenced in July to five years in jail for his role in the World War II massacre of 335 Italian men and boys at the Ardeatine Caves south of Rome. About 75 of the victims were Jews.

It was not exactly clear just

"Every which way that one can say that violence has to be renounced, she said it," said Abraham Foxman, national director of the Anti-Defamation League.

Speaking to reporters on the White House South Lawn immediately after Albright's speech, President Clinton expressed similar sentiments.

"I know that it's been discouraging for the Palestinian Authority. I know they get frustrated. I know that sometimes Mr. Arafat feels like he's caught in the middle, between his own population and their discontents and frustration, and his frustrations in dealing with the Israeli government. But none of that can be an excuse for not maintaining security," Clinton said.

When asked if the Palestinians have lived up to their records with Israel, Clinton said, "I could not say that there has been constant, 100 percent effort" to fight terrorism.

Like Albright, Clinton also echoed Arafat's criticism of Israel's recent settlement policies, including building at Har Homa in southeastern Jerusalem.

"We don't think anything should be done which undermines the trust of the parties and violates either the spirit of the letter of the Oslo Accord, and which predetermines the outcome of final settlement issues under Oslo," Clinton said.

"The government of Israel clearly has a responsibility to carry its end of the load, too. This has got to be a two-way street."

Now Israel and the United States are awaiting Arafat's next move.

"At the end of the day, the carrot to Arafat is that if you take terrorism seriously and you bring your concerns about settlements to the negotiating table, you're going to find the United States sympathetic on that issue," said Martin Raffel, chairman of the Israel task force of the Jewish Council for Public Affairs.

"That's not to say that the U.S. will pressure Israel," Raffel said, but Israel could find itself arguing against both the Palestinians and the United States.

how long Priebke has yet to serve. His sentence is being reduced because of time served during his trial and because of his pre-trial detention after he was extradited to Italy from Argentina in November 1995. The military court is expected to rule on this matter in October.

The court ruled that Priebke had to leave the Franciscan monastery where he has been under house arrest since last year and move to Rome's Celio military hospital by Aug. 17.

Under the ruling, Priebke will be able to have one visitor a day in addition to his lawyers, will be able to have access to specified areas of the hospital complex and will be allowed restricted use of the telephone.

"My neuropsychiatrist is completely opposed to my moving to a hospital," said Priebke.

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"My neuropsychiatrist is completely opposed to my moving to a hospital," said Priebke.

Albright

(Continued from Page 1)

Healing

(Continued from Page 4)

in the daily Amidah. Healing circles are forming at Jewish healing centers around the country where those in need of healing and those who wish to assist in the healing process are getting together periodically for evenings of prayer and support.

Research into the Kabbalah provides more understanding of the ancient Jewish healing system with actual techniques and blueprints for treating specific illnesses whether they be physical or mental. We are well aware of the Jewish concern for health from the collection of recipes for well-being that appear in the Talmud, and an entire chapter in *Kitzur Shulchan Aruch*, the Code of Jewish Law, that pertains to health with a specific injunction that complete health is necessary in order to properly worship G-d.

Jewish healing also enables us to connect with each other in more meaningful ways. It brings us back to our ancient spiritual tradition through the application of prayer, Torah and mitzvot, not as a religious duty, but as a tool for wholeness and healing. A commitment to Jewish healing will also soothe the differences among the Jewish denominations both here and in Israel and pave the way to a lasting and continuous Judaism.

Velvel "Wally" Spiegler is a certified polarity therapist, a student and teacher of Jewish Mysticism. He can be reached at (508) 252-4302 for questions and comments.

Ben & Jerry

(Continued from Page 1)

there are certainly Jewish undercurrents in the way we work in terms of values and social responsibility," said Greenfield.

Both men were raised in Jewish households in Long Island, N.Y. Greenfield attended Hebrew School because, he said, "My Mom was the teacher, so I guess I didn't have much choice."

We were taught early on about the persecution of the Jews and the need to respect all different kinds of people."

The ice-cream duo met in seventh grade and developed a close friendship that has lasted more than 30 years. In 1978, after taking a \$5 correspondence course on ice cream making from Penn State University, the two set up their first Ben & Jerry's ice cream parlor in a renovated gas station in Burlington, Vt. with a \$12,000 investment.

Since then, the business has expanded nationwide and has shops and distribution points in Israel, Canada, the United Kingdom, France, Belgium, the Netherlands and Luxembourg. In addition to ice cream, Ben & Jerry's Homemade now distributes low-fat ice cream, frozen yogurt and sorbet products.

DOES YOUR BUSINESS PROVIDE OUTSTANDING OR UNIQUE SERVICES TO THE COMMUNITY?

Why not let our readers know about it?

For a Closer Look Business Profile Call 724-0200

FOR SALE

LLAMAS & ALPACAS — From over 50 to choose; fun for pets, backpacking, spinning, livestock guards. Stud servicing available. West Mountain Farm (802) 694-1417 — Free brochures! 8/28/97

GUTTERS

INSTALLATION, REPAIRS AND CLEANING — 30 years experience. Call Mr. Gutter 354-6725, Providence, 884-0714. 2/28/98

HELP WANTED

HOMEMAKER/CHILDCARE for 3-month-old infant, part-time, infant experience required. Call Jill 831-9395. 8/21/97

PAINTING — Deck refinishing, carpentry, repairs, Copperfields. Est. 1984. Call David at (800) 390-2050. Member P.D.C.A. 10/9/97

JOB WANTED

READY? SET? Tutor-certified, master's degree, 20 years teaching experience, reliable, personable and creative. Available after school, weekends and vacations. 274-6277. 8/14/97

YOU'RE LEAVING?

Take time to let us know. Whenever and wherever you go, we want you to tell us about it. Us. Not the Post Office. They don't tell us everything, you know! Call us at 724-0200, and keep in touch.

Getting Engaged?

Beautiful estate diamond rings available
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274-9460

REAL ESTATE

GOV'T FORECLOSED HOMES FROM penalties on \$1. Delinquent Tax, Repo's, REO's. Your area. Toll-Free (1) 800-218-9000 ext. H-5308 for current listings. 8/14/97

RENTALS

HOUSE FOR RENT 15 min. from East Side at Johnston line. 5-room bungalow, yard, parking. No pets, \$525 mo. RE/MAX preferred. 353-8503. 8/14/97

RENTALS BY JAY OR JOSH. We need rentals, all areas, types and problems. We charge only 1/2 mo. rent when completed. We handle lead law papers and credit checks. 379 Broadway, 454-0915. 8/28/97

Send Classbox Correspondence To: ClassBox No. The R.I. Jewish Herald P.O. Box 6063 Providence, R.I. 02940

R.I. Jewish Herald classified ads cost \$3 for 15 words or less. Additional words cost 12 cents each. Payment must be received by Monday at 4 p.m. prior to the Thursday when the ad is scheduled to appear. This newspaper will not, knowingly accept any advertising for real estate which is in violation of the R.I. Fair Housing Act and Section 804 (C) of Title VIII of the 1968 Civil Rights Act. Our readers are hereby informed that all dwelling/housing accommodations advertised in this newspaper are available on an equal opportunity basis.

TELL THEM YOU SAW IT IN THE HERALD

\$560 That's all it costs to reach our readers. Call 724-0200

Copies of the Herald are available at...

In Cranston

Barney's, Oaklawn Avenue
Borders Book Shop, Garden City Center
Brooks, Reservoir Avenue
Rainbow Bakery, Reservoir Ave.

Providence and Vicinity

Barney's, East Avenue, Pawtucket
Books on the Square,
Wayland Square (on Angell)
The Little Place, Hope Street
East Side Prescription Center, Hope Street
Rhoda's Judaica, Burlington Avenue

RHODE ISLAND JEWISH HERALD

CLASSIFIEDS

15 words for \$3.00 • 12¢ each additional word

Category _____

Message _____

Thank You. RHODE ISLAND JEWISH HERALD P.O. BOX 6063, PROVIDENCE, R.I. 02940

To include a box number, send an additional \$5.00. All responses will be mailed to the Herald via box number, and forwarded to classified advertiser. Payment MUST be received by Monday afternoon, PRIOR to the Thursday on which the ad is to appear. 10% discount given for ads running continuously for one year.

Beat the Clock and Win \$1 Million

Using innovative ways to prepare meals more quickly could help you win \$1 million. Create an original recipe that's ready for the table fast, and enter it in the Pillsbury Quick & Easy BAKE-OFF® Contest. Here are some helpful tips:

Take the express-prep lane. Use quick and easy methods, such as cooking in a skillet on the stovetop.

Stop the chopping. Eliminate chopping and slicing time. For example, buy chicken tenders or strips instead of chicken breasts.

Jump start your scratch cooking. Instead of scratch cooking, incorporate convenience products, such as bottled sauces or marinades and ready-to-use pastry crusts.

Add a pinch. Create a unique flavor, using seasoning ingredients you have on hand.

Ready, set, done. Minimize preparation steps. Mix everything together in just one bowl. Use whole packages and cans when possible to reduce measuring time and to minimize leftover ingredients.

Here's a good example of a recipe meeting the requirement, which is no more than six ingredients, for the "Quick Snacks and Appetizers" category.

Cheesy Spiral Snacks

- 1 (4-oz.) can refrigerated crescent dinner rolls
- 1/4 cup chopped green onions
- 1/8 t. garlic powder
- 1 oz. (1/4 cup) shredded cheddar cheese

Heat oven to 375°F. Remove dough from can. Do not unroll dough. Cut roll of dough into 8 slices; place slices on ungreased cookie sheet. Top each slice with 1/8 of onions, garlic powder and cheddar cheese; press topping gently into dough.

Bake at 375°F. for 8 to 13 minutes or until light golden brown. Serve warm. 8 servings.

Entries for the contest must be postmarked by Oct. 20, 1997. For an entry blank, call (800) 477-1111 through Sept. 30, 1997; write Pillsbury Quick & Easy BAKE-OFF® Entry Blanks, P.O. Box 9300, St. Cloud, MN 56398-9300.

Volunteer Opportunities

Amos House: 415 Friendship St., Providence, 272-0220. Volunteers are needed for meals. Breakfast is served from 6:30 a.m. to 8:30 a.m. and lunch from 9 a.m. to 1 p.m. Volunteers' assistance works best when they can stay for both meals on a particular day. Also, men and women are needed to stay overnight in the shelter. Training is provided and a sleeping area is available. Food contributions are accepted until 4 p.m. Contact: Adrienne Marchetti.

Bureau of Jewish Education of R.I.: 130 Sessions St., 331-0956. Volunteers are needed to serve as committee members at meetings, which are usually at night, and to assist in clerical and library work. Also, volunteers with artistic talent are needed to create and teach different art projects to children. Contact: Rabbi Arnold Samlan.

International House of Rhode Island: 8 Stimson Ave., Providence, 421-7181. Monday to Friday, 9:30 a.m. to 5 p.m. Volunteers are needed to help teach English. Contact: Joyce MacMillin.

Jewish Community Center: 401 Elmgrove Ave., 861-8800. Volunteers are needed for "Meals on Wheels" in Cranston, Warwick, Pawtucket, and Providence. Contact: Sue Robbio.

Jewish Family Service: 229 Waterman St., 331-1244. Volunteers are needed for both the Jewish Family Service and a separate branch, Jewish Elder Care of R.I. Volunteers will help in clerical work, teaching English, emergency response systems for the elderly, and family or nursing home visits. Contacts: Bonnie Ryvicker, 331-1244, for Family Service; or call 621-5374 for Elder Care.

Literacy Volunteers of America: 95 Cedar St., 861-0815. Volunteers are needed to spend about two hours a week tutoring in basic literacy and conversational English. Contact: Sandra Blakmon, 351-0511.

Providence Animal Rescue League: 34 Elbow St., 421-1399. Volunteers travel to classroom programs, civic organizations, public fairs and more. Training is available.

Self Help Inc., Senior Citizens are sought to participate in the Retired Senior Citizens Volunteer Program. Contact: Bridget Kelly, 437-1000, Monday to Friday, 8:30 a.m. to 4:30 p.m.

Volunteer Services for Animals (VSA) needs volunteers to work at the Providence Shelter Mondays through Saturdays from 10 a.m. to 2 p.m. in two- or four-hour shifts. For information, call 941-6830.

You Really CAN Make a Difference — The Literacy Center announces the next training for volunteer tutors will be held at The Literacy Center, 80 North Main St., Attleboro, Mass., 9 a.m. to noon on the following dates: Aug. 18, 20, 25 and 27. For further information or to sign up, call (508) 226-3603.

Attention Herald Readers and Advertisers!

Reserve greetings space now for our 1997/ 5758

Rosh Hashanah ISSUE

Thursday, September 25, 1997

Wish your relatives and friends in the Jewish community a Happy New Year!

Fill out the form below, enclose check or money order, and mail to:
Rhode Island Jewish Herald, P.O. Box 6063, Providence, R.I. 02940

Greetings accepted until Friday, September 15, 1997

Rhode Island Jewish Herald Rosh Hashanah Greetings

Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone: _____

Indicate desired ad size (a column is 2" wide; price per column inch is \$6.00).
 Enclose check or money order, payable to R.I. Jewish Herald, for proper amount.

- | | | |
|--|--|--|
| <input type="checkbox"/> 1 col. x 2" (\$12.00) | <input type="checkbox"/> 2 col. x 1" (\$12.00) | <input type="checkbox"/> 2 col. x 3" (\$36.00) |
| <input type="checkbox"/> 1 col. x 3" (\$18.00) | <input type="checkbox"/> 2 col. x 2" (\$24.00) | <input type="checkbox"/> Other: _____ |

(Print or type message here, or attach copy to form)

Bicycle Safety Tips

- Always wear a properly fitted bike helmet.
 - Always ride on the right with the flow of traffic.
 - Obey traffic signs, signals and pavement markings.
 - Give cars and pedestrians the right-of-way, ride single file.
 - Stop and check for traffic before entering a street from a driveway or parking lot.
 - Use hand signals and walk across busy intersections.
 - Yield to traffic before turning left at intersections.
 - Wear bright colors, use reflectors on your bike and avoid riding after dark.
 - Be sure your bike is the correct size and in good repair.
- Properly fitted bicycle helmets are required for all opera-

tors or passengers eight years of age and younger riding on any public highway or other public right of way. State Statute Section 13-19-2.1

Every Bike Rider Should Wear a Helmet

Bike helmets save lives. They reduce the risk of head injury by 85% and brain injury by 88%.



Every dollar spent on bicycle helmets saves up to \$31 in medical and other costs.

The most common hospitalized bicycle injuries in Rhode Island were skull fractures and brain injury. For more information, call R.I. Department of Health, Bicycle Safety Program, at 277-3293.

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